

PRSRT STD U.S. POSTAGE PAID PERMIT NO 209



E.L. Pruitt Co. is the leading provider of HVAC, plumbing, and piping systems for commercial, industrial, and institutional clients in Illinois.

Mechanical Contractors

Serving This Area With Pride for 50+ Years



BOS Center (Springfield)



Harvest Market (Springfield)



Illinois National Bank (Springfield



Blessing Hospital (Quincy)



Portillo's (Springfield)



Johns Hill Magnet School (Decatur)













West Side Christian Church





UIS (Springfield)







Jacksonville Memorial Hospital

COMMERCIAL • INDUSTRIAL • INSTITUTIONAL

Phone: (217) 789-0966 Fax: (217) 789-2694 3090 Colt Road PO Box 3306 Springfield, IL 62708

121 South Webster Decatur, IL 62563

Phone: (217) 422-9590 Fax: (217) 422-9565

E.L. Pruitt Co. is a design firm specializing in Design-Build and negotiated projects, including sealed drawings.

www.elpruitt.com

IL Plumbing License #058-147422

CEFCU[®] Business Loans



2424 W. Iles Avenue, Springfield (near White Oaks Mall) 2449 N. Dirksen Parkway, Springfield (near Lowe's) 1000 E. Lincolnshire Boulevard, Springfield (near Walmart)

At CEFCU, your Business Loan is more than a loan — it's an investment. Enjoy benefits such as:

- Flexible financing options
- Great rates
- Personal service
- · And more!

Choose your local Credit Union for all your business financing needs. Call 217.546.2010, or 1.800.633.7077 ext. 37481, or visit cefcu.com/owner today.



cefcu.com









How health begins

Memorial Care is how you start your journey with Memorial Health.



Primary Care

For when you need experienced physicians and providers.



Urgent Care

For when there is no time to wait for an appointment.



Virtual Care

For when you need the convenience of appointments around your schedule.



Learn more at memorial.health

START FEELING BETTER TODAY WITH MEMORIAL CARE. IT'S HOW HEALTH BEGINS.

In this issue:

SBJ articles



Q&A with John KelkerBy David Blanchette



Forgoing the funds
By Dean Olsen



Advance care planning
By Brian McCurdy

12 HOME HEALTH CARE LIST • 26 RETIREMENT AND CARE COMMUNITIES LIST



Cover

15 Under Fifteen

Photos by Josh Catalano

Columns

30 Ask an attorneyBy Sarah Delano Pavlik

36 Professional development

By Kelly Gust

- 32 Medical news
- **46 Restaurant review**By Thomas C. Pavlik Jr.
- **34 Philanthropy**By Janet Seitz
- **48** New businesses

Big wins for small businesses

Many people spent the early days of the pandemic just getting by, juggling working from home with daycare and school closures and trying to figure out how to make it all work. But five of this year's 15 Under Fifteen small business award recipients either started or purchased their business since 2019 (All In One Laundry Center & Services, Capital Elite Athletics, First Electric Motor Shop, Intertwine Loc Designs and Street Art Customs). The annual awards program recognizes 15 businesses in Sangamon or Morgan County with 15 employees or less.

It's hard to start a business even under the best of circumstances, much less in the midst of a pandemic. According to the U.S. Bureau of Labor Statistics, approximately 20% of new businesses fail during the first two years, 45% during the first five years and 65% during the first 10 years. Only one out of four businesses make it to 15 years or more. Interestingly, these statistics haven't changed much since the 1990s, so despite economic upticks and downturns, the success rates have remained fairly consistent.

Emerson Press is part of 40% of U.S. family-owned businesses that have turned into a second-generation business, with three of Leonard and Jane Emerson's children now working with their parents. And Brad DeLuka, co-owner of First Electric Motor Shop, has the distinction of being a third-generation owner, something that just 13% of family businesses achieve.

15 Under Fifteen hit a significant milestone of its own this year; it's the 20th anniversary of our partnership with United Community Bank, which allows us to recognize these small businesses each year. And even though I consider myself to be fairly involved in the local business community, every year I learn about at least one business I wasn't familiar with before. I hope you enjoy reading these business success stories, and perhaps you'll discover a business that's new to you, along with more familiar names. Being intentional about supporting Springfield-area small businesses is the best way to insure that they're still around in the years to come.



Michelle Ownbey, publisher



Editor: Fletcher Farrar

fletcher@springfieldbusinessjournal.com

Publisher: Michelle Ownbey

michelle@springfieldbusinessjournal.com

Associate Publisher: James Bengfort jbengfort@illinoistimes.com

Copy Editor: Stacie Lewis stacie@springfieldbusinessjournal.com

Production Design: Brandon Turley bturley@illinoistimes.com

Advertising:

Yolanda Bell yolanda@springfieldbusinessjournal.com 217-679-7802

Haley Jackson haley@springfieldbusinessjournal.com 217-679-7804

Beth Parkes-Irwin beth@springfieldbusinessjournal.com 217-679-7803

Ron Young ron@springfieldbusinessjournal.com 217-679-7807

Subscriptions:

springfieldbusinessjournal.com/subscribe subs@springfieldbusinessjournal.com

October Contributors:

David Blanchette
Josh Catalano
Kelly Gust
Dean Olsen
Sarah Delano Pavlik
Thomas C. Pavlik
Janet Seitz
Carey Smith
Holly Whisler
Eric Woods

Address: P.O. Box 398, Springfield, IL 62705

Phone: 217-726-6600

Email: info@springfieldbusinessjournal.com **Facebook:** facebook.com/SBJillinois **Twitter:** twitter.com/sbjmonthly

SPRINGFIELD BUSINESS JOURNAL is published monthly by Central Illinois Communications, RO. Box 5256, Springfield, IL 62705. The contents of SPRINGFIELD BUSINESS JOURNAL are copyrighted, and material contained herein may not be copied or reproduced without permission of the publisher. Opinions expressed in SPRINGFIELD BUSINESS JOURNAL are those of their authors, and no information or opinions expressed in SPRINGFIELD BUSINESS JOURNAL represent an endorsement or solicitation for purchase or sale by SPRINGFIELD BUSINESS JOURNAL or its staff.



John Kelker says he always knew he wanted to help people, and he worked in the nonprofit sector throughout his professional career. After graduating from MacMurray College in Jacksonville, he worked in Carrollton and Jacksonville before moving to Springfield in 1996 to become president of the United Way of Central Illinois. He served in that capacity for 26 years before retiring in April.

Kelker plans to stay in the Springfield area and he has continued to be very involved in the community. He has taken on a new role as president of the Citizens Club of Springfield and is also a member of the Midtown Springfield Rotary Club, American Business Club and the Greater Springfield Chamber of Commerce. In addition, Kelker serves as a Thrive Ally team member for the Springfield Sangamon Growth Alliance, promoting the area as a great place to live and work.

He and his wife, LuAnn, have three children: daughter Jayme, 45; sons Ryan, 43, and Rod, 40; and seven grandchildren.

You are not a Springfield native. How did you end up in the community?

I was born in Butler, Pennsylvania, and soon thereafter moved to Ohio. My family moved to Wheaton, Illinois, where I graduated from high school in 1976. I graduated from MacMurray College in Jacksonville in 1980 with a psychology degree.

I worked for a counseling agency in Carrollton and came back to Jacksonville as the director of Big Brothers Big Sisters. After several years in that position, I had the opportunity to join the United Way of Central Illinois as their president in 1996, where I served for 26 years until my retirement this past April.

Was there a defining moment when you decided to choose nonprofit work as your career path?

I always knew that I wanted to help people. Before taking the position with Big Brothers Big Sisters, I applied to be on the Jacksonville Police Department, knowing that's another way that people can help one another. I was offered positions at both at almost the identical time, but I chose Big Brothers Big Sisters over the police.

Moving from Big Brothers Big Sisters to United Way I have often times related to someone being a classroom teacher who then becomes the principal. You move from caring about one segment of your school population to now caring about all of the school's population and working with their families.

How did you keep your motivation year after year while serving as United Way president?

In a position like that, you work with volunteers. Though we have some volunteers that stay for a long time, my board members and lead volunteers at United Way changed every year, which kept us energized.

It is the nature of United Way to be responsive to issues in the community, because the communities change all of the

time. So good volunteers and staying on top of what is most important to the community were two big keys to what kept me motivated.

Of which accomplishments during your United Way career are you most proud?

An accomplishment I'm proud of is moving to funding programs based on measurable impact. That was challenging for the agencies and their programs, but I have received positive feedback from those same agencies that it really made them work harder. They had to show evidence to children, families and individuals of what could be the positive outcomes of being involved with that agency.

I worked with a very progressive United Way. I have had leadership opportunities through the United Way of Illinois and United Way Worldwide. I was pleased that professional colleagues from around the country would look to Springfield as a model United Way.

How did your new role as president of the Citizens Club of Springfield come about?

I've been a part of the Citizens Club of Springfield for about seven years and on the board the last three years. I enjoy their programming and their mission of civilly engaging the community. And while it wasn't something I was seeking, as Bob Gray looked to move on from that leadership role, Bob took the opportunity to seek me out. I think perhaps knowing my public speaking skills and administrative abilities, he wanted to see if perhaps that was a position I would consider taking from him.

Bob was the president of the Citizens Club for 17 years, something that this community should be extremely appreciative of. Certainly, I will not be in that position for the length of time that Bob was. My commitment was to accept that volunteer position and bring some structure to the club. We now have committees in place. Dominic Watson is the vice president of the

Citizens Club and it is our expectation that Dominic will move up to serve as president in two years.

Are changes in the works for the Citizens Club of Springfield?

We are going to continue to have what I would consider top-class programming. I will say that diversity and equity are very important to us, and we try to build that into each of our programs and be cognizant of who our presenters are.

I know we have individuals who are considering some evening programming, because we currently meet on the fourth Friday of the month at 8 a.m., which is not always perfect for many people who are working in the community. So we are exploring the possibility of evening programming in addition to the monthly morning conversations.

What do you tell young people who are looking to be involved in the community?

I've been asked this a lot. If you're healthy enough, I would encourage everyone to be a blood donor. If you're serious about your community, I believe individuals should support their chamber of commerce. If you're interested in people in a general sense, there is no organization stronger than the United Way. I say that not because I served as their president, but because I truly believe it. I was a United Way donor before I became their president.

Did you make a conscious decision to remain in Springfield following your United Way retirement?

My wife, LuAnn, and I are very pleased to have chosen to stay here in Springfield. We hear many things about people leaving Springfield when they retire. I am not in that camp. I think Springfield offers a great deal to individuals both while they are working and while they are retired. We've committed to stay here in this community for the foreseeable future.

20th ANNUAL 15 UNDER FIFTEEN

Absolute Concrete

All In One Laundry Center & Services

Capital Elite Athletics

Community Foundation for the Land of Lincoln

District 23 Boutique

Emerson Press

First Electric Motor Shop

Indigo Restaurant

Intertwine Loc Design

Just The Basics Mobile Bar

MBK Construction

Midwest Mission Distribution Center

Music Therapy Connections

Pure Performance Fitness Center

Street Art Customs



If reading these profiles makes you think of another small business who deserves recognition, you don't have to wait to make a nomination for next year's 15 Under Fifteen. To submit a nomination and view a list of previous selectees, visit www.springfieldbusinessjournal.com and click on the awards program tab.

SNAPSHOT

Established: 2006 Owner: Michael Sinks Employees: 2 Services: Concrete 217-741-2330

PROFILE

Michael Sinks started Absolute Concrete Inc. in spring 2006 and currently serves as the president of the company. After graduating from University of Illinois Springfield, Sinks worked full time for his father, who owned a construction company, before going out on his

a service to the Springfield area.

"After 10 years of full-time employment with my dad, I was ready for a new challenge," said Sinks. "I saw a need in the Springfield area for a concrete company and decided to start Absolute Concrete."

The company replaces concrete driveways, porches, patios and sidewalks and also pours concrete for new construction. "We work for residential, commercial and municipal clients," said Sinks. "What makes Absolute Concrete stand out is the quality and care we put into every project. I have been in the construction and concrete business full time since 1995. I bring more than 25 years of building and concrete knowledge to every job."

Sinks' brother, Gary, works with Sinks on every project and has over 25 years of building and concrete knowledge as well, so there is close to 55 years combined concrete and construction experience at Absolute Concrete Inc.

"We know what it takes to turn out quality projects year after year," Sinks said.



Absolute Concrete

BACK: GARY SINKS, FRONT: MICHAEL SINKS

Photos by Josh Catalano



1<u>5</u> 15

SNAPSHOT

Established: 2019
Owners: Pamela and Robert Frazier

Employees: 9
Services: Laundromat

801 South Grand Ave. East, Springfield 217-544-5058

PROFILE

All In One Laundry Center was founded by Pamela and Robert Frazier six months prior to the pandemic. The couple also owns All In One On-Site Wash & Detail, which specializes in exterior cleaning for homes and commercial building exteriors, fleet services and construction cleaning.

"We would visit the laundry center daily to clean our shop towels. We knew the owner, who asked if we would like to purchase it, and we did," said Pamela.

All In One Laundry provides a safe, clean environment with large

screen TVs, free Wi-Fi, an ATM, and even an area for children. "You never thought you could actually enjoy doing laundry, but All In One makes it a lot more fun," said Pamela. "There is always an attendant on duty, large-capacity machines and sanitized washes with every load."

All In One Laundry is trusted by hotels, restaurants, health care facilities, assisted living and retirement communities, gyms and churches. They offer drop-off and pick-up as well as delivery service.



All In One Laundry Center

LEFT TO RIGHT: PASSION BAILEY, NINA HUNT, PAMELA FRAZIER, ROBERT FRAZIER, REBEKAH MEYERS, AMANDA RUPP



Capital Elite Athletics

LEFT TO RIGHT: JEREMY HOWARD, ISIS THOMPSON, BOADU ADOMAKO, ARI TONEY, MALINE MURPHY. NOT PICTURED: TAJIA WEST, JR. (COACH) AND SONYA WILLIAMS (RECEPTIONIST)

SNAPSHOT

Established: 2019 Owners: Boadu Adomako Employees: 8 Services: Gymnastics 530 N. Dirksen Parkway, Springfield 217-744-2500

PROFILE

Owner Boadu Adomako helped start the original Capital Elite All Stars in 2006 and served as the head tumbling coach for 11 years. He continued to teach for two more years after Central Illinois Athletics bought the program and was finally able to fulfill his dream of owning his own gym in 2019.

Capital Elite Athletics is a cheer and tumbling facility that trains kids from ages 2 through college students. "We take pride in teaching in a fun atmosphere while focusing on technique, discipline, teamwork, sportsmanship and confidence," said Adomako. "Mental strength is a huge part

of our cheer and tumbling, and it's one of the best things to see students discover what they are capable of."

Capital Elite offers a variety of programs including tumbling lessons, competitive cheerleading teams, cheerleading camps, tumbling camps, stunt clinics, gym rental, choreography for cheerleading squads and open gyms.

"My goal was simply to provide high-quality training and show why tumbling and cheer is a sport and requires great athleticism and mental toughness," said Adomako

Community Foundation for the Land of Lincoln

FRONT ROW: HALEY WILSON, KIM ECK, STACY REED, MARCIA SHORT, BETSY WEIDNER; BACK ROW: JOHN STREMSTERFER, SARAH HELM

SNAPSHOT

Established: 2002 Owner: John Stremsterfer Employees: 6 Services: Nonprofit 205 S. Fifth St., Suite 530., Springfield 217-789-4431

PROFILE

"The mission of the Community Foundation for the Land of Lincoln is connecting people who care with causes that matter," said John Stremsterfer, the president and CEO. "We manage over 288 charitable funds with a collective asset value of over \$60 million in charitable funds, and in 2021 alone gave away over \$5 million in grants to the community. We are the community's foundation."

The Community Foundation

is a byproduct of the Sangamon County Foundation that was founded in 1924 by three Spring-field-area banks to provide financial resources to local charitable causes. The foundation was a leading supporter of organizations for eight decades before it was decided that they needed to evolve in order to better serve their organizations. The Community Foundation is celebrating its 20th anniversary this year.

SNAPSHOT

Established: 2013 Owners: Michelle Tjelmeland Employees: 3 (full-time) Services: Retail 830 South Grand Ave. West, Springfield 217-679-1352

PROFILE

District 23 Boutique began as a shopping-for-a-cause movement, and its mission has always been the same: to help people hear. "All of our proceeds benefit The Cochlear Implant Awareness Foundation and help provide education, information, resources and cochlear implant equipment to those in need," said owner Michelle Tjelmeland. "The Cochlear Implant Awareness Foundation is an organization that provides the gift of hearing to those in need."

With three full-time and 13

part-time employees, District 23 Boutique offers a hand-curated collection of fashions, accessories and gifts that Springfield's most fashion-forward shoppers have come to love. "We provide a one-of-a-kind shopping experience that will have you looking great and feeling even better," said Tjelmeland. "Be sure to check out the Rabbit Hole inside District 23 for vintage, nostalgic and one-of-a-kind pieces that you won't find anywhere else."



District 23 Boutique

BACK ROW LEFT TO RIGHT: JACKIE KELLY, MICHELLE TJEMELAND; FRONT ROW: EMMA HOOD, JOAN CARNDUFF, JANE HART

15

SNAPSHOT

Established: 1968 Owners: Leonard and Jane Emerson Employees: 7 Services: Printing

103 W. Dodd St., Divernon 217-628-3441

PROFILE

Leonard and Jane Emerson started Emerson Press in 1968 when the company Leonard was working for was going to close. "Some of the accounts and customers I was working with at the time encouraged me to start my own business, and with the support of my wife, Jane, we took the plunge," said Emerson.

The company is beginning its 54th year in business and it is due to the service and quality extended to

their loyal customers. "The business model is not only delivering a good product, but we also have a friendship and concern for our customers' goals," said Emerson. "Our longevity can be attributed to a good staff, including three of our five children, and a loyal 'adopted' child, Michelle Waite, who has been with us for over 20 years." This has helped in an ever-changing industry that is more challenging than ever before.



Emerson Press

LEFT TO RIGHT: PRENTICE EMERSON, MICHELLE WAITE, LEONARD EMERSON, STEPHANIE EMERSEN MCDANNALD, BRETT EMERSON



First Electric Motor Shop

BRANDON REBBE

SNAPSHOT

Established: 1950s Owners: Brad Deluka and Brandon Rebbe Employees: 4

Services: Motor service and sales

1130 W. Reynolds, Springfield 217-698-0672

PROFILE

Brad DeLuka and Brandon Rebbe purchased First Electric Motor Shop in 2021. It was started in Springfield in the 1950s and operated from numerous locations in the early years. In 1972, the business was moved to Reynolds Street, where it has been ever since. DeLuka is the third-generation family member to own First Electric, which is part of the reason the two decided to purchase the business.

"We provide parts to electrical and HVAC contractors for every-

thing from small one-horsepower blower motors up to 200-horsepower pumps," said Rebbe. "At the same time, we provide service and sales to farmers across the Midwest region for farm duty motors and bin fans." First Electric also repairs and sells pool pumps, power tools and restaurant equipment.

"Purchasing this business was a decision to keep a legacy going that provides good service to our community in an age where human interaction and good services are disappearing," said Rebbe.



Indigo Restaurant

LEFT TO RIGHT: NICOL RIDLEY (SERVER), DEMETRIUS DORSEY (KITCHEN), LINDSEY EYRE (SERVER), ZACH ELSTON (KITCHEN), SEAN HAILEY (CHEF), NICOLE LUFKIN (SERVER), HANNAH TURNER (SERVER), SAMAH NOVEL (OWNER), JOHN BATES (SERVER), MIKE NOVEL, COURTLAND HILSHER (KITCHEN), JOHN OSTERHUBER (BARTENDER), GARRET PATE (KITCHEN)

SNAPSHOT

Established: 1998 Owner: Samah Novel Employees: 9 Services: Restaurant 3013 Lindbergh Boulevard, Springfield 217-726-3487

PROFILE

Indigo Restaurant was opened in April 1998 by Springfield native Kevin Boehm, who went on to found the Boka Restaurant Group and win the James Beard Award for Outstanding Restauranteur in North America. Samah Novel purchased the restaurant in 2010.

Indigo Restaurant specializes in French, contemporary, American and Asian cuisine. "We are central Illinois' premier fine dining establishment and event space," said Mike Novel. "We strive to create food experiences that are honest, inclusive and memorable

"We take pride in our worldto-table concept, and we are dedicated to bringing the best products from around the world right to your table. With an ever-changing menu including filet mignon, Canadian lobster, sea bass, chops and many more entrees, we guarantee you will taste the difference."

SNAPSHOT

Established: 2020 Owners: Jenaya Gant and Angel Macon Employees: 2

Employees: 2 Services: Hair services 901 Clocktower Drive, Suite 17, Springfield 217-269-5836

PROFILE

Intertwine Loc Design was founded by Jenaya Gant and her mom, Angel Macon, as a hair salon specializing in Sisterlocks and elegant lock artistry.

"Initially, I had only one client, my mom. I became a legally registered business in 2020 and my clientele has been growing ever since," said Gant. "Our salon suite is one that cultivates a peaceful environment that is ideal for customers who value interpersonal interactions with their stylist."

The company believes in the inherent beauty of natural hair and takes a holistic, educational approach that promotes strong and healthy locks. Sisterlocks is a registered trademarked locking system that differs significantly from traditional locking methods.

"As a Sisterlocks practitioner, I enjoy sharing my knowledge and skills of this unique hair management system. I am committed to serving as your hair advocate," said Gant.



Intertwine Loc Design

LEFT TO RIGHT: ANGEL MACON, JENAYA GANT

15

MARCUS KOTNER



Established: 2017 Owners: Madison Regan Employees: 4 Services: Mobile bar

432 N. Main Plaza, Chatham 217-381-8108

and the community she cared for



SNAPSHOT

Established: 2004 Owner: Marcus Kotner Employees: 3 Services: Construction

217-553-0455

PROFILE

Marcus Kotner and a friend had a company called Illini Roofing before he decided to go out on his own. "After a few years of growing that company, networking and learning more about the construction industry, I started to evolve my skill set into finish carpentry," said Kotner. "This was during the real estate boom era. More and more construction opportunities started to present themselves, and I took a leap of faith and started MBK Construction & Remodeling."

The company is a full-service construction company that specializes in new construction, additions, remodels and custom-finish carpentry. "We have an extremely high conviction in quality first," said Kotner. "We take pride in our work and do what it takes to make the homeowner and clients happy with their decision to hire MBK Construction. Not only do we provide the best quality craftsmanship, we use quality products and the best subcontractors and suppliers in Springfield and the surrounding areas."



MBK Construction & Remodeling

2 2 2

Midwest Mission Distribution Center

LEFT TO RIGHT: BRAD WALTON, CINDY CHASE, OYINDAMOLA "RUTH" OLAWEPO, SUE ZELLERS, MALLORY WEBSTER, CHANTEL CORRIE, LISA RIGONI, BARB HEDINGER, SARAH FRAZEE, PAT WRIGHT, GENE TURNER. STANDING: RAMON ORITZ

SNAPSHOT

Established: 2000 Executive director: Chantel Corrie 217-483-7911

Employees: 11 Services: Nonprofit 1001 Mission Drive, Pawnee

PROFILE

Midwest Mission is a nonprofit started in March 2000 by Jack Travelstead, a United Methodist pastor who believed in serving people who need help. It is an ecumenical organization working with all people who want to show God's love to others in a practical way during their time of crisis.

"Midwest Mission partners with donors, volunteers, churches, businesses and organizations to bring the hearts and hands of God's people together to transform resources into humanitarian and disaster relief supplies around the world and

around the corner," said Lisa Rigoni, development manager. Their four core areas of outreach are disaster relief, education, health and microbusiness.

In 2021, Midwest Mission served 1.8 million individuals in need, provided nearly \$6 million in aid and sent 250 domestic and 33 international shipments of supplies, and the organization is on track to exceed those numbers this year. "As of July 31, 2022, Midwest Mission has already sent 150 domestic shipments and 36 international shipments," said Rigoni.





Music Therapy Connections

LEFT TO RIGHT: JESSICA SMITH, RACHEL RAMBACH (FOUNDER/CO-OWNER), MOLLY ROBITAILLE, KATEY KRATZ (CO-OWNER), CICELY MCCAIN, EMMA HARMON

SNAPSHOT

Established: 2007 Owners: Rachel Rambach, Katey Kratz Employees: 7

Services: Music therapy, music lessons and classes

1234 Centre West Drive, Springfield 217-622-1626

PROFILE

Rachel Rambach, the founder of Music Therapy Connections, opened the business in fall 2007. right after finishing graduate school, where she received a master's degree in music therapy.

"I had just started a full-time job as the first-ever music therapist at the Hope School, but I was getting phone calls about in-home music therapy services," she said. Rambach began taking on private clients and by 2011, her practice had grown to the point she began Music Therapy Connections on a full-time basis. Katey Kratz joined as co-owner

in 2014.

Music Therapy Connections' mission is to help people of all ages and abilities learn and grow through music. "What started as a side hustle with only a handful of clients has grown into a business that carries out this mission to hundreds of people throughout central Illinois," said Rambach. MTC works with infants, schoolaged children, adults and seniors in the studio on Centre West Drive as well as in schools, specialized centers and assisted living facilities.



offering anything from automotive wraps and accessories such as truck XPEL paint protection film.

"Our newest addition is commercial and residential tint," said Clarke. "We believe we are one of Springfield's best small businesses because in our two years of ownership, we have been able to not only add employees but also start adding plenty of new services. We also have been able to give back to the community and be more involved with local events."

Pure Performance Fitness Center

JEREMY FERRY



SNAPSHOT Established: 2016

Owner: Jeremy Ferry

"I wanted to create what I pictured

as a welcoming gym that everyone

could enjoy," Jeremy Ferry said of his

decision to open Pure Performance

old wanting to start a strength

training program to the most

Fitness Center. "From your 70-year-

dedicated 20-something on a mission.

Ferry has worked as a trainer

I wanted them to have a place to

for over a decade and spent that

time learning how to work with in-

dividuals from all walks of life while

Employees: 1 Services: Fitness

PROFILE

call home."

Established: 1998 Owners: Jonathan Clarke and Brandon Kates 217-744-2500

Employees: 3

Services: Automotive tint, wraps, accessories

530 N. Dirksen Parkway, Springfield

320 S. Fourth St., Springfield

providing a fun environment. "It's

a balancing act of getting to work

and enjoying the company around

us," said Ferry. "If you tell me what

you the facts on how to get there."

Pure Performance is stocked

you'd like to accomplish, I'll give

with everything from quality

machines to specialty barbells, and Ferry is proud of what he has

accomplished, "I'm thankful for all

those that have come through the

doors and helped me make this

place what it is today."

217-891-0691



Street Art Customs

LEFT TO RIGHT: OLIVER PATTERSON (INSTALLER), JONATHAN CLARKE (OWNER), BRYAN BOOK (INSTALLER), BRANDON KATES (OWNER), MATT BECK (SHOP MANAGER)

Street Art Customs opened in 1998 and the current owners bought the business in 2020. "Both of us are car enthusiasts and figured it would be a fun way to be around cars and show our passion for them in a new way," said Jonathan Clarke.

The business was originally just a tint shop but has since expanded, tint to full vehicle color change, custom toppers, and side steps. They also install

PROFILE

CONGRATULATIONS TO OUR PREVIOUS SELECTEES



For a full list of past recipients please visit: ucbbank.com/15u15

DMMITT

---2021

Credit Pro Autos Duct Dusters East Side Marine Inc. Pier 55 Lounge Hellowater

Illinois Trucking Association Jerk Shop Go Keefner's True Colors Floral Who Does Your Hair?

Ayers Trucking
AZ-T-CA Mexican Grill
Bless'It Beauty Salon
By-Pass Auto Body
Chadito's Mexican American Grill

Ashley's at Home Grooming

Axis Accounting Tax Service

Bailey Family Insurance

Bobby Shaw Building and Remodeling

Element Services Kennedy Sue Lake Springfield Tavern Law Automotive Sam's Best Brands Springfield Dance
Springfield Monument
Springfield Select Auto Inc.
Troxell Financial
UNDERDOG Sports, Memorabilia & Games

-----2019---

Dr. Lance Taylor D.M.D.
Eye Candy Boutique
Eye Candy Salon & Spa
Frisina Family Wellness
Johnson & Johnson Auto Services

ML Refrigeration
Prairie Wholesale Supply Co.
Propel Sliding Door Automation
Quiznos
Rambach Insurance Agency

Recon Techs Springfield The Roost Scoop Du Jour Ice Cream & Coffee Parlor Serious Lip Balm Wild Time Exotics

Airsman-Hires Funeral Home Apple Barn BSafe Home Inspections of Illinois, Inc.

BSafe Home Inspections of Illinois, Inc. Cleaning General Janitorial Services, Inc. GoWeb1 Henry's Service Center, Inc. Hilda's Antique Mall Legacy Theatre Maddy's Tavern Mosquito Joe of Springfield

-----2017-----

-----2018-----

Nelson Resource Center Rotherham & Rotherham & Company Tacology 101 The Book Rack The Rage Hair Studio & Spa

All in One On-Site Wash & Detail The Deb Sarsany Team Monty's Submarines Bailey Hardwoods & Woodworking, Inc. Fire and Ale Rogers HR Consulting
Best Expo, Inc.
Gypsy Dreamer, Gypsy Tribe & Gypsy Soul
Springfield Jr. Blues
Central States Fireworks, Inc.

Law Automotive, Inc.
Springfield Travel Shoppe, Ltd.
CrossFit XLT
Masco Packaging & Industrial Supply
Your Corner Office, Inc.

Bramley Funeral Home L.A. Burton & Associates Cooper's StrEATside Bistro Dreammaker Bath & Kitchen Fehring Ornamental Iron Works Hill Meadow Apartments Jan's Dance Studio Nature's Select Pet Store Kraig D. Osborne, DMD PhysioTherapy Professionals Prairie Dental Group Sangamon Reclaimed South County Publications Taft Appraisal Wiley Office Furniture

AZ-T-CA Mexican Grill
Bath Planet
Capital City Crossfit
Chatham Dental Center
Cherry Berry Springfield

Curry's Family Pharmacy Donald Staten DMD Farmland Solutions Gypsy Soul Kyle Killebrew & Company

--2014---

-----2015-----

L&M Gym & Kids
O3 Internet Consulting
Phoenix Collision
The Chiropractors at Springfield Wellness Center
Zelle Title

Boondocks
Café Moxo
Cookle Factory Bakery
CopperTree Outdoor Lifestyles
D&J's Café

Kulavic's Auto Body Lauterbach Tire Maid-Rite The Organized Home Springfield Running Center

Andrews Landscapes
Capitol Chiropractic Health Center
Country Market, Inc.
Craig Ladage Builders, Inc.
Dick's Shoe Repair

Gorham's, Inc.
Hoogland Center for the Arts
Lee O'Keefe Insurance Agency
Life Safety Resources
Marriott Real Estate Services

Paul Tree Farms
PhysioTherapy Professionals, LLC
Robert's Seafood Market
Thirdwave Data/Comm, Inc.
Velo Mine

The Barkmeier Group, Inc.
Campo Realty, Inc.
Capital Area Association of Realtors®
Central Illinois Foodbank
Creasey Construction of Illinois, Inc.

Emerson Press
Flowers by Mary Lou
Harmony Limousine & Luxury Coaches
Long Bridge Golf Course
Martin Engineering Company of Illinois

Modern Mailing & Printing Services, LLC
Perrino & Associates, PC, CPAS
Rolling Meadows Brewery
Signature Event Rental
Walton & Associates Architects, PC

FDIC UCBbank.com

217-787-3000



EDICATION OF THE PRICE OF CATE OF CATE

MMITMI

GROWI

KCELLEN

EVEMEN

EDICATI

K RESP

Forgoing the funds

Most nursing homes aren't applying for additional money for CNAs

By Dean Olsen

Despite supporting Medicaid rate reform that was signed into law this spring, most Illinois nursing homes haven't applied for additional funding made available through the legislation to help them hire and boost pay for nursing assistants.

And surprisingly, nursing homes with the highest shares of residents whose care is covered by Medicaid – homes that tend to be in the Chicago area and have the most to gain financially – haven't applied for the higher funding for certified nursing assistants, according to the Illinois Department of Healthcare and Family Services.

"We haven't heard a compelling reason for non-participation," Andy Allison, HFS' deputy director for strategic planning and analytics, told *Illinois Times*.

He said it was a "significant accomplishment" for the state and the nursing home industry that 205 out of the 670 nursing homes serving Medicaid clients – or about 30% – have applied for the voluntary program in the first quarter of fiscal 2023, which began July 1. The program subsidizes increases in pay for CNAs by between \$1.50 and \$6.50 per hour, based on experience.

But Allison noted that the level of participation varied significantly by region, with between 14% and 23% of Chicago-area nursing homes with Medicaid residents applying for the funds, compared with 43% of downstate facilities.

The west-central region that includes Springfield and Sangamon County was an outlier in that trend, with just 21% of westcentral facilities applying, according to HFS data released Sept. 13.

The other downstate regions ranged from 33% in the Galena area to 47% in the Peoria area, 49% in the Decatur-Champaign region and 63% in the Rock Island area.

The state set aside \$85 million in the current fiscal year to reimburse nursing homes for the raises at subsidy levels equivalent to the percentage of Medicaid residents served at facilities. For example, 60% of the cost of CNA raises would be covered at a nursing home where 60% of the residents had their care paid



Despite a "now hiring" sign on display, Aperion Care Capitol is one of the many facilities that has not applied for funding available through the state to boost pay for CNAs. PHOTO BY STACIE LEWIS

by Medicaid.

Nursing homes must apply for the new subsidies and aren't required to do so.

Matt Hartman, executive director of the Illinois Health Care Association, one of the groups advocating for nursing homes, said some facilities may not have applied for the funding for CNA pay raises yet because they are still figuring out all the costs involved, including benefits.

"It's a little complex," he said. "I believe the numbers participating will increase, probably pretty significantly."

Hartman said he doesn't represent many of the Chicago-area facilities serving high percentages of Medicaid recipients. The Health Care Council of Illinois represents those facilities but didn't respond to a request for comment.

Some nursing home chains have applied for the CNA funding for downstate facilities but not for facilities in the Chicago area.

For-profit Aperion Care applied for its facilities in DeKalb, Peoria Heights and Toluca but not for facilities in the Chicago area or for Aperion Care Capitol at 555 W. Carpenter St. in Springfield.

An Aperion Care spokesman didn't return phone calls.

The funding for CNA salaries, which by law are required to be passed through directly to workers, is part of a \$700 million annual Medicaid funding boost for the nursing home industry tied to House Bill 246.

The additional funding will be generated by simplifying and expanding the nursing home assessment tax and by allocating additional general revenue funds, according to the administration of Gov. JB Pritzker.

The industry has complained for years about chronically low reimbursement rates for care. Advocates for patients have complained for years that understaffing in Illinois nursing homes is among the worst in the country.

The state spends more than \$2.5 billion annually for the care of about 45,000 nursing home residents through the Medicaid program. Almost 70% of nursing home residents in Illinois are covered by Medicaid.

Other parts of the \$700 million to fund HB 246 – what Pritzker called "nation-leading nursing home reform" – will be built into the base rates paid to nursing homes, with much of the money tied to nursing homes achieving

"evidence-based staffing levels," according to the Pritzker administration.

Homes not meeting minimum staffing levels mandated by a 2010 state law and supported by data collection requirements in a 2019 state law could be fined in the coming months, according to Greg Will, research director for SEIU Healthcare Illinois.

Pritzker and other advocates for nursing home residents and workers at those facilities touted HB 246 in a May 31 news release as "historic and equity-focused" rate reform legislation that "holds facility owners accountable for tying new funding to improving care for vulnerable Illinoisans."

The bill that the Democratic governor signed that day was approved this year with no dissenting votes in the Illinois House and Senate. It was an "agreed bill" that all stakeholders, including nursing home associations, said they supported.

But some lawmakers and a union representing nursing home workers say facility owners appear to be retreating from their previously stated commitments to increase staffing and improve the quality of care.

Many facilities lost CNAs to other employers during the COVID-19 pandemic to higher-paying and less-stressful jobs. That situation made understaffing even more acute, Shaba Andrich, SEIU Healthcare Illinois vice president for nursing homes, said at a Sept. 17 rally in Chicago.

He told a crowd of workers: "At first they said, 'We can't have more staff because we need more money,' and then the legislature said, 'Here's more money,' and then they said, 'Well, we're not going to take it for one reason or another.'

"We don't find that acceptable, the residents don't find that acceptable, nor do their families," Andrich said.

State Rep. Lakesia Collins, D-Chicago, a former nursing home worker, told *Illinois Times* that the low participation rates in the CNA pay raise program were disheartening.

Nursing homes, she said, "don't want any accountability. Our seniors deserve better, and the workers do, too."

Rep. Kelly Cassidy, D-Chicago, said, "The pettiness of refusing to pay their people ... is beyond the pale."

She said nursing homes come to the General Assembly every year "crying poor. We give the money to them, and lo and behold, it never reaches their workers.

"Like toddlers having a temper tantrum, they took their ball and they went home. They would rather let the money rot than pay their workers. So the next time these guys come to me with their pockets turned inside out and crying poor, they can hit the road."

Lori Hendren, associate state director of AARP Illinois, which supported the nursing home reform bill, said it's alarming to learn that so many facilities haven't applied for money to boost CNA salaries.

"The quest to improve the quality of life for nursing home residents will continue until all facilities – for- and not-for-profit – commit to providing the highest level of care possible for all they serve," she said. "Vulnerable residents and their loved ones deserve nothing less."

Dean Olsen is a senior staff writer for Illinois Times. He can be reached at dolsen@illinoistimes.com, 217-679-7810 or twitter.com/Dean-OlsenIT.





HOME HEALTH CARE

NAME STREET ADDRESS CITY/ST/ ZIP	PHONE WEBSITE/EMAIL	AGENCY MANAGER	NUMBER OF FULL TIME EMPLOYEES	PRIMARY SERVICES OFFERED	YEAR EST'D
Advanced Healthcare Services, LLC 3900 Pintail Drive Springfield, IL 62711	217-726-6956 ahsllc.org	Juanita Jones RN, WCC	47	Skilled nursing, physical therapy, occupational therapy, speech language pathology, medical social work.	2007
Alterna-Care Home Health System 319 E. Madison St., Suite 2M Springfield, IL 62701	217-679-2631 alterna-care.com kasgro@alterna-care.com	Kathleen Sgro DNP, MBA, RN	40	Skilled nursing, physical, occupational and speech therapy, home health aide, medical social worker, palliative care, non-medical in-home care, adult day care and assisted living.	1990
Anchor Home Health Care 1999 Wabash Ave. Springfield, IL 62704	800-853-5292 anchorhomehealthcare.com beth@anchorhomehealthcare.com	Beth Albert	DND	Pediatric, adult and senior private duty nursing, aide and personal care attendant services.	1999
Apria Healthcare 775 E. Linton Ave. Springfield, IL 62703	217-789-0461 apria.com	Ron Bond	9	Home health care equipment, respiratory equipment, wound care, ventricular nutrition.	DND
BrightStar Care of Springfield, Decatur and Bloomington 801 S. MacArthur Blvd. Springfield, IL 62701	217-318-3396 brightstarcare.com/springfield-decatur julie.miller@brightstarcare.com	L. Christopher Miller	40	Home care, medical staffing, IV infusion, wound care.	2015
Enhabit Home Health & Hospice 2970 Baker Drive Springfield, IL 62703	217-542-7138 ehab.com	Rachel Deilkes RN/branch director	26	Skilled nursing, physical, occupational and speech therapy.	1984
Help at Home, LLC 1873 Sangamon Ave. Springfield, IL 62702	217-753-0211 helpathome.com	Dana Platt	1,100	Housekeeping, laundry, shopping, meal preparation, personal care.	1975
Home Instead 1440 W. Walnut St., Suite A6 Jacksonville, IL 62650	217-245-9192 homeinstead.com/545	Jerry Best owner	8	Non-medical in-home care including companionship, meal preparation, personal care, Alzheimer's care and more.	2004
Home Instead 2040 W. Iles Ave., Suite A Springfield, IL 62704	217-547-1300 homeinstead.com/762	Rob First Amy Best	100	Personalized in-home caregiving services including companionship, meal preparation, personal care, Alzhiemer's care and more.	2011
HSHS Home Care Illinois 850 E. Madison St., 1st floor Springfield, IL 62702	850 E. Madison St., 1st floor 62702	Amy Frederking Shawna O'Dell agency manager	257	Skilled nursing, physical therapy, occupational therapy, speech therapy, licensed social worker.	1997
Memorial Home Hospice 701 N. First St., Springfield IL 62781	217-788-4663 800-582-8667 memorial.health	Melanie Atwood	45	Skilled nursing, medical social workers, home health aide, spiritual support, volunteers, bereavement, therapy services	1988
Memorial Home Services Home Health 701 N. First St. Springfield, IL 62781	217-788-4663 800-582-8667 www.memorialhomeservices.com	Christina King director	60	Skilled nursing, physical, occupational and speech therapy, home health aide.	1988
Safe Haven Hospice 1999 Wabash Ave., Suite 202 Springfield, IL 62704	855-879-4096 safe-havenhospice.org	Cara Reynolds director	10	Hospice care.	2015
SYNERGY HomeCare of Central Illinois 3259 W. Iles Ave. Springfield, IL 62711	217-303-8555 synergyhomecare.com taylorspada@synergyhomecare.com	Taylor Stevens client care manager	4	Personalized care plans, companionship care, assistance with personal care. Available 24 hours a day, 7 days a week.	2013
Visiting Angels 2731 MacArthur Blvd., Suite 201 Springfield, IL 62704	217-568-6308 visitingangels.com	Rod A. Lane owner/director	100	Personal in-home care including hygiene, meal preparation, medication reminders, housekeeping, errands, companionship and memory care. No minimum hour requirement.	2017



Medicare Open Enrollment

Medicare Open Enrollment runs from October 15th - December 7th, 2022

AgeLinc will schedule Medicare Open Enrollment appointments starting October 1st at 8:00 am. Appointments can be provided in person or remotely. For more information on appointment options, please call 217-787-9234 or drop by our office at 2731 S. MacArthur Blvd, Springfield starting October 1, 2022.

Medicare Open Enrollment is available at these Senior Health Insurance Program (SHIP) locations:

AgeLinc - Cass, Christian, Greene, Jersey, Logan, Macoupin, Mason, Menard, Montgomery, Morgan, Sangamon, Scott

CEFS Economic Opportunity Corporation - Christian, Morgan

Illinois Valley Economic Development Corporation – Greene, Jersey, Macoupin Menard County Board – Menard

Montgomery County Health Department – Christian, Montgomery, Macoupin Prairie Council on Aging – Cass, Greene, Jersey, Morgan, Scott

Senior Citizens of Christian County - Christian

Senior Citizens of Logan County - Logan

Springfield Center for Independent Living – Christian, Logan, Menard, Montgomery, Sangamon

Senior Services of Central Illinois - Logan, Mason, Menard, Sangamon

2731 S MacArthur Blvd, Springfield, IL 62704

217.787.9234 | 800.252.2918 | www.agelinc.org | facebook





Area Agency on Aging for Lincolnland

Helping older adults and their families since 1974.

Advance care planning: A hard conversation worth starting

By Brian McCurdy

Research shows that only one out of every three Americans has an advance directive in place, documenting their end-of-life and health care wishes. Though death is a topic many of us would rather not consider, it is a reality we all face. Choosing to empower ourselves at the end of life may involve hard conversations, but it is worth it.

What is advance care planning?

When people discuss advance care planning, they are referring to the general process of planning for your future medical care in the event that you are unable to make your own health care decisions. Advance care planning is not a single discussion; it is ongoing, over a lifetime as your goals and values change.

This planning process results in something called an advance directive, a general term for any document that contains instructions pertaining to a person's wishes around medical treatment. Illinois law allows a few types of advance directives including a health care power of attorney, a living will and a Do-Not-Resuscitate (DNR)/Practitioner Orders For Life-Sustaining Treatment (POLST).

required to be) reviewed by an attorney, shared with loved ones, revisited throughout the years, and most importantly - should be driven completely by you.

Many forms and templates for planning are available online for free or a nominal fee. Nonprofit organization Compassion & Choices offers free planning resources to get the process started, at http://candc.org/

These documents can be (but are not

Why should I have an advance directive?

advance-plan.

Advance care planning is crucial to ensuring that future medical treatments align with your individual beliefs and values, mitigates bias to ensure you get the full breadth of care you want and protects you against excessive, unwanted treatment.

Many of us have stories of loved ones whose families were left frozen in fear, with incredible amounts of uncertainty before



their death. We hear devastating things like, "Nobody was sure what Mom or Dad wanted," or "We didn't talk about death in our family." This documentation helps your care providers and loved ones make the most informed decisions for you, rather than leaving them contemplating agonizing choices in crisis or in conflict instead of being with you at life's end.

Where do I start?

Advance care planning should always begin with identifying your priorities around health and medical treatment. Your wishes may be shaped by your experiences, cultural and religious views, your values and your goals.

To understand your options, it is important to talk with your health care provider and identify the types of decisions that often need to be made at the end of life. This may include things like ventilation, life-sustaining treatment and other choices that must often be made quickly. Perhaps you want to pursue every single treatment option available to you. Or maybe your wishes would change depending on the reason for your hospitalization; for instance, the treat-

ment you want in the case of an accident may differ from what you want in the case of a terminal illness.

Early in your process, you will want to identify a health care power of attorney (sometimes called a health care proxy), who you will assign to make these decisions on your behalf in the case that you are unable to. This could be a loved one, but it should be noted that you may not want to choose a close relative or spouse if you know it would be too difficult for them. Ultimately, this should be someone who you believe will take the responsibility seriously and advocate for you. They are your voice. If possible, include them in your exploration and planning process, so they can ask questions with you and fully understand your reasoning and wishes.

Can I be sure my advance directive will be followed?

For various reasons, there are instances where these documents are not followed - due to access, outdated documentation, crisis or lack of communication. However, there are a few things you can do to prepare yourself, and your loved ones, as much as possible.

Once you have things written down, make copies of your documentation to share with your health care power of attorney, family members and physicians. You may also ask that your advance directive be included in your medical record. Consider going further and videotaping your wishes. Revisiting this document regularly and updating it as needed will ensure everyone knows it is valid and accurate.

You have the right to make these decisions, and in turn you empower yourself and your loved ones during a critical moment in time. I promise that starting the conversation now, no matter how hard, is worth it. 58)

Brian McCurdy is co-leader of the Springfield Action Team for the nonprofit organization Compassion & Choices, offering community education around end-of-life planning and options. He can be reached at mr.brian.mc-curdy@gmail.com.



Fueling the Tech-Enabled Broker

Fifteen of the nation's top super-regional brokerage firms and 14 premiere insurance carriers and wholesalers are collaborating with BTV's cohort of technology innovators from across the globe. Working in collaboration with the sheer drive to elevate the industry to help our clients identify risks sooner and drive down costs, faster. Learn how the industry's first broker-led convening platform is lighting the way to maximize technology solutions and amplify innovation within the insurance industry as we know it:

BrokerTechVentures.com































RETIREMENT AND CARE COMMUNITIES

	NAME STREET ADDRESS CITY/ST/ ZIP	PHONE WEBSITE/EMAIL	TOTAL BEDS	SERVICES OFFERED	FACILITY MANAGER	NUMBER OF FULL TIME EMPLOYEES	AMENITIES	YEAR EST'D
1	Concordia Village, Senior Living Community 4101 W. Iles Ave. Springfield, IL 62711	217-793-9429 LSSLiving.org concordiavillage@lssliving.org	316	Independent and assisted living, skilled beds and memory care	Jacque Bogner executive director	233	Chapel, movie theatre, restaurant-style dining, private dining rooms, outdoor dining courtyard, market, wellness clinic, fitness room, indoor pool, game room, juice bar, art studio.	1995
2	Lewis Memorial Christian Village 3400 W. Washington St. Springfield, IL 62711	217-787-9600 lewismemorialchristainvillage.org chopson@chliving.org	233	Independent and assisted living, skilled nursing care	Christine Hopson executive director	240	Short-term rehab, physical, occupational, speech, aquatic therapies. Maintenance-free living set on 19 acres. Three beauty salons, community Wi-Fi, tree-lined walking paths, pet friendly, wellness center with therapeutic pool, wide array of activities and events, staff chaplain, church services and Bible studies.	1974
3	Serenity Manor at Springfield 2801 Montaluma Springfield, IL 62704	217-698-9600 serenityspringfield.com	160	Independent living	Vicki Chamblin	4	Controlled building access, elevators, community spaces, salon, fitness center, unit and community space upgrades, interior mail rooms, covered parking available, pet friendly, on-site laundry, library. Shopping, dining and other small businesses and medical facilities are nearby.	1998
4	Springfield Supportive Living 2034 E. Clear Lake Ave. Springfield, IL 62703	217-522-8843 springfieldsupportiveliving.com jenniferh@springfieldslf.com	135	Supportive living	Shawn Braley	33	Nurses 10 hours per day, CNAs available 24 hours, assistance with medications, bathing, laundry and housekeeping, three meals daily plus snacks, fenced outdoor patio with walking path, daily activities, weekly trips, all utilities included except phone, free Wi-Fi and Dish Network.	2005
5	Hickory Glen 1700 W. Washington St. Springfield, IL 62702	217-793-0431 hickoryglenseniorliving.com bstepping@hayesgibson.com	129	Independent living	Rebecca Siltman	10	Restaurant-style dining, Sunday brunch, transportation, house- keeping, activities, social events, full-time lifestyle coordinator, cinema, library, lounge, gym, hair salon, store, pets welcome, utilities and basic cable included.	1986
6	Montvale Estates 2601 Montvale Drive Springfield, IL 62704	217-546-5577 holidayseniorliving.com tina.williams@holidayseniorliving.com	121	Independent living	Tina Williams	20	Transportation, housekeeping, chef-prepared meals, 24/7 emergency response services, pets welcome, salon, social activities, utilities included, some Wi-Fi, excercise room, billiards, weekly trips.	DND
7	Seasons Active Senior Living 3511 & 3201 Conifer Drive Springfield, IL 62711	217-698-5780	120	Independent living	Ruth Engleman Debbie Deopere	8	Garages and covered parking, covered patios, library, exercise rooms, private party room, walking paths, fishing lake.	DND
8	Aperion Care - Capitol 555 W. Carpenter St. Springfield, IL 62702	217-525-1880 aperioncare.com jliddell@aperioncare.com	115	Skilled beds	Jackie Liddell executive director	150	On-site therapy staff, Wi-Fi, transportation, beauty salon, day room, library, business center, private rooms, refrigerators.	2018
9	The Villas Senior Care Community – Sheltered Care 100 Stardust Drive Sherman, IL 62684	217-744-9891	113	Sheltered care	Russel Bagdanovich	69	24-hour nursing, transportation to medical appointments, physical, occupational and speech therapy on site, Wi-Fi, computer access, library, cat friendly, private suites, beauty/barber salon, respite care, bistro and chapel with weekly Mass.	1981
9	Arcadia Care 1021 N. Church St. Jacksonville, IL 62650	217-245-4174 aperioncare.com	113	Skilled beds	Greg Sandidge	86	Private suites, hospice care, respite, IV therapy, Wi-Fi.	2015
10	Brenden Gardens 900 Southwind Road Springfield, IL 62703	217-529-4586 brendengardensretirement.com cbrimer@5ssl.com	112	Independent living	Christine Brimer	20	Three meals a day, weekly housekeeping, bus service five days each week, 100% maintenance service, year-round activities, 24-hour coffee café, laundry service, bed linens provided, six laundry rooms and two elevators.	2006
11	The Villas Senior Care Community - Short Term Rehab & Skilled Nursing 100 Mariann Parkway Sherman, IL 62684	217-744-2299 VillasSeniorCare.com	109	Skilled beds	Sharon Reynolds	100	Accessible van and bus for outings, courtyard with walking paths and gazebo, therapy gym, Wi-Fi, Jacuzzi tubs, daily activities, aviaries, café, private and semi-private accommodations, salon, therapy wing, therapy gym and short-term rehab.	1987
12	Regency Nursing Care Residence 2120 W. Washington St. Springfield, IL 62702	217-793-4880	99	Skilled beds	Anthony Twardowski	90	Private and semi-private rooms, restaurant-style dining, beauty salon services, activities, transportation, Wi-Fi, cable TV, laundry service and private party rooms. Long-term and respite care and short-term rehab including physical, occupational and speech therapy.	1991
13	Illinois Presbyterian Home Communities - Fair Hills Residence, Cottages & Apartments 2005 W. Lawrence Ave. Springfield, IL 62704	217-546-5622 iphcommunities.org amyrasing@iphcommunities.org	90	Independent and assistive living	Maryann Walker	45	Scenic, park-like campus, open to all faiths, month-to-month rent. Assisted living - spacious private rooms with walk-in showers, 24/7 nursing assistance, laundry, housekeeping, meals, plus social and spiritual activities. Independent living - apartments or cottages with senior-friendly accessibility, all appliances, light housekeeping, utilities and more.	1954
14	Cedarhurst of Jacksonville 2225 W. Morton Ave. Jacksonville, IL 62650	217-245-2996 cedarhurstliving.com sshillings@cedarhurstliving.com	86	Assisted living, memory care	Shelly Shillings	54	Therapy, movie theater, lake with fishing, restaurant-style dining, person-centered dementia care, secured care, therapy gym.	2016
14	The Pointe at Jacksonville 20 Jacksonville Place Jacksonville, IL 62650	217-602-0930 thepointeatjacksonville.com	86	Supportive living	Amy York	DND	Private apartments. All inclusive.	2019



ILLINOIS PRESBYTERIAN HOME COMMUNITIES

Fair Hills Residence, Apartments & Cottages





Top of the hill Chatham & Lawrence, Springfield Call 217-546-5622 for a tour



Springfield Business Journal • October 2022 • Page 25

RETIREMENT AND CARE COMMUNITIES

	NAME STREET ADDRESS CITY/ST/ ZIP	PHONE WEBSITE/EMAIL	TOTAL BEDS	SERVICES OFFERED	FACILITY	NUMBER OF FULL TIME EMPLOYEES		YEAR EST'D
15	Cedarhurst of Springfield 3520 Old Jacksonville Road Springfield, IL 62711	217-203-6522 cedarhurstliving.com vtempleton@cedarhurstliving.com	79	Assisted living, memory care	Victoria Templeton	70	Therapy, movie theatre, restaurant-style dining, person- centered dementia care, secured care, 24/7 nursing care, all private apartments and suites, therapy staff.	2019
16	The Bridge Care Suites 3089 Old Jacksonville Road Springfield, IL 62704	217-787-0000 bridgecaresuites.com cschaaf@bridgecaresuites.com	75	Skilled beds	Cindy Schaaf	92	Spa, business center, beauty salon, restaurant style dining, cafe, theater, therapy gym, game room, Wi-Fi, private suites, transportation. Short-term care facility, post-hospitalization, post-surgical, wound care, IV therapy, physical therapy, occupational therapy, speech therapy, respite care, work with hospice providers for hospice care.	2013
17	Trustwell Living 2451 W. White Oaks Drive Springfield, IL 62704	217-787-9000 trustwellliving.com smeyer@trustwellliving.net	67	Independent and assisted living	Shannon Meyer	15	Personalized care and services plans, private, spacious apart- ments, restaurant-style dining, licensed nurses, medication assistance, full activity calendar of educational, cultural, entertainment and social events, all utilities (except phone and cable), pet-friendly community.	2005
17	Timberlake Estates 2423 Taylor Ave. Springfield, IL 62703	217-585-9400 mkuhl@bedrockhousing.net	67	Independent living	Bedrock Property Management	2	Beauty salon, ice cream parlor, fitness center, theater room, wireless internet, billiard room, garden.	2008
18	Mill Creek Alzheimer's Special Care Center 3319 Ginger Creek Drive Springfield, IL 62711	217-726-7900 jeaseniorliving.com jeanne.campbell@ jeaseniorliving.com	66	Memory care	Jeanne Campbell	55	Dementia care program, specially trained staff, supervised, success-oriented activities program, supervised outings, three meals a day, linens and housekeeping, landscaped secured courtyard with walking areas, electronically monitored security system, support groups, educational programs, referral services.	2006
19	Avenues at Springfield 525 S. Martin Luther King Drive Springfield, IL 62703	217-789-1680 tmcculoough@avenuesatspringfield.com	65	Intermediate beds	Tanisha McCullough	50	Wound care, on-site x-ray, infection control, medication management, indiviual and group therapy, dentist, podiatrist and optometrist, diabetes management, pain management.	DND
20	Timberlake Supportive Living 2521 Empowerment Road Springfield, IL 62703	217-321-2100 Timberlakesl.com chliving.org mkuhl@bedrockhousing.net	60	Independent living	Bedrock Property Management	31	Providing lifestyle enrichment programming, three meals per day plus snacks, 24-hour/day aide support, nurses eight hours per day, housekeeping and laundry, transportation to doctor visits and shopping, refrigerator and microwave.	2009
20	Serenity Manor at Spring Creek 4305 W. Washington St. Springfield, IL 62711	217-787-3009 serenityspringcreek.com	60	Independent living	Vicki Chamblin	4	All apartments on first level, pet friendly, interior mail rooms. laundry hook-ups, updated apartments and community spaces, controlled building access, private entrances with patios.	1995
20	Carriage Crossing Senior Living 1121 Community Drive Rochester, IL 62563	217-660-8872 carriagecrossingsl.com ccrrelations@carragecrossingsl.com	60	Independent and assisted living, memory care, respite care	Jenni Stephens executive director	25	Chef-prepared meals, concierge services from housekeeping and laundry to chauffeur, salon or pharmacy services. Fitness classes.	2021
21	Country Lane Memory Care – Assisted Living 875 Riverton Road Riverton, IL 62561	217-629-4265 CountryLaneMemoryCare.com Cari@countrylanememorycare.com	50	Assisted living, memory care	Cari Claussen	32	Memory care with 24-hour licensed nursing and medication management. Staff trained for Alzheimer's disease and dementia. Private and semi-private rooms. Three meals a day, daily house-keeping and laundry and individualized activities. Theater room, lounge areas, dining and activity room, beauty shop, courtyard with country views.	2016
21	The Villas of Holly Brook 825 E. Walnut St. Chatham, IL 62629	217-483-4655 meridiansenior.com vcha.ed@meridiansenior.com	50	Independent and assisted living	TBD	DND	Three meals a day, transportation, activities, weekly laundry and housekeeping, assistance with ADL's, medication management, pet friendly, spacious apartments, movie theater, indoor fish pond, game room, all-inclusive care.	2012
21	Centennial Pointe and The Arbors of Centennial Pointe 3440 Hedley Road Springfield, IL 62711	217-546-9301 americareusa.net centennial@americareusa.net	50	Assisted living, senior day program, respite, memory care	Rita Henson executive director	35	24/7 nursing on site, daily social enrichment programs, restaurant-style dining, beauty/barber shop, exercise area including outdoor walking path and garden, pets welcome. Controlled Multi-Sensory Environment (MSE).	2015
21	Villas of South Park 1000 S. Main St. Chatham, IL 62629	217-697-5415 villasofhollybrook.com/chatham-il- assisted-living/ chatham_director@villasofhollybrook.com	50	Independent, assisted, intermediate, respite	Paige Wernsing executive director	25	Fishing pond, scheduled activities, two court yards with a garden and fireplace, ice cream, cappuccino and juice machine, onsite therapy, salon, jetted bath tub in spa room, exercise room, three daily meals plus snacks.	2015
22	River Birch Living 4012 Cockrell Lane Springfield, IL 62711	217-547-0400 riverbirchliving.org rbladmissions@chliving.org	42	Assisted living, memory care	TBD	40	Memory care with Pathway Memory Support Programming 24 hours. Assisted living nurses on site 24 hours, medication dispensing, home-cooked meals, person-centered care, on-site salon and stylist, linen and laundry services, housekeeping services, quiet and beautiful location.	DND
23	Rochester Estates Senior Living 4817 N. Oak Hill Road Rochester, IL 62563	217-498-6959 sinceriseniorlving.com rochesterestatesadmin@sinceriseniorliving.com	37	Independent and assisted living	Denny Chapin	35	Private apartments, assistance with bathing, dressing, grooming, medication reminders and supervision, three meals a day and two snacks, weekly housekeeping and laundry, transportation to and from medical appointments, fun activities throughout the day, exercise class and trips out to restaurants and shopping.	2006



Brightening spirits.

Experience a program for those touched by loss for renewing your spirit and rediscovering hope.

Please plan to attend the annual Holiday Help® program. Grief specialist Bill McKenzie, MA, LCPC, will present practical ways to help you cope during the holidays and other significant days.

A candle-lighting ceremony will provide comfort to warmly remember and honor your loved one.

If you or a household member have COVID symptoms, please refrain from attending.

SUNDAY, NOV. 6 2:00 - 3:00 P.M.

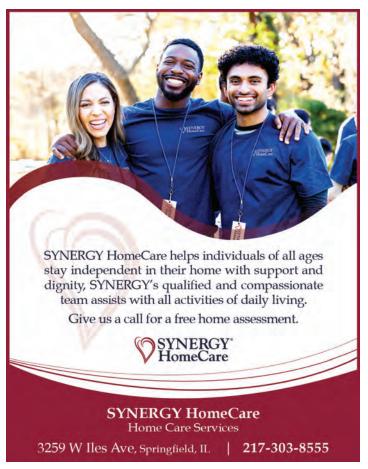
Prairie View Reception Center 8865 State Rt. 4, Chatham

Open to the public No cost or obligation

217.544.4646



Butler Funeral Homes & Cremation Tribute Center Boardman-Smith Funeral Home Lincoln Land Cremation Society Roselawn Memorial Park





Senior-care facilities prepare for the baby boomers

Staffing struggles have increased since COVID began

By Holly A. Whisler

America is facing a rapidly aging demographic as 10,000 baby boomers will hit retirement age each day between now and 2030, as reported by SeniorLiving.org, a resource of information for seniors.

It's safe to assume that most boomers want to age in place, but that's not always possible. In fact, someone turning 65 today has almost a 70% chance of needing some type of long-term care services and supports in their remaining years, according to LongTermCare.gov. Unfortunately, "there's a shortage of nursing home beds for the elderly in America due to a severe staffing crisis that has caused long-term care facilities to cut back on new admissions," according to a recent article in *U.S. News & World Report*.

Registered nurses and certified nursing assistants are the backbone of senior-care facilities; sadly, many left their jobs following the stress of the pandemic and fewer are applying to fill those open positions. Facilities nationwide are relying on staffing agencies to augment staffing shortages, but this comes at a high price and is not a sustainable solution. Are Springfield area senior-care facilities feeling the same pinch that facilities nationwide are experiencing?

Jennifer Heaton Buhlig, director of sales and marketing for Springfield Supportive Living, said, "We have done really well as far as retaining staffing levels. We saw a shortage coming early, and we initiated a program to maintain our existing staff. The program is called Our Staff Rocks, and it's about giving extra recognition to staff along with weekly gifts and extra treats in the break room." Buhlig said, "We started this effort in late 2020 and carried it into 2021. We believe it helped keep staff." Buhlig added that it wasn't the program alone that helped retain staff, but "a great owner who cares about our staff and who will go the extra mile. It's also important to note that we are paid appropriate wages for the work we do."

Another optimistic report came from the executive director of Cedarhurst of Springfield, Victoria Templeton. "Our Springfield community is not experiencing a staffing shortage, and this was accomplished by focusing our efforts on improving and maintaining a healthy work environment, offering our employees meaningful



Springfield Supportive Living initiated a program called Our Staff Rocks in late 2020 to give extra recognition to staff, along with weekly gifts. Jennifer Heaton Buhlig, director of sales and marketing, said it has helped the company retain staff. PHOTO BY STACIE LEWIS

benefits and dedicating one person to be in charge of hiring. Prior to this time, we were relying on agency staffing."

Templeton believes her leadership style lends itself to retaining staff. She said, "I have an open-door policy, and staff know they can come to me if they need something. They are very loyal, and offering yourself up to be available to share the workload, share a laugh and assure them that there are no stupid questions, develops that loyalty." Templeton began her career at Cedarhurst as a CNA and she will work beside her staff when an extra hand is needed. "They know we are all in this in together, and we also make an effort to do fun things like trivia games and whatever can give them a laugh."

The situation is a little different at Lewis Memorial Christian Village and River Birch Living, according to Jennifer Knecht, chief sales and marketing officer at Christian Horizons Senior Living, the parent company of the two senior care facilities.

Knecht said, "Last fall, we were feeling the pressure of the labor shortage and knew we had to make swift decisions. Unfortunately, we had to close some neighborhoods, including some at Lewis Memorial." She said the pressure started to lift this spring and management put their focus on ways to support associates and retain staff.

Knecht explained, "The associates' experience is very important to us. We want them to have a positive experience while working in these communities."

The executive directors of both facilities wanted to know what their associates had to say, so they implemented surveys that allow staff to express their needs. Survey results give management a more accurate picture of what is working well and what needs to be improved to ensure that associates are happy with their work environment. Knecht said they value their associates and want to "work alongside them to craft the best experience possible."

Templeton noted, "What we're seeing is a result of COVID, and some companies are desperate for employees and relying on agency workers" to fill in the gaps.

Knecht agreed, "We are coming out of the ripple effects of COVID, and it has been tough. The staff who have stayed in senior living have endured with amazing resilience. They have a caring heart for seniors."

Retaining staff by investing in their job satisfaction seems to be a major key to building a strong foundation of professionals to care for the aging baby boomers. Knecht said, "We've learned, and we are preparing for the future."





A COMMUNITY OF CARING



SCAN FOR OPEN CAREERS

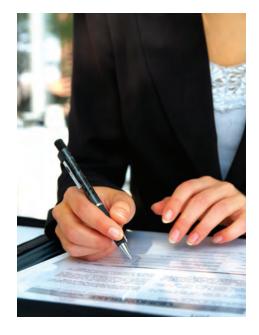
WWW.SPRINGFIELDCLINIC.COM/CAREERS

Power of attorney alternative

By Sarah Delano Pavlik

I advise all of my estate-planning clients to have powers of attorney – both financial and medical. If you become incompetent, either temporarily or permanently, someone will need to make financial and medical decisions for you. Even if you are competent, they can be useful to allow family members to access information or handle routine transactions. (Recently, I have been preparing many powers of attorney for kids heading off to college to allow their parents to speak to college administrators or physicians, for example, on behalf of their children.)

Let's assume Jane's father is getting older and needs some help. Dad could sign a power of attorney naming Jane as his agent. As dad's agent, Jane would have authority to pay his bills. Financial institutions would also be authorized to speak to her if she needed to get information for dad. In addition, unless the power of attorney specifies otherwise, Jane will be authorized to handle most transactions, including those regarding real estate; financial institutions; stocks and bonds; tangible personal property; safe deposit boxes; insurance and annuities; retirement plans; social security, employment and military service benefits; taxes; claims and litigation; commodities and options; business operations; borrowing and estates. (Note: Even if the power of attorney purports to give Jane the power to handle social security matters and tax matters, the federal government is not obligated to honor a state law power of attorney. Each of these government branches requires its own



form for a person to serve as agent.)

There are, of course, many people who could use assistance for reasons other than aging or convenience, such as people with disabilities. They want to make their own decisions, but could use advice and input from a trusted friend or family member. If you have ever tried to help someone by speaking to a bank or doctor's office for them, you know no one is allowed to speak to you.

In response to this situation, in February, Illinois joined several other states in passing the "Supported Decision-Making Agreement Act."The Act creates a new document that can be used by persons with "intellectual or developmental disabilities."

The Supported Decision-Making Agreement (SDMA) provides:

My supporter is now allowed to make decision for me. To help me with my decision, my supporter may:

- (1) help me access, collect or obtain information that is relevant to a decision, including medical, psychological, financial, educational, housing and treatment records;
- (2) help me understand my options so that I can make an informed decision; and
- (3) help me communicate my decision to appropriate persons.

"Intellectual disabilities" is not defined in the Act, but could include early dementia, Alzheimer's or other illnesses that affect cognitive ability. Therefore, SDMAs can be an alternative to a power of attorney for the elderly. For example, if your father has a caregiver who takes him the doctor or the bank, the SDMA can allow the caregiver to receive information but not allow him/her to make decisions. This would allow your father to receive help without the risk of theft that can happen with a power of attorney. However, the SDMA will not be useful if your father becomes incapacitated. For that reason, he should also have financial and health care powers of attorney, presumably naming someone other than his caregiver. SBJ

This article is for informational and educational purposes only and does not constitute legal advice.







OPEN HOUSE

Every Wednesday 5-8pm

Weddings –Receptions – Large Corporate Events

Paul's Paradise







Text 217-971-7876 For Venue Pricing

12430 State Route 125 Pleasant Plains, IL 62677 Located @ Paul Tree Farms



MEDICAL NEWS

BRANDT commits \$1 million to hospital foundation

Members of the Brandt family – founders of BRANDT, Inc., in Springfield – pledged to reach a \$1 million milestone in donations to the Springfield Memorial Foundation. The commitment will establish an endowment through the Springfield Memorial Foundation to provide health care career education grants to support the future development of the local health care workforce.

"This commitment today by the Brandt family has the potential to touch thousands of lives across central Illinois," said Ed Curtis, president and CEO, Memorial Health.

The announcement was delivered by Rick Brandt, president and CEO of BRANDT, Inc., and Evelyn Brandt Thomas, who co-founded BRANDT, Inc., with her late brother, Glen Brandt. Glen Brandt died in June 2020. He was 94.

"Memorial Health has always provided the people of Springfield, including my brother, Glen, with remarkable care," said Brandt Thomas. "Our gift is intended to give back to the people who have given so much to us and to the community we love."

Health care career education grants provided through The BRANDT Endowment Fund will help create a pipeline of professional clinical and nonclinical employees, ensuring Memorial Health has the workforce needed to continue providing necessary patient care.

"I believe the single biggest challenge facing our health care system is a lack of qualified providers coming into the system," said Rick Brandt. "The BRANDT Endowment will help alleviate that shortage here in Springfield. I'm proud we're able to make this gift to Springfield Memorial Foundation."



Left to right: Ed Curtis, president and CEO, Memorial Health; Kristie Brandt, BRANDT, Inc.; Sierra Brandt, owner, BRANDT, Inc.; Evelyn Brandt Thomas, co-founder and owner, BRANDT, Inc.; Rick Brandt, president and CEO, BRANDT, Inc.; and Melissa Hansen-Schmadeke, executive director, Springfield Memorial Foundation; pose with a giant check representing a commitment by the Brandt family to reach a \$1 million milestone in donations to the Springfield Memorial Foundation. PHOTO BY KARA SLATING/MEMORIAL HEALTH

The Brandt family and BRANDT, Inc., have long supported the mission of Memorial Health. In 2018, The BRANDT Foundation, the company's philanthropic arm, donated \$30,675 to Springfield Memorial Foundation.

"The Brandt family's support ensures we can assist current and future healthcare workers for generations," said Melissa Hansen-Schmadeke, executive director, Springfield Memorial Foundation. "Our mission to improve lives and build stronger communities through better health can only be achieved by the continuous development of a skilled workforce. Gifts like this one benefit our local health system for years to come, and contribute

to the family's legacy as active and generous leaders in our community."

Brandt Thomas, who has supported Springfield Memorial Foundation as a private donor for more than three decades, celebrated her 99th birthday in August. She has expressed a desire to see her family's philanthropic intentions come to fruition in her lifetime.

"She has truly made her mark on this community," said Curtis. "In Springfield and beyond, Evelyn is known for her volunteerism and commitment to make central Illinois a better place through her support of education, the arts, entrepreneurship initiatives and, of course, health care."





Paul Tree Farms 12430 State Route 125 Pleasant Plains, IL 62677 217-971-7876

Friday 9 AM to 5 PM Saturday 9 AM to 3 PM Sunday 9 AM to 5 PM



We deliver, install, mulch, inject and warranty our trees.

Come Take a Tour!



King's Daughters Organization: A legacy of giving

By Janet Seitz

The stately Italianate mansion at 541 Black Ave. in Springfield houses a history of giving that goes back to the 1800s. Once the residence of Charles R. and Caroline "Carrie" Post, the King's Daughters of Sangamon County began housing elderly women in the mansion in 1895. Each woman had a circle of care made up of area church women. After a fire nearly destroyed the structure in 1902 and residents had to be moved to temporary quarters, former home owner C.W. Post provided funds for repairs and an endowment. This gift would later lead to naming the building The Carrie Post King's Daughters Home for Women.

Throughout the years, the nonprofit provided quality, affordable living for residents with the circles contributing money, service and attention to the residents and the home. As expenses rose, occupancy declined, and competition from modern retirement facilities increased, the board found it challenging to continue to pull funds from the endowment to support the home.

These factors forced the organization to sell the house to keep the organization alive. "After 111 years of ownership," said Kim Cochran, KDO's 46th president and member for 10 years, "King's Daughters sold the home to Springfield College/Benedictine University, fittingly for a women's residence hall" in May 2006. Residents were transitioned to the Illinois Presbyterian Home - Fair Hills Residence. The sale led to the discussion of what to do with the proceeds and endowment, which resulted in the formation of King's Daughters Organization (KDO). "Our mission was changed to 'Our Circles of Friendship are committed to the support and well-being of seniors in our community," said Cochran.

As the members of KDO decided to continue their tradition of serving seniors, they chose to charitably aide seniors in the community through volunteering efforts, grants and donations. Currently the nine Circles of Friendship provide monthly entertainment, personal shopping and holiday parties with prizes and gifts for all residents at Illinois Presbyterian Home. They also assist with deliveries for the Daily Bread Program and Meals on Wheels. And for veterans flying on the Land of Lincoln Honor Flight, they write letters for "mail call," and greet the men when they return to the airport following their trip to Washington.

KDO made its first community donation to Senior Services of Central Illinois in May 2007. However, the organization decided to take advantage of the knowledge and expertise of



Eve Fischberg, founder of The Joy of Movement, accepts a grant check from Sandy Belatti with King's Daughters Organization and Stacy Reed of the Community Foundation for the Land of Lincoln. PHOTO COURTESY KDO

the Community Foundation for the Land of Lincoln and have CFLL take on the financial administration.

On June 6, 2007, exactly 114 years to the day of its incorporation, King's Daughters established the King's Daughters Organization Fund. "The goal of the endowment fund is to grow net assets in order to provide more grant dollars to the community over the long term – in perpetuity," Cochran said.

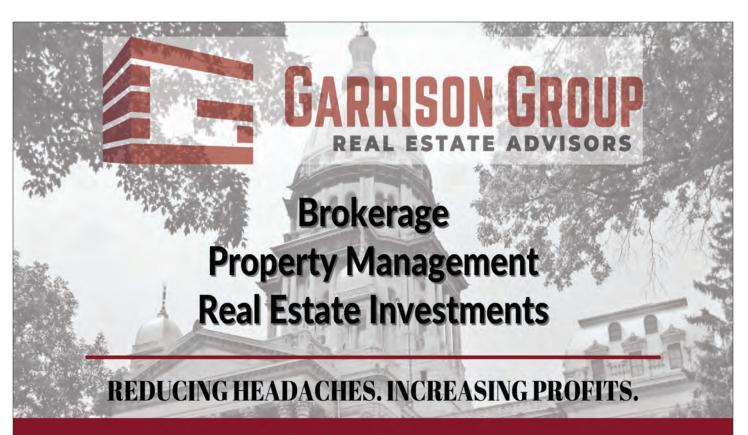
Local 501(c)(3) organizations that provide programs to seniors may complete a letter of inquiry to apply for support from the KDO Fund. The process starts in January of each year with a grant request ranging between \$2,500 and \$25,000. The purpose and goals of the KDO Fund are to provide financial support for programs and services of charitable organizations that enhance the quality of life and address unmet needs for older residents of Sangamon County.

Last May, KDO awarded \$185,000 in 18 grants to 15 nonprofit organizations throughout Sangamon County, funding 100% of each organization's request — a first. Among those recipients were Senior Services of Central Illinois, Springfield Housing Authority, Habitat for Humanity of Sangamon County and others. "We have witnessed tears of joy and relief by providing funding to some of our most vulnerable population," Cochran said.

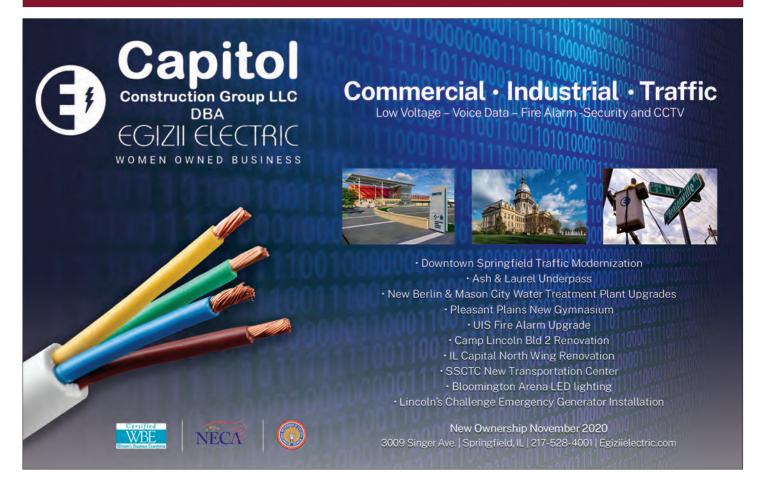
"Because of KDO," said Habitat for Humanity's executive director, Colleen Stone, who is also a six-year KDO board member, "we are able to build and install up to 15 ADA-compliant ramps for families with limited resources. Over the past years we have built, through the generosity of volunteers, 64 ramps to date. Each ramp represents a person who can live life to the fullest of their ability and have the dignity of aging in place. One story that's been a lasting memory for me is of a 95-year-old woman who lived on her own and was having trouble using the stairs to exit her home. After the KDO-sponsored ramp was built by Habitat volunteers, she could finally get out to see her hair stylist and feel beautiful again."

"Our goal is to make the community and charitable organizations aware of what we have to offer, not only through grants and donations, but through our volunteer activities as well," said Cochran. Fundraisers, such as the annual Luncheon and Style Show slated for Oct. 10, help raise funds to assist with grants. "These events rely on sponsorships and donations from the public. All proceeds go to our donor-advised funds to serve seniors."

Janet Seitz is a local communications professional, writer and artist. To share your story, contact her at janetseitz1@gmail.com.



Call: (217) 241-0202 Website: garrisongroupinc.com



How to make yourself indispensable

By Kelly Gust

With economic uncertainty on the rise, unfortunately, some employers are starting to play defense; reducing headcount in their organizations through layoffs and downsizing. According to Crunchbase.com, a platform for gaining business information, such companies as Snap Inc., Bed Bath & Beyond, The Predictive Index, Groupon, Wayfair Inc. and others made headlines in the past month for reducing headcount by as many as 39,000 total jobs.

I was laid off in 2008 from a large, global hotel chain. When I look back on it, the signs were all there: an economic recession causing a downturn in business results, a new CEO and a new head of human resources, forming the perfect storm for reducing corporate headcount. Layoff anxiety is a real thing, and unfortunately can have the unintended consequence of contributing to a self-fulfilling prophecy. By cutting back your efforts out of fear (please don't make me say "quiet quitting"), you could become a target if times get tough.

So how do you make yourself more valuable at work? By working smart, thinking ahead and maintaining a good attitude, you can keep your career moving forward and (hopefully) avoid being considered for job elimination if your organization goes down that path.

Before we dive in, I'll state that one doesn't necessarily need to work longer hours to become more valuable; work-life balance is the sign of a healthy work relationship. Further, I'll also state that layoffs aren't just for front-line employees. Plenty of folks in the management ranks are often impacted when an organization turns to downsizing as a way to solve problems.

With that in mind, here are my tips for increasing your chances of being viewed as indispensable at work:

- Own it. Take full responsibility for your job performance. When problems arise, suggest solutions. When you run out of work, suggest new projects or tasks that could be completed. If you're struggling to meet your goals, take initiative for additional training or mentoring. Don't wait to be told what to do. Waiting to be told represents the absolute lowest level of initiative.
- Go above and beyond. Think about the hats that your boss wears. Are there responsibilities you could offer to learn? Can you think ahead about what might need to be done next week, next month or next year? Can you provide a little better service to your customers or co-workers? A good friend of mine from New Orleans calls this lagniappe, which means a little something extra. What can you do to stand out as a little more special than your peers?
- Keep your cool when the heat is on. Working well under pressure is a great way to build trust within your organization. Keep a positive attitude and focus on solutions, not problems. Someone who takes action to solve problems is much more valuable than someone who complains about problems or escalates problems when they arise.
- Be a team player. It's unlikely that the employee most willing to pitch in and say yes when new projects, situations or opportunities arise is someone the organization

- would want to dispense with. Saying yes to new opportunities, in the short-term, may seem like more work for less money, but ultimately is a good way to open new doors in your career. Raise your hand when the boss asks for help and you're more likely to find yourself as an essential member of the team.
- Be replaceable. Wait isn't this article about being irreplaceable? Yes, but putting yourself in a position where you're training and teaching others means that you are free to step up and take on new responsibilities. Time and time again, I've seen people hoard information or job duties, which creates a toxic environment and a risk for the employer. By being someone who will teach and share, you're demonstrating essential skills of leadership.

I know, I know. This seems like a lot of happy talk. While it's true there is nothing I can say that will guarantee downsizing won't impact you, the tips above will set you up for success, whether in your current position or a future move. And if you're even the slightest bit afraid of getting taken advantage of by your employer, stay tuned for next month's article, "How to ask for a raise."







Hillier Records Management

For organized data management storage.



Hillier Records Management

The Hillier Advantage Includes:

Secure Off-Site Records Storage | Computerized Tracking System
Daily Magnetic Media Exchange | Retrieval & Re-file
Climate Controlled Facility | Regular - Rush Emergency Services
24 Hour Service | Pick-up & Delivery

2728 S. 11th Street * Springfield, IL 62703 A Division of Hillier Storage & Moving Co.

217-525-8550



447 North Walnut Street • Springfield, IL 62702



Labor seeks to tighten control over Illinois

By Jim Nowlan

An amendment to the Illinois Constitution sponsored by organized labor is quietly, as if on cat's paws, marching toward enactment at the November election. The amendment would prohibit "right-to-work" legislation, and also give unprecedented power to unions where the authority of the National Labor Relations Act is uncertain, such as with charter schools.

Enactment by three-fifths of those voting on the amendment would send a chilling message to American CEOs, who in CEO Magazine regularly rank Illinois as having among the worst business climates in the nation.

With the recent fall from grace of Democratic powerhouses Illinois House speaker Mike Madigan and Chicago alderman Ed Burke (both of whom await trials on multiple charges of public corruption), organized labor has filled the void, becoming the dominant power within the Democratic Party of Illinois.

Sparked by Operating Engineers 150 and its savvy, longtime powerbroker, Jim Sweeney, labor gets what it wants from the Illinois legislature, which at present has the supermajorities in both chambers necessary to put constitutional amendments on the ballot.

Illinois already has strong collective bargaining powers. For example, the state employees' unions sit, in effect, on both sides of the bargaining table in negotiations with Democratic governors like J. B. Pritzker.

As a result, say my former state agency

director acquaintances, the unions largely run state government day to day, through grievance procedures and hiring restrictions. For example, it is almost impossible for a state agency to hire anyone from the outside, say, a hotshot techie, because the opportunity must first go to a state employee. If no state employee is qualified for the job, no problem, the state will train you. Good luck.

An economist friend of mine who has studied Illinois for decades says the amendment is "a real mess." He worries that almost any labor dispute could become embroiled in litigation, which would often end up before a partisan state high court dominated by Democrats continuously since 1962.

"Right to work" means that workers cannot be forced to join the union that bargains for them. You would think that a strong, benevolent union would have the support of most workers, though maybe not so for corrupt or ineffective unions. Willingness to pay union dues voluntarily should discipline elected union leadership to be good stewards for their workers.

Like all institutions, labor unions can change over time. Labor unions in America have gone through both their idealistic as well as corrupt phases. What if, 20 years from now, organized labor in Illinois became thoroughly corrupt, and used state constitutional protections to run amok? Public policies should be hammered out among the legislators and governor on the basis of current conditions, not enshrined among

fundamental constitutional principles.

In their own propaganda, the unions admit that Illinois job growth has been slower than the national average. Indeed, since 1990, according to a University of Illinois tracking report, the rate of job growth has also been slower than for the rest of the Midwestern states, most of which are right-to-work states.

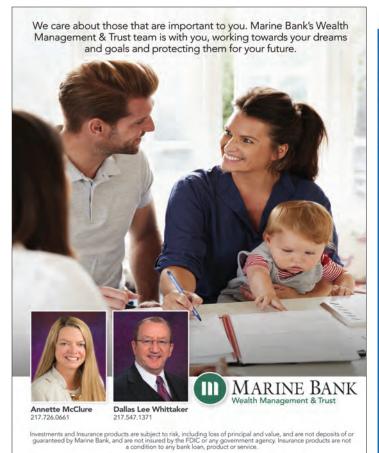
Illinois should be an economic power-house. Jim Schultz, an entrepreneur and former state economic development director, observes that in each of what he calls the six Rs critical to economic development – roads, rails, runways, rivers, routers and research – Illinois is arguably among the top three states. And located smack dab in the middle of the world's largest market. Yet, the state limps along.

Labor has thus far raised \$11 million and counting to promote their amendment, while barely a peep has been heard from the business community; funds raised by business to oppose the measure haven't been enough to register on state election reporting forms.

Governors in other Midwestern states are surely fine-tuning their pitches to CEOs around the world, waiting for the likely enactment of this benign-sounding labor effort: "Avoid Illinois, and come to my state." Alas. SBJ

Jim Nowlan is a retired professor who has worked for three unindicted Illinois governors. He lives in Princeton, Illinois. This op-ed originally appeared in Crain's Chicago Business.







9,000 sq. ft.

- Centrally located
- Off-street parking

FOR SALE

Motivated seller

\$325,000 New price!

900 SPRING ST.

217.899.4888





As one of America's leading providers of recycling and waste services,

Republic Services® delivers simple and reliable solutions for your construction project. With our nationwide presence, a wide range of resources and single point of contact, we offer:

- · A 99.9% pick-up reliability rate
- · Solutions to help you achieve your sustainability goals
- · Online account management through the MY Resource™ app

Please call Jeff Holt today at 217-377-0173



We'll handle it from here."

Changes to downtown traffic coming

Some one-way streets to become two-way by next year

By Dean Olsen

The conversion to mostly one-way streets in downtown Springfield began in the 1950s and continued for 20 years.

But that transportation plan in the present day – promoting rapid travel in and out of downtown amid current efforts to make downtown a more vibrant place to shop, gather and live – is expected to change a bit in late 2023.

That's when two major downtown thoroughfares – Fourth Street from South Grand Avenue to Dodge Street, and Adams Street from Sixth Street to Ninth Street – will permanently change from one-way to two-way.

Converting additional one-way streets to two-way will be considered after railroad traffic is transferred from the Third Street to the 10th Street corridor in late 2025, according to T.J. Heavisides, Springfield's traffic engineer.

The changes will dovetail with a planned computer software upgrade to better coordinate downtown traffic signals so drivers encounter fewer successive red lights, he said.

"It was a good time to do it because we're upgrading the signals," Heavisides said

The entire project will be coordinated by Springfield-based Egizii Electric, which was awarded a \$4.6 million contract by the City Council in August.

Work on improvements for about 70 traffic signals downtown could begin late this year or early in 2023, depending on a delivery schedule for new equipment that sometimes lags because of supply-chain issues related to the COVID-19 pandemic, Heavisides said. The equipment will include some additional traffic signals for handling two-way traffic.

The project will take about a year, and two-way traffic flow will begin after the signal coordination improvements are complete, he said.

The directional conversions were driven by inquiries from the public, including groups representing downtown interests,



T.J. Heavisides, the city's traffic engineer, answered questions from residents about upcoming changes at a Sept. 8 public meeting held at Springfield Art Association. PHOTO BY MICHELLE OWNBEY

Heavisides said. Studies in other parts of the country have found that two-way streets promote economic activity by making businesses "a little more accessible from different areas of town," he said.

"The one-way traffic is good for the efficiency and the flow of traffic in or out, but it has its downsides as far as being able to navigate the downtown, and a lot of people have noticed," Heavisides said.

Having to make additional turns to reach a business is known as "adverse travel," and so businesses like to be based on streets that are easily accessible, he said.

A traffic study conducted for the city by Knight EIA Inc. in the late 2010s recommended converting parts of Fourth,

Adams and Seventh streets to two-way, he said. The Seventh Street option is on hold, and a conversion for part of Washington Street also will be studied in the future, he said

It would be cost-prohibitive to make certain streets that cross the current Third Street tracks two-way because additional mast arms would have to be installed to prevent car-train collisions, he said. Those arms would be needed only until train traffic is rerouted to 10th Street.

Angled parking on the south side of Adams – currently head-in spots on the westbound-only street – would remain. But after the change, eastbound cars would back into a space, Heavisides said.





Tired of purchasing a golf pass and not being able to get a tee time on other courses?

chase our Mega Pass or 9-Hole Combo 'Il always have a course to play on!

- Grab a MEGA PASS! or a 9-Hole Combo!
- Add an UNLIMITED CART INCLUDED OPTION for BOTH!

Pick the pass that is right for YOU. Book your tee times online, with advance tee time options. Discount on hard & soft goods. FREE Custom Club Fitting!

SPRINGFIELDPARKDISTRICTGOLF.ORG





Purchase before Jan 1 and receive 5% OFF

> Save at local courses with our Central IL Reciprocal Golf Program

CALL NOW 217-786-4111

Traffic signal coordination downtown has deteriorated in recent years because the computer software controlling the system stopped functioning, and fixes no longer are available because of the software's age, he said.

Drivers especially notice this problem on one-way streets such as Lawrence Avenue and Cook Street, he said.

"You're used to coming and getting the green lights in succession, when all of a sudden you notice you may get stopped at one of those lights, and you look and see all of the other lights are green, but this one's not," he said.

City employees can and do make manual, temporary fixes in the signals' internal clocks. "But without having an automated system, the efficiency really lags," Heavisides said.

On-street parking on the east side of Fourth Street, between Union and Dodge streets in the Enos Park neighborhood, will be prohibited after Fourth Street becomes two-way. That's because the street on that block is too narrow to safely accommodate traffic after the road is striped, he said.

Plans call for Fourth Street eventually to become two-way from Dodge north to North Grand Avenue sometime after the Third Street rail line crossing Fourth just north of Dodge is removed.

Decisions haven't been made on whether parking on both sides of Fourth north of Dodge will be affected, Heavisides said, noting that Fourth Street north of North Grand Avenue is a two-way street.

A few months ago, the city eliminated parking on both sides of Fourth between Carpenter and Union after patrons of the downtown YMCA voiced concerns about pedestrian visibility when crossing Fourth Street to reach the Y's satellite parking lot. The elimination of parked cars also improved visibility for cars as they exited the Y's main parking lot, Heavisides said.

The city previously planned to eventually eliminate parking on that segment of Fourth Street when separate turn lanes are installed as part of the conversion to two-way traffic, he said.

Betsy Dollar, executive director of the Springfield Art Association, 700 N. Fourth, said she didn't think Fourth Street needed to be made two-way north of Carpenter.

The elimination of parking on the east side of Fourth, in front of the association's building, will create a shortage of close parking spaces for patrons attending major events at the center, she said.

"Everyone's going to have to be retrained," she said. "There will be an adjustment period."

Ward 5 Ald. Lakeisha Purchase, who was appointed to the council in September 2021 to fill a vacancy, said her goal has been to educate neighborhood residents on the traffic changes that are coming.

"People do not adapt to change right away," she said. [58]

Dean Olsen is a senior staff writer for Illinois Times. He can be reached at dolsen@ illinoistimes.com, 217-679-7810 or twitter. com/DeanOlsenIT.

Morgan Stanley



(L to R): Larry Hardy - Vice President, Financial Advisor, Michael Witsman- Financial Advisor, Nancy Klay- Senior Registered Associate, Kip Leverton- Associate Vice President, Financial Advisor, Chad Golembeck- Vice President, Financial Advisor

Experience, intellectual capital and dedicated personal service to help you meet your life goals.

The Mid-Illinois Group at Morgan Stanley

3201 West White Oaks Drive Suite 201 | Springfield, IL 62704 | 217-547-2900 | https://advisor.morganstanley.com/mid-illinois-group Morgan Stanley Smith Barney LLC. Member SIPC. CRC4953867 9/22



\$11,592 refund* for your small business health plan?

Quality health benefits. Exemption from many state premium taxes. And surplus refund* potential, too. See if a UnitedHealthcare Level Funded health plan is a better fit for your Illinois small business.

Learn more at uhc.com/surplussavings



United Healthcare

Among the 40.8% of UnitedHealthcare Level Funded plan sponsors in Illinois who received a refund in 2021, the average refund was \$11,592. UnitedHealthcare internal analysis, Jan. 1, 2021 through Dec. 31, 2021. Please consult a tax and/or legal advisor to determine if, by receiving this refund, there are any restrictions or obligations. Surplus refund available only where allowed by law.

Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthCare Service LLC in NY, Stop-loss insurance is underwritten by All Savers Insurance Company (except CA, MA, MN, NJ and NY), UnitedHealthCare Insurance Company in MA and MN, UnitedHealthCare Life Insurance Company in NJ, UnitedHealthCare Insurance Company of New York in NY, and All Savers Life Insurance Company of California in CA.

B2B El221671599.0 7/22 © 2022 United HealthCare Services, Inc. All Rights Reserved. 22-1671389-A

In our 100th year of serving the community we are asking 96W to



BETHEONE ... to make a difference BETHEONE ... to transform a life

Donate, volunteer, and BE THE ONE at SpringfieldUnitedWay.org



WE KNOW YOU

At LLCU, our team of mortgage loan officers are dedicated to finding the best mortgage option for you!

Rural Development Mortgages, Construction Loans, FHA & VA Mortgages, Conventional Mortgages, Mortgage Refinancing

Get a FREE Quotel.



Jeff Drake Mortgage Loan Manager 217.254.2507 Mattoon Region NMLS #1110123



Lisa Wilson Mortgage Loan Officer 217.917-5716 Effingham Region NMLS #1809787



Tricia Kramer Mortgage Loan Officer 618.267.0683 Vandalia Region NMLS #583883



Cyndi Kosentski Senior Mortgage Loan Officer 217.615.3508 Decatur Region NMLS #430461



LLCU.ORG 844.222.7788

Other qualifications may apply. Subject to credit approval. Rates and terms subject to change without notice. Membership required.



WOMAN'S EVENT CALENDAR

Join AWC Springfield for an engaging presentation by Bonni Burns, BAM Marketing Agency founder and CEO, on the "Red Shiny Ball" – a common mistake companies make when approaching marketing. Businesses can spend a lot of money creating something and then have no money left to show the world what they've created. Burns will explain how a strategic marketing plan is the most important tool a business needs for budget efficiency and brand consistency.

The program will be held on Thursday, Oct. 13, at the Sangamo Club with networking from 11:30-12 and the lunch and program from 12-1 p.m. The fee is \$15 for members or \$20 for non-members. Register by 5 p.m. on Oct. 10.

Sponsored by



The Capital Mortgage Team

at Home Town Lenders





Food and Drink | For advertising information call 217-726-6600





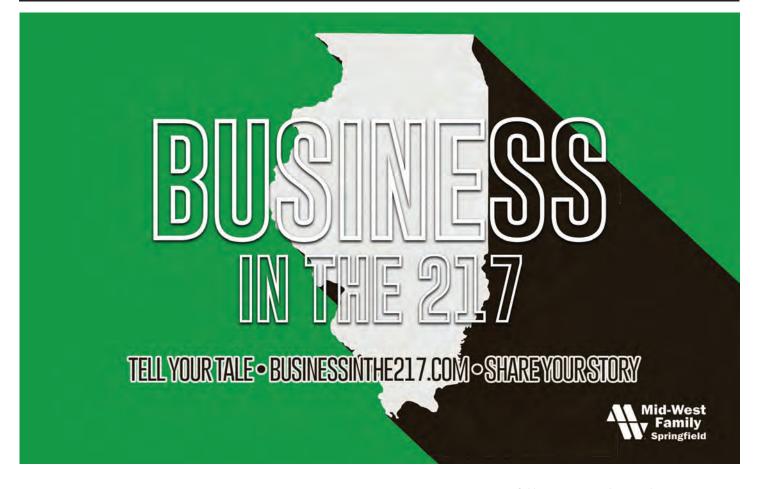


Locally Owned

Pick up • Delivery Indoor Dining 217-492-8800 661 W. Stanford • Spfld

Sunday & Monday Closed . Tuesday-Saturday: Kitchen is open 11am-9pm







By Thomas Pavlik

I've been seeing lots of chatter on social media about Dolphin Chicken, Fish and Grill, and hearing some of my friends make favorable comments about it. So, I figured it was time to give Dolphin a shot.

First thing to know is that Dolphin is drive-thru and take-out only. Second thing is that they have no website or Facebook page that I could locate. I'm glad I asked around and discovered there was no inside dining, as I would have had to face the ignominy of another logistically flawed lunch review.

Dolphin is located near the intersection of Fourth Street and North Grand, in what used to be a Domino's Pizza. The drive-thru seemed to be more popular than carry-out the day I visited.

Even without a website or social media presence, it didn't take much work to find Dolphin's menu online. And, true to its name, most of Dolphin's offerings were seafood, chicken and traditional grill items. However, there were some curveballs – like the gyro sandwich (\$7.99), Philly sandwiches

(\$7.99 - \$10.99) and loaded baked potatoes (choice of chicken, beef, gyro, shrimp or bacon, \$10.99 - \$14.99).

One of my favorite items was the combo plate, which consisted of a choice of two of the following: three wings, six regular shrimp, chicken gizzards, one jack, catfish nuggets, one catfish fillet, tilapia, three jumbo shrimp, two chicken tenders and chicken livers served with a choice of fries or slaw for \$10.99. I was also intrigued by the lunch specials: a choice of two burgers

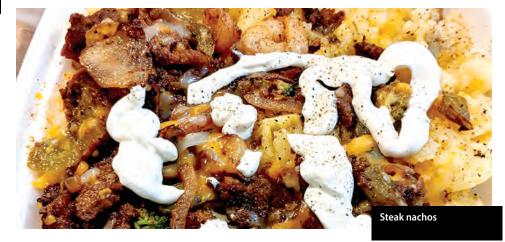


Top: Super Philly Mix Sandwich with fries

or sandwiches (that's right, not just one, but two), plus fries or slaw for \$15.99. There are also options for family-style bulk ordering all the way up to 100 pieces of Chicago-style chicken for \$119.99. Suffice it to say, nobody is going to go hungry eating here.

Since we were ordering take-out, I decided to get lunch for some of our office assistants. Our first order was the bacon cheeseburger (\$6.99), plus fries (\$2.49). She reported that the burger had a foil wrap to maintain its warmth in transport and that the fries were thick-cut steak fries that may have been a little undercooked, a verdict I shared. The burger looked like it would have been enough itself, as it was a rather large patty and bun, loaded with tomatoes, grilled onions, thick-cut bacon strips and cheese to top it off. She finished her report by advising that the flavors of the bacon, onions, burger and cheese paired well together with the salty (though not too salty) steak fries. Our second order was for 10 regular shrimp that came with fries (\$9.99). Her tasting notes were:

- There were lots of fries, and they held up pretty well for take-out;
- Although they were regular and not jumbo shrimp, they were still well-sized;
- The shrimp had a nice thin, even coat of breading/batter, not too much, and it was still crispy. You could taste the shrimp. The



breading had some nice seasoning to it so it was not bland, and the shrimp were wellcooked, not overdone or chewy.

She did not come close to finishing the

Our third order was for a grilled chicken sandwich (5.99). Reports from the field were that it was generously sized, came with fresh tomatoes, lettuce and onion and was nice and juicy.

Our last order was mine, and it was for the two-piece perch dinner with fries (\$8.99). I grew up on real lake walleye (not the stuff generally served around here as walleye) and lake perch. But it was always the perch that I loved – mild tasting, but a bit sweet, with a firm but flaky texture that rarely, if ever, leaves a fishy aftertaste. Dolphin's version brought me back to my

childhood. The fillets looked and tasted like they had been breaded in a combination of flour and crushed crackers that was nicely seasoned, but not so much that it overpowered the fish. I appreciated that the fish had not been overcooked and was not greasy at all. Whoever Dolphin had working the fryer that day deserves a raise. Except the fries were limp and underdone - my fault for not ordering them crispy.

Dolphin might not be something you want to eat every day. But when you do have the urge for some fried chicken, fish or shrimp, make sure to give Dolphin a try. SBJ

Address: 409 North Grand Avenue, Springfield Phone: 217-670-1752 Hours: Sunday - Thursday, 10 a.m. to 2 a.m.; Friday and Saturday, 10 a.m. to 4 a.m.

New businesses

Sangamon County new business registrations, August 16 – September 15, 2022

Rahman Rental Property, 3315 Mackinaw Lane. 652-2874. M. Adil Rahman.

Springfield Stretching and Massage, 1535 S. MacArthur Blvd. 685-8381. Makayla Bertrand.

Chatham Braves Baseball, 6504 Carlisle Bend. 251-7431. Joe Brummel.

Executive Real Estate, LLC, 6501 Winterberry Lane. 801-6129. Anthony Finfrock, Jacob Roof.

Jose Hernandez Photography, the Cosplay Photographer, 3309 Robbins Road, #957. 250-0302. Jose Antonio Hernandez.

SND Machining, 303 Simpson St., Mechanicsburg. 670-3902. Melissa June Harrison.

217 Notary, 3309 Robbins Eoad, #957. 250-0302. Jose Antonio Hernandez, Caleb Joshua Hicks.

Cooking Pellets of Central Illinois, 6230 Saint Hilaire Road, Rochester. 331-8723. Daniel Smith.

Dazzling Nails and Spa, 325 N. Main St., Chatham. 553-8019. Thuy Diem Hoang.

Midwest Bodywork Company, 2070 W. Monroe St., Suite B. 720-5592. Jacob Spurlock.

Recovery Connections, 500 W. Calhoun St. 622-3712. Sally Jefferson.

McCloughan Contractor, 6062 Old Route 36, Riverton. 638-0592. Christopher McCloughan.

Carmean Consolidated, 11970 Wayside Road, Glenarm. 341-3386. William James Carmean.

Kitsch Salon & Thrift, 941 Clocktower, Suite A. 414-2153. Chanda Carr.

Gay Boy Bundles, 2512 Austin Drive. 381-5810. Kwaint Clark.

Pankey's Custom Screenprinting, 5008 Kinsinger Lane, Pleasant Plains. 971-6014. Larry Pankey, Alice Pankey.

Honest Joe's Home Repair, 3045 Eisenhower Drive, Cantrall. 415-4479. Joe Kink.

KEE Auto Repair, 220 Oakland Road. 816-4248. Cory Lucas Ellis.

Marketplace | For advertising information call 217-726-6600



Putting the great in the great outdoors

4110 Morrisonville Avenue Farmersville, IL 217.227.3256 designer-landscapes.com

Complete Landscape & Lawn Care Provider

- Landscape Design & Installation
- Patios & Walkways
- Retaining Walls
- Water Features
- Concrete Edging
- And More!

217 529 9700 SolutionPrint.com

3135 South 14th St. Springfield, IL

Solution PRINTING

We are the Solution to All Your Printing Needs

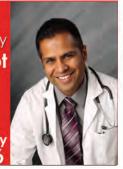




 \mathcal{OM} itchell Photography \$50 Headshot Special



Call To Book Today 217.872.6856





John Lovelass

Managing Broker

O 309 454 4100 C 309 350 9326

2309 E Empire Street Ste. 600

Bloomington, Illinois 61704

See Website for Regional Listings: naicentralillinois.com



BENJAMIN F. EDWARDS & Co. INVESTMENTS for GENERATIONS

David L. Brumme

Financial Advisor Vice President -Investments

Member SIPC

3038 Spring Mill Springfield, IL 62704 Phone 217-441-8490 Toll Free 833-441-8490 Fax 217-441-8491

david.brumme@benjaminfedwards.com



Create connections, show appreciation and send thanks with corporate gifts and branded promotions!



Lisa GoldbergBelle wrapthis.com · 217.698.97<u>2</u>7

Morgan Stanley



Michael Witsman CFP®, ChFC® Portfolio Manager Financial Advisor 3201 White Oaks Drive Springfield, IL 62704 Michael.Witsman@morganstanley.com NMLS# 1828659

© 2022 Morgan Stanley Smith Barney LLC. Member SIPC. CRC 3938502 0V22





YOUR LANDSCAPING HEADQUARTERS!

217 . 525. 3466(DINO) 3600 N. DIRKSEN PARKWAY BEDROCKMATERIALSING.COM



Home of the Mammoth Scoop Equals one cubic yard!

New businesses

Sangamon County new business registrations, August 16 – September 15, 2022

Art Sandwich, 3704 Tyler Court. 899-9417. Lara B. Donovan, Sara Ratcliffe.

Wighty's Apparel Printing, 15 Old State Capitol Plaza. 652-3078. Organic Collection, LLC.

PSC Digital, Inc., 1620 S. Fifth St., Suite A. 523-4632. Steve Wakefield.

Top Notch Pressure Washing, 1804 N. Eighth St. 670-3666. Arriana Elizabeth Hoerbert.

Hamer Time Services, 119 Aspen Drive, Chatham. 414-7785. Sea Moser.

Café Fresca, 320 W. Washington St. 415-97852. Koady R. Hawkins, Kelly Batley.

HAM Link, 606 White Oak Drive, Chatham. 899-9436. Matthew Link.



217-529-9700 3135 S. 14th St. Springfield, IL

Solution PRINTING

Bank on us when it comes to your printing needs!



UCB celebrates
the success of
these businesses
that support
the growth and
development
of our local
economy.



Absolute Concrete

All in One Laundry Center & Services

Capital Elite Athletics

Community Foundation for the Land of Lincoln

District 23 Boutique

Emerson Press

First Electric Motor Shop

Indigo Restaurant

Intertwine Loc Design

Just The Basics Mobile Bar

MBK Construction

Midwest Mission Distribution Center

ICE DEDICATION COMMITMENT LOYALT

ITMENT SERVICE DEDICATION ACHIEVEMENT LO

Music Therapy Connections

Pure Performance Fitness Center

Street Art Customs



217-787-3000 (a) Member FDIC UCBbank.com