





The *Springfield Business Journal* proudly features 40 leaders who are under the age of 40 in the Springfield and neighboring business communities. These individuals are selected based on their contributions to our local business community and the community in which they reside. They represent, in part, the future of business in our community and in central Illinois.

The selectees' career paths, educational background, and community affiliations are varied. They represent the best and brightest from a wide range of occupations. You can expect to hear more from and about these leaders in the years ahead. The program is able to continue due to the commitment of local businesses that realize the importance of acknowledging these up and coming business leaders and supporting community business programs.

Visit springfieldbusinessjournal.com to view selectees from previous years.

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Ketki Arya

Age: 38 Occupation: Real estate agent, boutique owner, stager

Email: karya@thegroup.com Education: Bachelor's degree, social science, Dayalbagh University Family: Sons, Om and Ved Affiliations/community activities: Member of the Rotary Club of Springfield, president of the Indian Association in Springfield. What is your guiding principle in life? When you

become fearless, you become limitless! What would you like your life to look like in five

years? 10? I definitely want to see myself making more money but also be using that money to give back to the community. I want every kid to have a safe place to live and I also want to help people, who have ideas and are hard-working, turn their dreams into small businesses in our community.

What would you like to give back to your community? I believe that we need to give back to the community every single day, in whatever small or big ways we can. I own three businesses and received a lot of support from people, and I would like to do the same for others. I want to do anything and everything to support every woman or man who is hardworking and wants to make something of their life.

What obstacles have you been able to overcome on your career path? In real estate, you deal with all kinds of personalities. Being a woman, it is sometimes very challenging to deal with people. I had to teach myself a lot of patience, get a thick skin and not to get discouraged just because one person was not nice. Every day is a new day which means new issues, new challenges, new people. It keeps me on my toes, for sure. But it is also fun for all those same reasons.

What do you wish your younger self had known when you started on this path? I did not know that what I had started as a job just for fun, would lead into a career I needed in order to support my children after my divorce. I would have worked twice as hard, if I had known. I have no regrets, though. The great thing about life in this country is that it's never too late!



Greg Bishop

Age: 39 Occupation: Talk radio i

Occupation: Talk radio journalist and associate editor, The Center Square/Illinois Radio Network, and host of Springfield's Morning News on 92.7 WMAY Email: bishoponair@gmail.com

Education: Bachelor of Arts, communication, University of Illinois Springfield

Family: Spouse, Meghan Affiliations/community activities: Friends of the Chatham Area Public Library, Sangamon Valley Radio Club, Illinois Legislative Correspondents Association, American Cancer Society ambassador.

What is your guiding principle in life? My desire to seek truth while giving courtesy to all voices in civil

discourse, in addition to a strong and determined work ethic, help guide my daily efforts from sunrise to sunset.

What is your greatest hope for Springfield? Community preservation of history and culture remain paramount. I hope Springfield and the surrounding communities continue to bring all walks of life together to share in community spirit and giving.

What do you wish your younger self had known when you started on this path? There are no stupid questions. Be even more curious and never shy away from asking tough questions. Don't forget to have fun.

What has been your greatest professional achievement to date? Being integral in creating a statewide newswire service that continues to develop into a national operation with growing readership across the state and country while providing a local audience with important information through programs like "The Council Roundup," local newsmaker interviews and highlights of business leaders are some of my most fulfilling accomplishments. Are there any events of the past year that have affected you and how so? Raising thousands of dollars for the American Cancer Society through their October Breast Cancer Awareness campaign showed me the incredible generosity of our community. As Meghan and I shared updates about her continued recovery from a breast cancer diagnosis in the COVID era, we were encouraged by the community's support.





Page 8 • July 2022 • Springfield Business Journal



Thomas Bazan

Age: 39 Occupation: Senior budget analyst, Illinois State Board of Education Email: tombazan@gmail.com

Education: Master of Public Administration degree, University of Southern California

Family: Spouse, Elizabeth Affiliations/community activities: Kiwanis Club of Springfield-Downtown, James Project, Sangamon County Historic Preservation Commission, Young Philanthropists, Cherry Hills Church, Knox College alumni council.

What is your guiding principle in life? We have been blessed to be a blessing to others. Every day I have the option to find ways to use the gifts

and blessings I have been given to encourage others. What is your greatest hope for Springfield? I hope that our community can work

together to effectively use the resources we have, including those in the public, corporate and nonprofit sectors. We can learn from those with different perspectives, interests and short-term goals. When we use what we have collaboratively and efficiently, we can increase community unity and pride, and, because it is thriving, make Springfield a place that more people want to call home.

What would you like your life to look like in five years? Ten? Professionally, I hope that I am working to identify and solve problems, and helping develop and equip others to do the same. In the community, because I love learning about organizations in Springfield, I hope that I am better able to make connections and work alongside problem-solvers to address community needs.

What would you like to give back to your community? Throughout my education and career, I have had people who encouraged me, and I want more people to have that type of support. Sometimes, it is the little things that stick with us, and I have enjoyed being part of projects that seem to be those little things that people can hold on to.

What has been your greatest professional achievement to date? Two things stand out. The first is kicking off the Kiwanis Karts project, which provides mobile resource carts for the medical staff at HSHS St. John's Children's Hospital. Seeing these two organizations work together to help kids in creative ways has been encouraging. The second is the research my capstone team provided on a methodology to quantify the potential impacts of privacy guidelines in the United States. I am still proud of how our team rose to the challenge of learning a field and developing a framework in a short window of time.



William Bishop

Age: 33 Occupation: President and CEO, Solid Ground Solutions, Inc. Email: william@sgs-inc.com

Education: Master's degree, business, Benedictine University

Family: Fiancée, Natavia Wilson and children, William Bishop V and Navi Rose Bishop

Affiliations/community activities: Minority Trades Network, Laborers 477.

What is your guiding principle in life? Believe Strive Achieve (my company motto).

What led you to your current career? I wanted to create 100 jobs to help 100 families.

What is your greatest hope for Springfield? I hope that we can continue to grow and make this city a great place to raise a family.

What would you like to give back to your community? I would like to give back hope. I want the kids and young adults to see that, even though they may be from the east side of town, they can still be successful and make a difference in the community. Are there any events of the past year that have affected you and how so? COVID made me realize that everything we take for granted at times can just disappear overnight, so enjoy all the small things and time you get to spend with family and friends.



Jay Boulanger

Age: 35

Coccupation: Volunteer services coordinator, Springfield Memorial Hospital Email: boulanger.jay@mhsil.com Education: Attended Lincoln Land Community College

Family: Spouse, Michelle and children, Ryleigh, Ellie, Avery and Rosie

Affiliations/community activities: Kiwanis Club of Springfield-Downtown board member, The Salvation Army, United Way ambassador. What is your guiding principle in life? Jeremiah 29:11.

What led you to your current career? I have

always had a passion for helping others and being involved in my community. It began in 2009 when I was working as a special needs aide. After leaving that role, I wanted to find a way to stay connected to young kids with mental disabilities. In 2012, I started the "Toss for Autism" comhole tournament. Over the course of eight years, we were able to raise over \$40,000 for the Jacksonville School District 117 Special Education Department. I was in retail mobility sales for seven years, which allowed me to help build integrated solutions for my customers. In 2018, I transitioned my career into the staffing industry as a recruiter for a locally owned business. That position allowed me to fulfill my passion for helping others succeed. In March of 2020, I was presented with my current role as volunteer services coordinator with Springfield Memorial Hospital, which allows me to oversee all recruitment and onboarding of volunteers.

What would you like to give back to your community? I want to be able to provide a positive influence for the youth in our community. I want children to know their community believes in them and will provide the support needed to thrive.

What is your greatest hope for Springfield? My hope and prayer, now more than ever, is that we can come together to provide a more unified community for all. Being proud of who you are and where you come from is the seed needed to produce growth to make our community better and stronger.

What do you wish your younger self had known when you started on this path? Do not let anyone tell you that you cannot do something you are passionate about. Hard work pays off.



Laura Briggs

Age: 36

Occupation: Founder/CEO, The Freelance Coach and Operation Freelance

Email: authorlaurabriggs@gmail.com

Education: Currently pursuing a doctorate degree in business administration, Franklin University Family: Spouse, John

Affiliations/community activities: Illinois Women in Leadership and Innovate Springfield. What is your guiding principle in life? "Build it bigger than you." When we start businesses or give back to our community, it's important to think about the

legacy we leave behind for others.

What led you to your current career? My husband served in the U.S. Navy for 14 years. Becoming an entrepreneur allowed me to grow a freelance writing and digital marketing strategy career that picked up and came with me as we moved 11 times. Now I get to give back to others by coaching, teaching and even leading a nonprofit that provides free entrepreneurship training to military spouses.

What would you like to give back to your community? Springfield is a vibrant community. I hope to help inspire the next generation of aspiring young business owners here. What obstacles have you been able to overcome on your career path? I left my job as a teacher to pursue freelance writing without any formal training or education in professional writing, so I am entirely self-taught. Military spouses often face unemployment rates as high as 28%, and I knew I needed a career that would give me flexibility, potential for growth and could follow me anywhere. I started my business while working a full-time job and juggled both for 13 months before going out on my own.

What has been your greatest professional achievement to date? Publishing five books and being selected to deliver three TEDx talks has been monumental for allowing me to help others who want to build freelance or remote careers for themselves. It's an honor to be a voice for independent contractors and military spouses.





Nathan Boyle

Age: 33

Occupation: Vice president, chief investment officer and wealth adviser (CFP[®] and MRFC[®]), Peterman Financial Group

Email: nathan@petermanfinancialgroup.com Education: Master's degree, cell and molecular biology, University of Illinois Springfield

Family: Spouse, Hilary and children, Nora and Bennett Affiliations/community activities: Annual Animal Protective League giving tree, donations and involvement; active member of Christ the King Parish; monthly educational radio program, "Money Talk," on channel urrigue local charitable arganizations.

1450 AM Springfield and donations to various local charitable organizations. What is your greatest hope for Springfield? I was born and raised in the Springfield area, so of course it is close to my heart, but I would love to see a more active, involved community, especially with local businesses. I once read that Springfield was one of the top 10 cities nationally that supported chain companies. Can you imagine if that energy was directed locally? I would love to see more diverse, enjoyable cafes, beer gardens, bars, children's activities and restaurants. What would you like your life to look like in five years? Ten? I have always been a big goal person, so I love these questions because I literally have them up on a board in my office that I look at every single day. This is one way I keep focused and motivated! My goal is financial freedom, which to me right now is the ability to make a good living while getting to spend quality time with my family, friends, traveling and being involved with my community.

What obstacles have you been able to overcome on your career path? Well, obviously, by looking at my professional designation, the initial obstacle was trying to really educate myself and learn my new field (in which I had no background) to the extent to best serve my clients, and I took that very seriously. Secondly, one of my greatest obstacles was being a young adviser (I started at age 23), and having the confidence and ability to sit down with experienced investors and show them I can provide value. Luckily, I had an amazing firm, mentor and support system to help me through that.

What is your greatest professional achievement to date? Achieving the Apex Award within my broker dealer, which is the highest production award level available to advisers. Each year, every adviser internationally is listed in their production range, so this was a great honor.



Jared Canterbury

Age: 33

Occupation: Senior financial adviser, Merrill Lynch Email: jared.canterbury@ml.com Education: Bachelor's degree in business administration, University of Southern Indiana

Family: Spouse, Whitney and children, Camden and Olivia

Affiliations/community activities: Menard County Men's Club president, Lake Petersburg Association board member, assistant varsity baseball coach for PORTA/AC Bluejays and basketball and baseball coach for the Petersburg Athletic Association.

What is your guiding principle in life? Be humble.

What led you to your current career? I knew I wanted to help people and be my own boss. After doing research and talking to many different people in the financial services industry I chose to become a licensed financial adviser. The finance industry can be very complex and, right now, people need help navigating their finances. I have since achieved the Certified Financial Planner™ designation which equips me with a breadth of knowledge with which I can better assist my clients.

What is your greatest hope for Springfield? Growing up in Petersburg, Springfield was the "big city" where we came to eat dinner, see movies, go shopping and see the historical sites. Now that I work downtown, I can see and feel the energy every day. The lifeblood of the Springfield community is our young families. Seeing all the growth geared toward families is very encouraging. My hope is we continue to encourage business growth, which provides stable and desired jobs, to make Springfield and our surrounding communities a destination for families.

What would you like your life to look like in five years? Ten? Honestly, I hope it looks a lot like it does now. I would like my marriage to still be incredible and my kids to be kind and healthy. As one of the founding members, I hope the Menard County Men's Club has increased membership and has helped better the community in ways I never imagined. Career-wise, Merrill Lynch equips me to help many families and businesses, so I hope I can stay on the same growth trajectory I am now.

What do you wish your younger self had known when you started on this path? People don't care about how much you know, they want to know how much you care. Don't worry about trying to impress people with your knowledge. Ask good questions, understand their situation and show them that you care. Your knowledge will show itself with your recommendations and advice.



Betsy Butler

Age: 36

Occupation: Senior director, provider recruitment and integration, Springfield Clinic Email: bebutler@SpringfieldClinic.com

Education: Master of Business Administration, Benedictine University

Family: Spouse, Michael and children, Mabry and Rhett

Affiliations/community activities: Association for Advancing Physician and Provider Recruitment, Living Faith Baptist Church.

What is your guiding principle in life? It's simple, be kind to people.

What led you to your current career? For as long as I can remember, I have been fascinated by the field of medicine. It was clear that science was not my strong suit, so I looked for ways to combine my skills with medicine. As I was finishing my undergraduate studies at University of Illinois Springfield, I worked as an intern in public affairs at SIU School of Medicine, which solidified to me that health care was my passion. I began my career with a radiologist group as a marketing coordinator and as I continued learning, evolved into the world of physician and advanced practice provider recruitment.

What do you wish your younger self had known when you started on this path? I wish I had taken to heart earlier the 5x5 rule, which is, "If it's not going to matter in five years, don't spend more than five minutes being upset about it."

What has been your greatest professional achievement to date? The team that I am surrounded by is talented, creative and energetic. I love partnering with them and coaching them to aid in their professional and personal growth. Together, we've been able to bring many talented and much-needed physicians to our community.

What would you like to give back to your community? I hope to be a light, to embrace opportunity when I find it and to leave it a better place.





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Brian Chandler

Age: 35 Occupation: Owner and head coach, Capital City CrossFit

Email: brian@c3crossfit.com

Education: Bachelor of Arts, business administration, Monmouth College

Family: Spouse, Morgan and Melon the dog Affiliations/community activities: Community Foundation for the Land of Lincoln Young Philanthropists, Monmouth College Pipers Club.

What led you to your current career? I began using CrossFit to improve my own personal fitness while in

college per a recommendation from a friend. I gravitated towards the concept and variation that CrossFit provided and was instantly hooked. We did not have a comprehensive strength and conditioning program for the athletes while I played baseball at a Division III school. After experiencing the benefits of CrossFit for myself, I developed a strength and conditioning program using CrossFit methods for my baseball teammates. After working with them and seeing their improvements, I knew I was interested in coaching CrossFit as an occupation.

What would you like to give back to your community? Creating a fun and rewarding experience at Capital City CrossFit is important to me. Enriching our members' lives through social connection and overall wellness is a big goal. Providing people with a place to come and feel good is something I try to give back to my CrossFit community daily. In the larger Springfield community, we put on a large annual fundraiser which provides donations to local organizations. In the past 10 years, we have supported Girls on the Run of Central Illinois, GenH Kids, WILD Canine Rescue, Simmons Cancer Institute, The Outlet, The Student Yoga & Mindfulness Project, Friends of Sangamon County Animal Control, Special Olympics Illinois, and United Cerebral Palsy Land of Lincoln. Last year, we hosted a monthly activity night for the youth at The Outlet. The boys came to us for exercise in the form of games and spent time with the coaches for male mentorship.

What obstacles have you been able to overcome on your career path? Like most small businesses, the global pandemic really shook us. With an unexpected shut down of fitness facilities, we had to quickly improvise to keep our members active and engaged. Through lending out equipment packages, online instructional videos, motivational challenges, etc., we were able to keep our members on track even though we couldn't see them in person. That was a great reminder that we have a strong community of members, for which I am grateful.



Chris Costello Age: 30

Coccupation: Video producer, The Storyteller Studios Email: chris@thestorytellerstudios.com Education: Bachelor of Arts, communication, University of Illinois Springfield

Family: Spouse, Cayti and dogs, Brooks and Bowie and cat, Tux

Affiliations/Community Activities: Volunteer with the Land of Lincoln Honor Flight and Make-a-Wish Foundation.

What led you to your current career? It always seems to surprise people when I say this, but skateboarding.

I started skating when I was around 13 years old and committed my entire young adult life to it. I first picked up a camera because of skateboarding and the rest happened from there. Skateboarding instilled in me a strong do-it-yourself mentality and hooked me into a community of amazingly creative individuals who have all played a part in whatever success I may have.

What do you wish your younger self had known when you started on this path? That no one truly knows what they are doing and you don't have to either. The key, however, is to always try and to always be doing something even if it doesn't feel like the work will directly lead to whatever end goal you have in mind. You have to make a lot of your own opportunities in this industry, and it can be really hard to know what route to take or how to even begin, but there is truly no single right way to make it. The only wrong way is to do nothing. What has been your greatest professional achievement to date? In 2020, I received a Mid-America regional Emmy award for my directorial work on "Face to Face," a short-form, spoken word video poem performed by Dr. Wesley Robinson McNeese. "Face to Face" features Dr. McNeese giving a powerful testimony of what life as a person of color was like in central Illinois during his youth. His performance is cast on the backdrop of the 1908 Springfield Race Riot and the video features Dr. McNeese literally standing inside excavated foundations of homes that were burned down in the riot. "Face to Face" was also awarded a 2020 Communicator Award for Excellence. It was produced through the University of Illinois and funded by the University of Illinois' Presidential Initiative to Celebrate the Impact of the Arts and Humanities and created as a part of The Humanities Innovating New Knowledge (T.H.I.N.K.) Project.



Amanda Compton

Age: 35

Occupation: Business owner, Sangamon Reclaimed Email: amanda@sangamonreclaimed.com Education: Master of Education, information technology, University of Missouri Family: Spouse, Tanner and son, Stetson and stepdaughter Willa

Affiliations/community activities: Springfield Area Home Builders Association, Innovate Springfield, Illinois Local, Illinois Farm Bureau.

What led you to your current career? My family led me to where I am today. My mother is one of the

kindest and hardest-working women I know (closely behind my grandmother). She has served at Springfield Memorial Hospital for many years. My father is an entrepreneur and has instilled that drive in me. He, too, has served not only Springfield but the entire nation through the businesses he has created and grown. I spent 12 years teaching middle school math. I learned hard work, discipline, structure, innovation and creative thinking. About a year ago, I took time off to be with my son. He is the one who pushed me to pursue this business, a business where I can serve my community through product design, job creation and opportunity and one I can navigate while also spending as much time as possible with my children.

What obstacles have you been able to overcome on your career path? A small business is challenging at the best of times. Not only do I own Sangamon Reclaimed with my sister, but I also own a photography business, and my husband owns and runs a business as well. I have brought with me skills I learned in the classroom, but it's been a rather dramatic learning curve. From managing my team to improving processes in the business, acquiring the best technology and updating systems, to cash flow and, of course, woodwork. I guess the biggest obstacle is time – time to do the day-to-day work, grow Sangamon Reclaimed the way we know we can and raise my family alongside my husband, all while finding the time to give back to my community.

What do you wish your younger self had known when you started on this path? I wish my younger self had known it was OK to take the risk. I wish I had stepped out and into my potential far sooner. Yes, it's hard and yes, it takes work, time and energy, but it is so worth it. I hope I can teach my son this early in his life.



Eric Creviston

Age: 39

Occupation: Owner of Springfield, Petersburg and Rochester Monument Companies

Email: spfldmonument@gmail.com Education: Attended Manatee Technical Institute

Affiliations: Petersburg Veterans Memorial Park, Give Kids the World, St. Jude children's Research Hospital, Monument Builders of North America . What is your guiding principle: Give and you shall receive.

What led you to your current career: All of my life, I have taken great pride in helping others. Being able

to start a business in such a niche market and helping a family design a stone to memorialize their loved one is what drives me day in and day out.

What is your greatest hope for Springfield: My hope is that our local leaders continue to see the importance of locally owned businesses and that residents continue to shop local. What would you like your life to look like in five years? My beautiful family healthy and happy, and my business prospering.

What has been your greatest professional achievement to date: I have been afforded the pleasure of assisting so many families over the past four years with choosing the best option to memorialize their loved one. Seeing their expression of gratitude with the end result each and every time is my greatest achievement.

FORTYUNDER 40



CONGRATULATIONS

to our HSHS colleagues on being named to Springfield Business Journal's Forty under 40.





Lauren Kulavic Human Resources Director, HSHS St. John's Hospital and HSHS St. Mary's Hospital



Prashant Jagtap Medical Director, HSHS St. John's Hospital Intensive Care Unit



Stephanie Cullen

Age: 39 Occupation: Creative services manager, SIU Medicine

Email: scullen59@siumed.edu Education: Bachelor of Arts in graphic design, Robert Morris University

Family: Spouse, John and Rusty the dog Affiliations/community activities: Association for Women in Communications, Illinois Local, Innovate Springfield, Rising Tide Society, Lincoln Park Neighborhood Association.

What is your guiding principle in life? Create your own opportunities. You can wait for opportunities or you can go out there and create your own, which is much more empowering.

What led you to your current career? I have always had a passion for art but didn't think it could actually be a career until one of my art instructors in college suggested I take a graphic design course. I fell in love with it and changed my major. I have worked for a local magazine, a local printer and then for the Illinois House of Representatives. With more than a decade of experience in graphic design, I decided that I wanted to work on projects that I had a passion for, and so I left politics and started working as an independent graphic designer. As a freelancer, I worked for many local businesses and organizations, one of which was SIU Medicine. I learned about and admired the SIU vision, better health for all, and realized how rewarding a career in health care could be. When a position in the marketing department opened, I immediately applied.

What would you like to give back to your community? I would like to continue to support small businesses, especially artists and makers. Small and local businesses bring creativity and originality to a city and are the lifeline of every community. When you support small, you help a city to be able to grow from the inside.

What obstacles have you been able to overcome on your career path? Right after high school, my father passed away. He had always taught me how important college was. Al-though my original plan to go away for school was derailed, I stayed close to home, worked two jobs and paid for college all on my own. Finding my passion, graphic design, helped me to get through the difficult times and stay on track.



Mallory Fairless

Age: 38

Occupation: Nonprofit tax partner at Crowe LLP, adjunct professor of accounting at Illinois College Email: mallory.fairless@crowe.com Education: Master's degree, accountancy, Loyola

University Chicago

Family: Spouse, Luke and children, Harrison, Hayden and Haisley

Affiliations/community activities: Lincoln Land Down Syndrome Society board treasurer. What led you to your current career? My husband,

100%. When I graduated college, like many recent graduates, I really wasn't sure what to do with my life and what the next step would be. It was my husband that encouraged me to finish my third major in accounting, do an internship at Crowe and move to Chicago for graduate school. He has always believed in me, even when I haven't believed in myself, has always encouraged me to take the big steps and has been my biggest supporter through everything. I would not be who I am today without his unconditional love and support.

What obstacles have you been able to overcome on your career path? The biggest obstacle I have had to overcome on my career path is learning how to adapt to the unexpected. In 2014 my husband and I had our first child, our son, Harrison. Shortly after he was born, it was suspected and later confirmed after weeks of waiting, that he had Down Syndrome. At the time, my husband and I were scared, confused, and at times felt hopeless. We had no idea what to expect, how we would raise a child with special needs, how our lives and our careers would be impacted and how the world would receive him. Our young, naïve selves, who felt lost in despair with our son's diagnosis, couldn't have been more wrong. Today, Harrison is a thriving 7-year-old who has brought more love and joy to our lives than we ever could have imagined. Having him has completely changed our perspectives and has made us learn to pivot and grow when things don't go as planned, to lean into the things that are truly important in life and has taught us to celebrate every single accomplishment, big or small.

What do you wish your younger self had known when you started on this path? It is all going to work out in the end. You may take a different road to get there, and you may even have to lay down the path so others may follow you, but you will get there, and it will have all been worth it.

What has been your greatest professional achievement to date? Making partner at Crowe LLP and being asked to teach at my alma mater, Illinois College.



Megan Fellows Age: 37

Coccupation: Foster care director, Family Service Center E-mail: mfellows@service2families.com Family: Spouse, Brandon, stepsons, Braydon and Bryson and parents, Jeffery and Robyn Myers Affiliations/community activities: Vice president of Forever Home Feline Ranch, Rochester Lions Club. What is your guiding principle in life? My guiding principle is resiliency. In social work, there are many roadblocks and barriers to overcome both professionally and personally. No matter the situation, a child advocate must keep in mind that the best interests of

the child needs to remain the priority. Thinking outside of the box, networking and collaborating when I am told "no" all help me stay focused in challenging situations. It's vitally important to turn negative outcomes into opportunities to advocate for others.

What led you to your current career? Almost 24 years ago, I was adopted out of foster care. Although I did not go to school to become a social worker, I was hired by a private agency after college to work with youth in care who were also involved with the criminal justice system. Almost 15 years later, I continue to passionately work in this field focusing on reuniting children with their birth parents and, if this is not possible, creating forever homes through adoption. What is your greatest hope for Springfield? My greatest hope for Springfield is that one day there is a temporary shelter or residential facility (or both) built to house youth in care that do not have any other place to go. Older youth in care deserve a more dignified alternative to sleeping in an office or being placed far away from any family, resources or support that they consider important to them.

What would you like to give back to your community? Continuing education, training and support to those who have thought about fostering a child, and working with those families to overcome barriers to become licensed as foster parents and help them advocate for children in need. The state of Illinois in general is facing a shortage of foster parents and in the Springfield community specifically, there is always a need.

What do you wish your younger self had known when you started on this path? First, motivation cannot come from money or recognition, rather, it must come from personal fulfillment of helping others in need. Second, never work harder than your clients. That ultimately doesn't help anyone.



Daniel Fox

Age: 39

Occupation: Translational scientist and clinical research administrator, Springfield Clinic

Email: fox4success@gmail.com

Education: Ph.D. pharmacology neuroscience, SIU School of Medicine

Family: Spouse, Bree and daughters, Scarlet and Violet (deceased)

Affiliations/community activities: Director of Clinical Research – Springfield Clinic; black belt and karate instructor at the Okinawan Karate Club of Springfield, president of the board of directors of Innovation Autism.

What is your guiding principle in life? Everyone, no matter their journey or destination, deserves kindness and respect.

What led you to your current career? After I'd spent years traveling across the nation, my daughter was diagnosed with a terminal illness, and so I returned to Springfield to be with family. Violet passed away in 2019 and I have dedicated my career to advancing medical research in hopes future families will not have to feel the hardship of losing a child. What is your greatest hope for Springfield? For it to be the national center of clinical research. Springfield has a unique and dynamic network of health care facilities that, if organized correctly, could lead the nation in diverse clinical trial enrollments.

What would you like your life to look like in five years? Ten? In five years, I'd like to be an executive leading innovation in my field. Within 10 years, I'd like to be a mentor to help the next generation of innovative thinkers find their path to success.

What would you like to give back to your community? Love, kindness and support to those who are experiencing tragedy.

What do you wish your younger self had known when you started on this path? The path is never what you plan it to be. Be patient, look for the positive landmarks and consider every fork in the road carefully.



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CONGRATULATIONS MEGAN!

Family Service Center is excited to congratulate Megan Fellows on being selected for the 2022 Springfield Business Journal's Forty Under 40. To learn more about how The Family Service Center can help you, contact us today.

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All of us at Memorial Health are proud to contribute to the health of our community.



Jennifer Love System Administrator, Emergency and Trauma Services Memorial Health

We're delighted **Jennifer Love**, **Michael Kos** and **Jay Boulanger** are Forty Under 40 recipients.

This achievement is a symbol of their dedication and commitment to our mission to improve lives and build stronger communities through better health.

Congratulations

Health



Michael Kos Vice President, Revenue Cycle Memorial Health



Jay D. Boulanger Volunteer Services Coordinator Memorial Health



Jason Gibson

Age: 37

Occupation: Assistant vice president of lending, West Central Bank

Email: jgibson@westcentralbank.com

Education: Associate degree, criminal justice, Lake Land College and studied sociology, Eastern Illinois University

Family: Spouse, Salena and children, Joseph, Carson, Chase and Bexley

Affiliations/Community Activities: Greater Springfield Chamber of Commerce, Chatham Chamber of Commerce, director of marketing and communication

and baseball coach with Chatham Baseball and Softball, Inc., coach with Chatham Community Football League, vice president Team Gibson Hunting.

What lead me to my current career? That unbelievable feeling when someone hands you the keys to your first home! I will never forget that feeling. I was 21 years old and didn't know anything about the home buying process, especially the financing portion. My lender was amazing and was there for me every step of the way. I wanted to be that guy; I wanted to help people through the very stressful process and ultimately, I wanted to be a small reason for those massive smiles on closing day.

What has been your biggest professional achievement to date? I pride myself on treating my customers with respect, honesty and transparency. I believe in being there for them from the application process to the closing table, while always maintaining an open line of communication. Being selected as the top mortgage lender in the 2021 Best of the Capital Awards really humbled me. I am proud of the fact that my customers took the time to nominate me for such an award. Building lasting relationships, so that my customers come back to me, is very important.

What would you like your life to look like in five years? Ten? I absolutely love what I do. Providing top-notch service to my customers and seeing the smiles on their faces on closing day is the best. I would like to continue to build those lasting relationships. I would like to be known as the top choice for anyone in the area for their mortgage and banking needs. With several children who are very involved in local sports, I hope to still be coaching. Who knows, maybe I'll try my hand in local politics!



Jacqueline Goleash

Age: 30

Occupation: Hair stylist, owner and founder of Meraki Salon & Spa

Email: jacqueline@merakispringfield.com Education: Graduate of University of Spa and Cosmetology Arts

Family: Spouse, Brandon and sons, Beckham and Hudson

Affiliations/community activities: Local First, Illinois Local, donated lunches for health care workers during COVID, annual holiday market supporting local businesses, Angel Tree, haircuts for medical patients during

long-term hospitalizations, donated new seating to an elementary school class, sponsor for several children's sports teams.

What is your guiding principle in life? Meraki, "The soul, creativity or love put into something. The essence of yourself that is put into your work." The word meraki means to do something with passion, with absolute devotion and undivided attention. My guiding principle in life is to work hard and find passion in doing so, to always be honest with myself and others, to always be passionate about my career and what I stand for, always devoting myself to what it is that I am doing, whether that be at work or with my family and boys.

What obstacles have you been able to overcome on your career path? As a small business owner, COVID was one of the biggest obstacles I had to overcome. During that time, the salon was closed for 11 weeks. It was sink or swim, so I decided to put my business foot forward and focus on how to grow. To put it simply, get more education. I chose to be driven in a time of uncertainty, focusing my efforts in leadership-oriented classes. I was lucky to have my team, family and friends to lean on for support and I truly believe we overcame so many obstacles and are now stronger than ever!

What has been your greatest professional achievement to date? My greatest professional achievement has been to grow Meraki quickly in just a year. I was able to purchase my current location and grow from a team of five to my dream team of 22. These girls are my family and it's something I have always dreamed of creating. Finding each individual that lives by meraki and my core values has always been something that is so important to me, and I've found a team of women that stand right by my side. Also, this year we have become a center for education by being able to provide continuing education hours.



David Hennessy

Age: 37

Occupation: Attorney, Brown, Hay + Stephens Email: dhennessy@bhslaw.com Education: Juris Doctor, University of Miami

Family: Spouse, Marissa and children, Olivia, Jack and Stella

Affiliations/community activities: Springfield Old Capitol Art Fair executive board member, 100+ Who Care in Springfield chair.

What is your guiding principle in life? Be a good person, work hard, never sacrifice quality for convenience and focus on family.

What led you to your current career? I saw several admirable attorneys as a child, including John Squires, Dan Hennessy and Joe Hartzler, and thereafter focused on becoming an attorney myself.

What is your greatest hope for Springfield? To attract new businesses and talent while retaining and growing the many outstanding businesses that drive our local economy.

What would you like to give back to your community? I would like to lead by example in promoting the incredible nonprofit organizations in the Springfield area that provide so many invaluable resources and services to those in need.

What do you wish your younger self had known when you started on this path? The importance of both personal and professional relationships in enabling professional growth and success.

What has been your greatest professional achievement to date? Becoming a partner in the oldest law firm in Illinois.



Alysse Hewell

Age: 35

Occupation: Chief experience officer, Troxell Email: a hewell@troxellins.com

Education: Bachelor of Art, journalism, Indiana University

Family: Spouse, Steve and children, Leighton and Graham

Affiliations/community activities: Licensed Illinois property and casualty agent and Hope School ambassador.

What is your guiding principle in life? The only person you can change is yourself.

What led you to your current career? I was working in marketing for five years in Chicago, but I loved my childhood in Springfield and wanted to raise a family in the same environment. So, I moved back here and joined the Troxell insurance team. I started doing marketing for the agency and over the last eight years have worn a number of hats including sales and management. Within the last year, I was honored to accept a new position as chief experience officer (CXO). This role puts me in a leadership position at the agency that focuses on leading our team to be more customer and employee-centered. I believe having strong mentors both personally and professionally have helped guide me to the position I am in today.

What is your greatest hope for Springfield? I hope that we can continue to grow our community and create more career opportunities. I want our community to be safe for our children now and well into the future.

What would you like to give back to your community? I would like to donate more time to help mentor or develop the future of this community.

What do you wish your younger self had known when you started on this path? Never stop learning, ask more questions and trust your instincts.















Betsy Butler, MBA SENIOR DIRECTOR OF PROVIDER RECRUITMENT & INTEGRATION

Daniel Fox, MPH, PhD

DIRECTOR OF



Springfield Business Journal • July 2022 • Page 17



Dr. Prashant Jagtap

Age: 38 years

Occupation: Physician, HSHS Email: drpnjagtap@gmail.com Education: Doctor of Medicine, Mayo Clinic, Rochester, Minnesota Family: Spouse, Manasi Hulyalkar and children, Arjun and Veer.

Affiliations/community activities: I try to participate as much as possible with HSHS, its mission outreach and St. John's Children's Hospital . What is your guiding principle in life? May all

beings be happy, may all my thoughts, words and

actions contribute in some way to the happiness of all.

What led you to your current career? Considering the biggest treasure as health, to be able to support and care for anyone during their lowest time in illness may be considered as the most noble profession and opportunity that one may get.

What is your greatest hope for Springfield? Given the talent and resources in Springfield, the hope is for Springfield to be a regional hub and destination for all medical professionals and services.

What has been your greatest professional achievement to date? Being able to bring world-class critical care services and building one of the biggest and thriving ICU practices in the region and state of Illinois.

Are there any events of the past year that have affected you and how so? Enduring the pandemic in the past two years and taking care of countless patients and spending endless hours doing that have humbled me, reminding me to value "now," friends, family, well-wishers and colleagues with gratitude.



Ashley Jenkins-Jordan

Age: 34

Occupation: Attorney and deputy chief of staff to the Illinois Senate president

Email: ashleyjenkinsjordan@gmail.com

Education: Juris Doctor, Northern Illinois University Family: Spouse, Terrance, daughter, Markayla, parents, Windol and Josephine Jenkins and siblings Steve, Windol Jr. (wife Sierra) and Grace

Affiliations/community activities: Zeta Phi Beta Sorority, Incorporated - State of Illinois social action chair and Kappa Sigma Zeta chapter member, Phi Alpha Delta Law

Fraternity, Inc. member, Central Illinois Black Bar Association member, Capitol Historic Preservation Board member, National Conference of Commissioners on Uniform State Laws member, The Outlet board member and vice president of the Springfield Public Schools Foundation. **What is your guiding principle in life?** Always strive to do the right thing and treat others as you

want to be treated. What led you to your current career? My desire to help others and be a public servant led me to become a lawyer. At the Senate, I am able to serve nearly 13 million residents of the state of Illinois

by working to ensure that enacted policies are fair, equitable and just. What is your greatest hope for Springfield? That a solution is found to house and assist the homeless population, including providing access to medical care and mental health and substance abuse treatment. Springfield is growing and innovating, but it is important not to leave behind any resident or community.

What obstacles have you been able to overcome on your career path? As a double minority in the legal and political fields, I had to overcome being overlooked and underestimated on many occasions. I took advantage of those opportunities to use my voice, share my knowledge and maintain my integrity so that those coming behind me would not be subject to the same assumptions or stereotypes.

What has been your greatest professional achievement to date? My greatest professional achievement is my ability to work with individuals from various backgrounds and viewpoints, and guide them towards accomplishing a common goal. This ability has allowed me to negotiate numerous contentious legislative measures and bring them to a bipartisan compromise. Are there any events of the past year that have affected you and how so? The COVID pandemic has made me evaluate my life priorities and put a greater emphasis on my family, and

pandemic has made me evaluate my life priorities and put a greater emphasis on my family, and my health and wellness.



Kathleen Killion

Age: 38

Occupation: Certified public accountant, director of state accounting, Office of the Illinois Comptroller

Email: kathleen.killion@illinoiscomptroller.gov Education: Master of Science, accounting, University of Illinois Springfield

Family: Spouse, Chris Mueller and Franny the dog Affiliations/community activities: National Association of State Auditors, Comptrollers and Treasurers; Special Olympics of Illinois; PAWS for Life Springfield.

What is your guiding principle in life? To make time for the important people and things in life, both personally and professionally.

What would you like your life to look like in five years? Ten? My position at the comptroller's office challenges me on a daily basis. The evolving needs of the state will impact how we handle payments, and I hope to continue this work in the future. What do you wish your younger self had known when you started on this path? I

think that many people, at the beginning of their careers, are incredibly scared to make a mistake and in the long run that can really limit their potential for advancement. Over the years, I have learned that nearly every mistake is fixable, as long as you address it quickly. Learn from the mistake, take action to make sure it doesn't happen again and move on.

What has been your greatest professional achievement to date? We are in the midst of a major project to modernize our statewide accounting system for the first time in over 20 years. This system processes 15 million payments per year for the state of Illinois. This is the biggest project of my career and will have huge impacts for the state. Are there any events of the past year that have affected you and how so? The pandemic has required the workplace to be more flexible than I ever imagined was possible, and government is not traditionally known for its flexibility! I learned that we may have plans A, B and C that are working today, but next week we may have to pivot to plan G or even Z.









Angie Koester

Age: 37 Occupation: Human resources manager, Crawford, Murphy & Tilly

Email: akoester@cmtengr.com

Education: Bachelor's degree, business, Purdue University

Family: Spouse, Jared and children, Jake, Jimmy and Addi

Affiliations/community activities: Chatham Jaycees, Chatham Friends of the Parks, American Council of Engineering Companies (ACEC), Society for Human Resource Management, Illinois Women in Leadership and the Chatham Baseball & Softball Association.

What is your guiding principle in life? Surround yourself with the right people – positive, uplifting and encouraging people who bring out the best in you. Then, be that person back!

What do you wish your younger self had known when you started on this path? That even when you feel like things are not going according to plan, to worry less. It will all work out!

What has been your greatest professional achievement to date? I am excited to have been asked to speak at the National HR conference for ACEC in San Antonio, Texas, and will do so this coming fall.

Are there any events of the past year that have affected you and how so? I believe that each event has molded you into who you are today. But I would say being a working mom, while incredibly challenging to balance, has been the greatest change. It undoubtedly made me work harder, sharpened my focus and lasered in on my professional goals, and without question made me a far stronger person than I was before I had children.





Allow me to extend my heartfelt congratulations to all of the Springfield Business Journal's Forty Under 40 recipients for 2022.

Thank you for the leadership and contributions you have provided for our community.

I look forward to hearing about many more of your future successes.



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Michael Kos

Age: 38 Occupation: Vice president, revenue cycle, Memorial Health

Email: kos.michael@mhsil.com

Education: Master of Public Affairs and Master of Science, accounting, Indiana University Family: Spouse, Melinda and children Samuel, Violet, Charlie and Baby Kos due November 2022! Affiliations/community activities: MERCY Communities board president, audit committee of the Community Foundation for the Land of Lincoln board, American College of Healthcare Executives, Healthcare Financial Management Association (HFMA), HFMA Mc-Mahon

Illini Chapter, National Leadership Council, National Association of Healthcare Revenue Integrity and member of various committees of the Illinois Health and Hospital Association. What is your guiding principle in life? My parents always stressed the golden rule, "Treat others as you would want to be treated." Also, be the best you can be, not from a competitive perspective, but a personal one. Character and kindness matter. Be thankful for what you have and try to help others to the best of your abilities.

What led you to your current career? Before moving to Springfield, I worked for the state of Indiana within the Office of Management and Budget. Prior to my government career, I was a pre-med student working at Indiana University Riley Children's Hospital. Having the opportunity to transition back into the medical field with Memorial Health was desirable as I wanted to continue serving others, albeit in a different field and manner. My role here has been extremely fulfilling over the last 10 years. I look forward to many more years of serving.

What would you like to give back to your community? I have been very fortunate in both my career and personal life. I would like to continue to serve our community in the current activities in which I participate and look to do more from an involvement perspective. There are two areas I would like to get more involved in: supporting more activities within the Special Olympics and supporting my wife in her desire to get more involved with green space and nature preserve activities to keep our community healthy and open to all who like to enjoy our natural environment. What has been your greatest professional achievement to date? My greatest professional achievement is getting to work with my direct team and our colleagues within revenue cycle on a daily hapful for each and energy individual on our target.

a daily basis. I am so thankful for each and every individual on our team. Their dedication to our mission, our patients and our community is awe-inspiring.



Adam Lockwood

Occupation: Owner, Exposure Real Estate Media Email: info@exposurerealestatemedia.com Education: Bachelor's degree, kinesiology and sports studies, Eastern Illinois University

Affiliations/community and children, Ema and Weston **Affiliations/community activities:** Central Illinois Customer Service Association member and Abe Fest board member.

What is your guiding principle in life? Never stop learning and working on yourself. Once I started to improve my self-awareness, everything else started to fall into place.

What led you to your current career? Self-growth. I appreciate practical procedures and systems, and I love seeing projects and tasks to completion. This career allows me to be creative, help people achieve their goals and to use my strengths, such as stability and dependability.

What would you like your life to look like in five years? Ten? Being a proud parent of both of my kids where they are comfortable and happy with who they are, and giving them the tools to manage life. Also, being a successful business owner where I'm reaching my personal goals and having a work-life balance that fits me.

What obstacles have you been able to overcome on your career path? Myself. You get what you put in and you are your own worst enemy. Understanding what I wanted and then putting that plan in place has helped me overcome that obstacle.

What do you wish your younger self had known when you started on this path? Surround yourself with people you aspire to be and find a mentor and/or role model. You can learn so much from other people.



Lauren Kulavic

Age: 32

Occupation: Director, human resources, Hospital Sisters Health System, supporting Springfield's St. John's Hospital and Decatur's St. Mary's Hospital. Email: lauren.kulavic@hshs.org

Education: Master's degree, business administration, Benedictine University

Family: Spouse, Brent and daughters, Hayden and Piper Affiliations/community activities: Affiliated with the Central Illinois Chapter, Society for Human Re-

source Management for six years, serving as a board member for the last five. I recently served as the vice president for the last four years and was certification chair prior to that.

What is your guiding principle in life? Embracing humility. None of us are perfect and I certainly am not. We tend to have this fear of making mistakes or showing weakness as we worry what others will think. Sometimes even just admitting when you are wrong can be difficult, especially to your spouse! However, being genuine and having the ability to admit your faults, I believe, helps build strong, trusting relationships with others and also gives them the comfort level to own their mistakes. To quote Dr. Stephen R. Covey, "Humble leaders are more concerned with what is right than being right."

What led you to your current career? I started my bachelor's degree in business administration. At that point, I hadn't quite narrowed down what career path I envisioned for myself. After learning more about what human resources really is, and the ability to assist organizations in the effective utilization of colleague skills and talents, I realized this is where my heart is. I am very much a people person and my career allows me to work with some amazing people on a daily basis.

What do you wish your younger self had known when you started on this path? Don't be afraid to admit your mistakes, and use each and every one as a learning opportunity. What has been your greatest professional achievement to date? I started with Hospital Sisters Health System in 2012 when I was fresh out of college and landed my first human resources assistant position. From there I have been able to continue to grow with HSHS and truly do what I love daily. I think being able to say that and celebrate my 10 years with the organization later this year is an accomplishment of which I am very proud.



Jennifer Love

Age: 37

Occupation: System administrator, emergency and trauma services, Memorial Health

Email: love.jennifer@mhsil.com

Education: Master of Business Administration, University of Illinois Springfield

Family: Spouse, Nick and daughter, Maryn Affiliations/community activities: Emergency Nurses Association and International Association of Forensic Nurses.

What is your guiding principle in life? Do what is right, not what is easy.

What led you to your current career? I always

knew I wanted to help people, and I was drawn to the emergency department because every day is different and you never know what will be coming through the doors. I was tapped on the shoulder by my leader to give leadership a try and I've been in various leadership positions over emergency services for the past 10 years. I love seeing others succeed in their professional journey, and guiding and mentoring them along the way. Leadership is about bringing out the best qualities of your team.

What is your greatest hope for Springfield? I hope to see leaders in Springfield and the surrounding areas work together to address health care disparities. We need improved policies for mental health and better access to care.

What would you like your life to look like in five years? Ten? I hope in the years to come my family has great health and is happy. I would like to be coaching some sport that my daughter chooses to play. I hope, as a health system, we have been able to improve lives and build a stronger community.

What do you wish your younger self had known when you started on this path? Failure is inevitable. It's what you do with failures that makes all the difference.













ON BEHALF OF THE ILLINOIS SENATE PRESIDENT'S OFFICE

CONGRATULATIONS

ASHLEY JENKINS-JORDAN



Andrea McLaughlin Age: 34

Occupation: President, Robert's Seafood Market Email: arobert@robertsseafoodmarket.com Education: Associate degree, general studies, John A. Logan College

Family: Spouse, Mike and daughters, Norah and Ruby

Affiliations/community activities: At this time in my life I am focused on raising a family and learning the business. I am trying to figure out the work-life balance.

What led you to your current career? I have been working around the holidays at the Seafood Market

since I was 10 years old. After moving back home from college, I was in search for a job. I knew that I enjoyed working the holidays at the store, so I came on full time and just started learning the business from the ground up. At the time, I thought it was just going to be a job to get me by and pay the bills. I did not realize that I would become so passionate about food, serving people and developing relationships with our wonderful customers. What would you like your life to look like in five years? Ten? I would like for us to really ramp up our catering business in the next five or 10 years, in addition to shipping products on a regular basis and having a much better e-commerce presence for our store. I would also love for us to be operating in a new building somewhere on the west side in 10 years. What would you like to give back to your community? I would like to give more of my time to the community and create a good relationship with a nonprofit that we can really make a difference with.

What obstacles have you been able to overcome on your career path? Having the patience of pushing through my 20s and not really having a direction. Going with my gut to keep showing up for the business, serving people and doing the best I can do to keep this business operational and profitable.

What has been your greatest professional achievement to date? We just received the Greater Springfield Chamber of Commerce Small Business Owner of the Year award, which is by far my greatest achievement.



Daniel Noll

Age: 39

Occupation: Trial attorney, Noll Law Office Email: dan@noll-law.com

Education: Bachelor of Science, business administration, Southern Illinois University School of Law Family: Spouse, Sarah R. Noll, children, Jon, Eva and Layla, father Jon Gray Noll and mother Ida Noll Affiliations/community activities: My wife, Sarah, and I own and operate the Noll Law Office, which is located in the Great Western Depot (Lincoln Depot) downtown. Since it is a historic site, we keep the first floor open to the public as a museum. I serve as hearing officer for Sangamon County Animal Control and

Leland Grove ordinance violations. Midland Community Bank board member, Sangamon County Bar Association member, Illinois State Bar Association member, former chairman of the board for Looking for Lincoln and award-winning chili and chicken wing cook. **What led you to your current career?** I have grown up in the legal field. My father and grandfather were lawyers. My mom was the office manager for our family's firm. In addition,

I have cousins who are lawyers and judges. My ancestor, William Herndon, was Abraham Lincoln's law partner. I am very proud of my family's history in this community and in the legal field. I enjoy the practice of law, especially the trial work.

What is your guiding principle in life? I try to be a positive influence in our community. Our business is successful because the community supports us, and we try to give back as much as we can. In addition to maintaining the Lincoln Depot, through our law firm, my wife and I sponsor youth athletic programs. We are small business owners who try to make a positive impact locally in all the areas where we practice.

What has been your greatest professional achievement to date? I would say obtaining a "not guilty" verdict at trial with my father as co-counsel. The trial itself was not the biggest win of my career, but the experience of winning the case with my father by my side before he retired made it special.

What would you like to give back to your community? I would like the Springfield area to be better for having me around. Whether it is helping clients and their families, educating the public through our building or supporting our young athletes, I hope to positively impact this area through my work and community outreach efforts.



Hilary Patterson

Age: 39

Occupation: Chief marketing officer, Prairie State Bank Email: hpatterson@psbank.net

Education: Bachelor of Arts, communication, University of Illinois Springfield

Family: Husband, Steve and daughters, Emery and Olivia

Affiliations/community activities: Springfield Noon Lions Club member, American Women In Communications member and treasurer on the board, and I also assist with school sporting events, support the public library and assist with community cleanup events. What led you to your current career? Graduating

during the Great Recession in 2007 was a blessing in disguise. After briefly selling supplemental insurance, I knew I had to find something more stable. I accepted a full-time position in banking as a universal banker. It continues to be a running joke that, although math was never my strong suit, I have made a great career in banking. I was given many outstanding opportunities from lending to management and then was able to fully utilize my marketing and design knowledge in my current role.

What is your greatest hope for Springfield? For continued diversity and amplified growth in small businesses. Springfield has some amazing food, art venues and boutiques. I hope that the city can continue to attract new residents to bring new energy to the town. It has been fun to watch Springfield grow and evolve over the last 17 years since I moved here.

What do you wish your younger self had known when you started on this path? You don't have to know it all, but you have to be willing to learn, and that you make more of an impact than you are aware of. Having the opportunity to lead some amazing teams through my years in management has taught me to have more confidence in myself and the skills that I posses. I love what I do because I can say that I am learning more daily throughout my entire career. What has been your greatest professional achievement to date? Coming full circle from my degree to my career. My educational focus and passion were computer graphics and design. When I adjusted my major to be more generalized, I was worried that I would not get to use the skills I enjoyed. Hard work and finding ways to still use that passion throughout my career have brought me to the role that I am in now where I can use my education and creativity again.







Congratulations, Lindsay. Thanks for all you do for **INB** and your community!



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FDIC

Lindsay Van Zele INB Communications Officer

RO

CONGRATULATIONS, JULIE!

Julie Stapleton has been part of the BOS family for 16 years. We are proud of her hard work and dedication to both BOS and our community.

bankwithBOS.com

CONGRATS ON YOUR "FORTY UNDER 40" RECOGNITION!

Catch Greg Bishop on Springfield's Morning News, weekedays 6-9am on 92.7 WMAY, Springfield's News & Talk.







Zach Rambach

Age: 39

Occupation: Owner of Rambach Insurance Agency Email: zrrambach@acg.aaa.com

Education: Bachelor's degree, marketing and sales, Illinois State University

Family: Spouse, Rachel and children, Parker and Mia Belle

Affiliations/community activities: 2022 Blessed Sacrament School auction chair, volunteer YMCA Youth Soccer Camp trainer and youth coach, Springfield Community Youth Players coordinator, Springfield Area Soccer Association youth coach.

What led you to your current career? I have always

wanted to help people, work within the business world and start my own business. The insurance field has given me all of those opportunities. I did not grow up wishing specifically to be an insurance agent, but it has been a driving passion of mine since I started. I love being able to advise and assist clients in covering their largest assets, along with other financial assets, as well as help them achieve their financial and personal goals, and protect their families. I am there to prepare clients for unfortunate events and provide a measure of comfort to clients during their hardest days.

What is your greatest hope for Springfield? I hope it continues to be great place to live, raise a family, and be a place that people are proud to call home. I want to see economic growth, improved education conditions, watch businesses thrive, protect the well-being of youth and future generations, promote involvement from the community and witness our leaders to continue give community members new opportunities.

What obstacles have you been able to overcome on your career path? The largest thus far was making the decision to leave a successful career as an agent at AAA in order to take a chance to open my own agency. My biggest inspiration happens to be the biggest supporter of my business, my wife. Rachel was brave enough to follow her personal and career goals and start multiple successful businesses, years earlier. Her courage and support led me to turn my biggest obstacle into my greatest achievement.

What has been your greatest professional achievement to date? I truly love what I do and have a passion for sales, service and helping others. Individually, I have achieved many sales and service awards over my career. While those were great personal accomplishments, without a question, my biggest and proudest achievement is being able to grow my agency over the last several years, while leading and helping push my staff to achieve those awards as a team.



Julie Stapleton

Age: 39

Occupation: Vice president and commercial lender, Bank of Springfield

Email: jstapleton@bankwithbos.com

Education: Bachelor's degree in food, nutrition and dietetics, Illinois State University

Family: Spouse, Jake and children Wyatt, Walsh and Iris

Affiliations/community activities: Family Service Center of Sangamon County board member, Prevent Child Abuse Illinois board member, chair of Bank of Springfield's wellness committee.

What would you like your life to look like in five

years? Ten? I would like to think that I am doing something similar to what I do now – utilizing my resources and passion to help others. My kids will be a little bit older, so it's exciting to think how we will be volunteering together in the Springfield community as well as seeing them become connected with different organizations based on their own interests. What is your greatest hope for Springfield? There are multiple organizations that cannot function without volunteers and resources. Being an engaged member of Springfield brings people together and provides an opportunity to give back. My hope is that we continue to

see an interest and increase in involvement so these organizations may continue to function and benefit those in our community. What would you like to give back to your community? My heart. I have a strong passion

What would you like to give back to your community? My heart. I have a strong passion for helping others and volunteer my time at organizations that improve the lives of families and children in Illinois. Within my career, I often help women and minority-owned businesses in the Springfield community.

What do you wish your younger self had known when you started on this path? Don't sweat the small stuff. Early in my career I spent too much energy worrying about bumps in the road. I now treat these as learning opportunities and move forward.

Are there any events of the past year that have affected you and how so? Working from home during the pandemic taught me many lessons about creating a work-life balance. I am now more purposeful with my time so that I can be my best self at work and at home.



Christina Shutt

Age: 35

Occupation: Director, Abraham Lincoln Presidential Library and Museum

Email: christina.shutt@illinois.gov

Education: Master of Science, library science/archives management and Master of Arts, history, both at Simmons University

Family: Spouse, John and son, Jonathan Affiliations/community activities: NPR Illinois community advisory board, Andrew Mellon Foundation and Association of African American Museums working group on accreditation, Getty Museum Leadership Institute at Claremont University, Creative Institute of Central

Arkansas board of directors. Illinois Historic Sites advisory council

What led you to your current career? While I've always had a passion for libraries and museums, I was fortunate to have a couple of teachers in high school who showed me that history could be interesting and relatable. When we learned about historical battles, we didn't read about them in text books, we assembled on the high school football field and recreated them through primary source documents and objects. I love making history relatable to people through historical objects and museums because it's in those moments that people feel seen, heard and valued.

What is your greatest hope for Springfield? My greatest hope for Springfield is that we would find more ways and opportunities to bridge differences and find connectedness. What would you like to give back to your community? I would like to make the ALPLM more diverse, equitable, inclusive and accessible because I believe that the heart of our institution must represent the communities we serve.

What obstacles have you been able to overcome on your career path? Throughout my education and career, some people have dismissed me because they make negative assumptions based on my gender and race. For example, my high school guidance counselor was surprised that I said I was going to college because she believed stereotypes about poor Black women and their success in higher education.

What has been your greatest professional achievement to date? I led the Mosaic Templars Cultural Center team to achieve the first national museum accreditation by the American Alliance of Museums, making it only the ninth Black cultural museum in the United States to receive such a designation. Through the process to become accredited, we expanded our visitor audience, increased fundraising, improved exhibition development and redefined operational excellence.



Jake Saladino

Age: 38

Occupation: Loan officer, United Community Bank Email: jsaladino@ucbbank.com

Education: Bachelor's degree, business administration, University of Illinois Springfield

Family: Spouse, Samantha and daughters, Addyson and Alyssa

Affiliations/community activities: Central Illinois Foodbank board member, American Business Club, former board member at Land of Lincoln Goodwill. What is your guiding principle in life? Treat people the way you would like to be treated.

What led you to your current career? I have always

had an interest in banking, finance – anything to do with numbers. When you combine that with the satisfaction I get from helping others achieve their dreams and goals, it was a natural fit.

What is your greatest hope for Springfield? Being a board member at the Central Illinois Foodbank has taught me a lot about food insecurity here in Springfield. My hope is that one day this will be eliminated.

What would you like your life to look like in five years? Ten? I hope that it will continue to look much like it does today, I am very grateful for how my life has turned out and I look forward to continued growth, both personally and professionally.



CONGRATULATIONS Jake Saladino



UCB congratulates Jake and all of the 2022 40 Under Forty recipients.

We are proud of you, Jake!

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CONGRATULATIONS STEPHANIE CULLEN

We thank you for sharing your boundless creativity and talent with the SIU Medicine community. We appreciate all that you do to bring SIU Medicine's mission, vision and values to life.

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CONGRATULATIONS **ALYSSE**

"40 UNDER 40" SPRINGFIELD BUSINESS JOURNAL

She has been an integral part of our team at Troxell Insurance for 8 years. We are so proud to have her on our team.

TROXELL

Alysse Aiello Hewell Chief Experience Officer

Springfield Business Journal • July 2022 • Page 25



Taylor Stevens

Age: 26

Occupation: Client care manager, Synergy HomeCare Email: taylorstevens@synergyhomecare.com Education: Leadership Springfield graduate Family: Daughter, Eleyna Rose

Affiliations/community activities: Greater Springfield Chamber of Commerce team captain, Ambassadors Care Team Leader, Springfield Jaycees project chair-HSHS Children's Hospital, hosting the annual Go June for June Cornhole Benefit, organize holiday parades and activities for seniors in facilities and helping with photos for the 2022 Sangamon County Fair.

What is your guiding principle in life? My mom always said, "Be kind, you never know what someone is going through." I have carried this with me all the way into motherhood. For each decision I make, I begin with kindness, because what she said it is true. Choose kindness, always.

What led you to your current career? My greatest passion has always been to make people smile and to help in any way I could, whether that be to help with household chores, take someone's dog for a walk, raise money or simply be a friend with which to talk. Life came full circle when my job at Synergy was presented to me because I get to do all of that, but now I get to do it as a career. I love that I don't have to put on a different hat when I put my work badge on, I get to just be myself. I have the opportunity to meet with all kinds of people in the community and listen to their needs, and I have the power to help them. I can make people happy, I can help create a better environment for others, and most importantly, I get to show my daughter that, as a woman, you have the power to change lives in positive ways.

What do you wish your younger self had known when you started on this path? If I could go back to myself five years ago, I would tell myself to keep my chin up and put one foot in front of the other. You are about to go on a journey, and on this journey, you will need to pack a bag that contains confidence, determination, hard work, mental strength, hustle and grit. This is not going to be easy, but it will be worth it. Keep your focus, big things are coming! Life is 10% of what happens and 90% of how you react.



Lindsay Van Zele

Age: 39 Occupation: Communications officer for INB, N.A. Email: Ivanzele@inb.com

Education: Attended Lincoln Land Community College, Leadership Springfield graduate

Family: Spouse, Nathan and daughters, Addison and Olivia

Affiliations/community activities: Pleasant Plains Village board trustee, Board of Education chairperson and council member at Zion Lutheran Church in Pleasant Plains, biannual United Way Day of Action volunteer. What is your guiding principle in life? Treat other

people with the concern and kindness you would like them to show toward you. What led you to your current career? After joining INB as a teller in 2004, I became a teller supervisor and mentor, then moved to the communications and marketing department in 2007. Now as INB's communication officer, my focus is on ad placement opportunities, creating and designing ads and follow up after campaigns. With INB's continued growth into new markets, staying on top of our marketing campaigns is a continuing challenge I'm excited to accept. Being creative and brainstorming new ideas is one of my favorite activities. My design skills continue to improve while completing online training.

What would you like your life to look like in five years? I know that my life is going to look a bit different. I anticipate my daughters being more active in school sports, with their dance class family at Dance Creations Dance Studio, and in exploring theater and music.

What would you like to give back to your community? I will continue giving my time and talents. Growing up in Pleasant Plains, I watched how my parents and so many others volunteered their time and spent many hours improving the community. Serving as a village trustee, it is my turn to do the same. I want to show my daughters how to love your community, speak your mind and to care for the people in it.

Are there any events of the past year that have affected you and how so? Since joining the church council board, I am more aware of the happenings of our church and what it takes to keep it going and growing. We have a predominantly older congregation and brainstorming new ideas and events to attract younger families is something on which we are always working. Vacation Bible School is a great event for those younger kids. It's a fun and exciting planning process.

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Cody Trigg

Age: 38 Occupation: Principal at Springfield Southeast High School

Email: ctrigg@sps186.org

Education: Master's degree, educational leadership, University of Illinois Springfield

Family: Spouse, Allison, a baby due June 24 and Mo, the dog

What is your guiding principle in life? Control what you can control, and surround yourself with good people.

What led you to your current career? I have always wanted to be a school principal. I was motivated at a

young age by my principals. I saw how much impact they can have on students and set them on a course for success.

What is your greatest hope for Springfield? I hope that we continue to focus on the youth. There are so many talented students in Springfield who are rarely celebrated. Springfield has to do a better job of letting the world know about the greatness of their young people. What would you like your life to look like in five years? Ten? The answer to both is that I hope I am still at Springfield Southeast, and continue to make it a great place for students to go to school.

What do you wish your younger self had known when you started on this path? Be realistic about how the pace of education goes. Understand that you may be changing the life of a student without even knowing. Make sure you show up every day with the same energy and passion, because that could be the day that changes the life of that student. What has been your greatest professional achievement to date? Being nominated for Administrator of the Year by my students. There is no greater honory than when your students

Administrator of the Year by my students. There is no greater honor than when your students speak positively on your behalf. **Are there any events of the past year that have affected you and how so?** My wife was diagnosed with cancer in June, and found out she was pregnant with our first child in

was diagnosed with cancer in June, and found out she was pregnant with our first child in October. She continued to work as a nurse practitioner during some of the worst parts of COVID; when many were calling off, she was always stepping up to help fill in. She did not let anything slow her down. She makes me want to be better every day. I hope I bring the same tenacity to my job as she brings to her role daily.



Laci Jane Willis

Age: 36

Occupation: Owner of Carpe Chic Boutique Email: lacijane@carpechic.com Education: Master of Business Administration, Benedictine University

Family: Married to school sweetheart with two ornery little boys, ages 5 and 8

Affiliations/community activities: Petersburg Athletic Association, Menard County Trails and Greenways.

What is your guiding principle in life? Carpe Diem, seize the day. I had a very special high school

teacher who used to say this to us every day in class and pushed us to want more from life. It became my mantra. He passed away in 2005. It was only fitting that Carpe Chic became the name of my business.

What led you to your current career? I had always had a passion for fashion and, after several years in the retail industry, I knew I needed to open my own business and share everything I had learned. I wanted to create something where I could be a mom first and build a business second. It's been tough juggling it all, but it's been so worth it! What would you like to give back to your community? Giving back is part of our business model. I don't work to live, I work to help my customers feel more confident in who they are and build up their self-esteem. We support our first responders and military, and I am also drawn to individuals or organizations with missions or needs about which I am passionate.

What do you wish your younger self had known when you started on this path? I'm not sure I would change anything. Every lesson I've learned, success I've had and obstacle I've encountered has put me where I'm at now.

What has been your greatest professional achievement to date? While I am proud of several I have achieved, I think the most important to me is the community of women I've helped step out of their comfort zones and become more confident in themselves. Helping them realize how amazing they are is truly gratifying.









Congratulations, Daniel Noll!

We are proud of you and wish you continued success in the future.



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- Nathan Boyle MS, CFP, MRFC Vice President & CIO

