

SEPTEMBER 2015

# Springfield business journal

217-726-6600 • info@springfieldbusinessjournal.com

www.springfieldbusinessjournal.com

Springfield Business Journal presents

## LEGACY AWARDS 2015

To benefit the Historic Preservation Fund,  
Community Foundation for the Land of Lincoln



**THURSDAY, SEPTEMBER 24**

The Legacy Awards is the most recent annual award program from the Springfield Business Journal. Awards are presented to businesses for longevity and community service along with a lifetime achievement award for Preservation Advocate of the Year. The Legacy Awards event is a fundraiser for the Historic Preservation Fund. For more on the HPF see the story on p. 13.

Edwards Place | Springfield Art Association  
700 N. Fourth St. | Springfield, Illinois

## INSIDE THIS MONTH



*Karen Davis*

p. 3



*Alex Block*

p. 4



*Helping Hands*

p. 15



*Habitat ReStore*

p. 18



*Kingsway*

p. 30

COMING IN OCTOBER



### MEETING PLANNING / MARKETING & MEDIA

#### THE LISTS

Hotels  
Networking Groups  
Advertising Agencies  
Radio Stations  
Print Shops

PRST STD  
U.S. POSTAGE  
PAID  
SPRINGFIELD, IL  
PERMIT NO 209

SPRINGFIELD BUSINESS JOURNAL  
P.O. Box 398  
Springfield, IL 62705  
CHANGE SERVICE REQUESTED



# It's **Go Time™**

WEBSITES · CONSULTING



HOSTING · DOMAIN NAMES

217.241.8554    goweb1.com

## **REACH 20 to 20,000 PEOPLE IN LESS THAN :60 SECONDS**

- ✓ Office and school closures
- ✓ Severe weather alerts
- ✓ Contingency plan communications
- ✓ Neighborhood watch alerts
- ✓ Employee notifications
- ✓ Athlete, student, & parental notifications
- ✓ Medical emergency alerts
- ✓ Important announcements
- ✓ Power outages
- ✓ Boil orders
- ✓ Calls to action



*Find out why businesses, schools, municipalities, emergency responders, sports teams and organizations trust Alerts Made Easy® to send critical communications.*

## ***The original 4-in-1 messaging system™***

**Phone   Text   Email   Web**



Contact Kenny Micheletta for more information  
or schedule a free demo.

Kenny Micheletta  
Alerts Made Easy Account Manager  
GoWeb1 | It's Go Time™  
e: kenny@goweb1.com  
p: 217.241.8554 ext. 704



**ALERTS®**  
made easy  
alertsmaadeasy.com



# Meet Karen Davis

*Economic development director for the city of Springfield*

By Scott Faingold



PHOTO BY TERRY FARMER

After graduating from both Lanphier High School and UIS, Springfield native Karen Davis started a career in banking before taking a job with the Springfield Urban League in 1996 as executive director to run their community development corporation (CDC). “In that position I was able to use my banking knowledge to help start a program for neighborhood revitalization,” she says. “I quickly became an affordable housing developer.”

In 1999, Davis wrote a federal grant and was awarded \$1 million to run a program to train youth ages 16-24. The objective was to help them earn GEDs and learn hands-on construction experience. “We worked with the local union and hired journeyman carpenters to oversee that on-the-job program and then work with Lincoln Land Community College,” Davis recalls. “Ultimately we were able to help some of them to get some employment with the unions.”

Soon after, Davis was recruited by Regions Bank to work not only in Springfield but throughout central Illinois to help other nonprofits. “I helped them with their mission outreach to take the resources of the bank to the community,” she recalls. She was eventually promoted and became responsible for five states in the Midwest (Illinois, Iowa, Indiana, Missouri, Kentucky), helping to bring the bank’s resources to these communities, working a lot with nonprofits and local municipalities.

While working in this capacity, Davis was appointed to the Illinois Housing Development Authority, the state’s housing finance agency. As an IHDA member she would travel to Chicago once a month and review finance packages in order to award funding to projects throughout the state. “That advanced my knowledge a little more,” she explains, “not only working in central Illinois but also in southern Illinois

and in the northern part of the state.” Davis continues to sit on the board today, serving as vice chairman.

In 2007, Region Bank promoted Davis once again, necessitating a move to the St. Louis market. In addition to the five states she was already handling, she took on Arkansas and Texas. “I had staff in all seven states, working on comprehensive plans

of how the financial resources of a bank can really help in the markets,” she says, “particularly in the blighted areas.” Her role was not only to ensure that the bank was not being discriminatory in its lending practices but also that branch locations were in areas that people could access and not limited to only affluent neighborhoods.

This job put Davis in a unique position

to observe numerous states outside of Illinois and what she saw across the board were underserved markets suffering disinvestment from financial resources. “I had a lot of opportunities to work on a lot of areas,” she says. She also worked extensively with helping small mom-and-pop businesses get their starts.

She worked in this position right up until she received the call from newly elected Springfield mayor Jim Langfelder asking her to be Springfield’s new economic development director, taking the post recently vacated by Mike Farmer, who retired August 31.

“I had worked with Jim a number of years back and I’m really happy to be back home and in a position to bring resources to the city just by virtue of the networks that I’ve been able to travel in,” she says.

One of her first goals is to attract some of what she calls “creative financing dollars” in order to jumpstart small business development in the city and also to work on housing development.

In terms of what has inspired her to follow this career path, she recalls a formative experience while working for the Urban League. “I remember driving around during the day and seeing not only the blight in the community but also that there were a lot of people unemployed at that time,” she recalls. “When I slowed down and looked closer, I found that some of those people were people that I went to school with. How had I made it and they didn’t? These were people who sat next to me in school. I will always remember my time at the Urban League because it was there I learned that there’s a huge disparity. It felt like I had met my calling.” □

Scott Faingold is associate editor for *Springfield Business Journal*.

## IS YOUR WIFI AS FAST AS YOUR INTERNET?

If you’re using an ordinary WiFi router, you may be losing speed. That’s why Comcast Business offers an enterprise-grade router that delivers the speed you’re paying for, so every device and employee in your office can work faster.

Visit [business.comcast.com/wifi](http://business.comcast.com/wifi) or call 800-501-6000.

Restrictions apply. Not available in all areas. Actual speeds vary and are not guaranteed. Call for details. ©Comcast 2015. All rights reserved.

COMCAST  
BUSINESS  
**B4B**  
BUILT FOR BUSINESS™





# E.L. Pruitt Co.

## Mechanical Contractors

### PERHAPS YOU HAVE SEEN SOME OF OUR WORK.

531 E. Washington  
ABF Trucking  
Ace Hardware  
Administrative Office of the Ill. Courts  
**Ball Elementary School**  
Bank of Springfield  
Baylis Medical Building  
Blessed Sacrament School  
Brandt Consolidated  
Buffalo Wild Wings  
Capitol Building  
Capitol Township  
Carol Jo Vecchie  
Carpet Weavers  
Cathedral of the Immaculate Conception  
Chase Bank  
Clinton High School  
Computer Service Company (CSC)  
Concordia Village  
Concordia Village - Patio Suites  
Concordia Village - Skilled Care  
Connor Co.  
**County Market - Sherman**  
County Market - Springfield  
CVS Pharmacy  
Dana-Thomas House  
DaVita Dialysis Center  
Decatur Memorial Hospital  
Dick Van Dyke Appliance World  
dickeyJohn  
Engrained Brewery Company  
Farm & Home Supply  
Furniture Row  
Glenwood High School  
Grant Middle School  
Gus and Flora Kerasotes YMCA  
H. D. Smith  
Hampton Inn  
Harvard Park Elementary School  
Heritage Manor  
Hope Church  
Horace Mann  
Howlett Building  
IHOP  
**III Tomassos Italian Bistro**  
Iles Business Park  
Ill. Community College System  
Ill. Municipal Electric Agency  
Ill. Nat. Guard - Allied Trades Bldg.  
Ill. Nat. Guard - CSMS Bldg.  
Ill. Nat. Guard - Training Facility  
Ill. Primary Health Care Association  
Ill. Secretary of State  
Ill. State Police Fire Credit Union  
Inn at 835  
Insurance Accounting & Systems Assoc.  
Internal Revenue Service  
Island Bay Yacht Club  
iWorship  
Jefferson Middle School



Lincoln Library  
LLCC Career Center  
LLCC Workforce Development Center  
Love's Travel Stop  
Martin Engineering Company  
Mary Bryant Home for the Blind  
Matheny-Withrow Elementary School  
MCL Restaurant and Bakery  
Memorial ExpressCare  
Memorial Medical Center  
Menard Medical Center  
MJ Kellner Foodservice  
Moto Mart  
Our Savior's Lutheran Church  
Palmer Bank  
Passavant Area Hospital  
Pepsi Bottling Co.  
Popeye's Chicken & Biscuits  
Prairie Diagnostic  
Prairie Eye Center  
Prairie Heart Institute  
Prime Panels  
Renken Dentistry  
Richland College  
Ridgely Elementary School  
Rochester Township  
Sangamon County Public Health  
Scheels All Sports  
Southeast High School  
SIU School of Medicine - HR Dept.  
Spine Center  
Spring Creek Water Treatment  
**Springfield Clinic 1st**  
Springfield Clinic Main Campus  
Springfield Clinic SOGA  
Springnet  
St. John's Hospital  
St. John's Hospital - Lincolnshire  
St. John's Hospital - Panther Creek  
St. John's Lutheran Church  
St. Joseph's Home  
St. Mary's Hospital  
Staybridge Inn & Suites  
Taco Bell  
Target  
Taylorville Fire Department  
Taylorville Memorial Hospital  
Taylorville Municipal Building  
**Tilted Kilt**  
Tire Centers  
Townhouse Condominiums  
Union Station  
UIC Specialized Care  
UIS Townhouse Condominiums  
Vibra Hospital of Springfield  
Walgreens - Sherman  
Walgreens - Springfield  
Wells Fargo  
Westside Christian Church  
Yellowstone

**COMMERCIAL • INDUSTRIAL • INSTITUTIONAL**  
Plumbing • Heating • Air Conditioning • Sheet Metal • Fire Protection

E.L. Pruitt Co. is a leading provider of HVAC systems, plumbing, piping and fire protection for commercial, industrial and institutional clients in Illinois.

E.L. Pruitt Co. is a design firm specializing in Design-Build and negotiated projects, including sealed drawings.

(217) 789-0966 • Fax: (217) 789-2694 • 3090 Colt Road • PO Box 3306 • Springfield, IL 62708  
(217) 422-9590 • Fax: (217) 422-9565 • 121 South Webster • Decatur, IL 62563  
(217) 974-5611 • Fax: (217) 974-5614 • 1302 W. Anthony Drive • Champaign, IL 61821

IL Plumbing License #058-99730 • IL Fire Sprinkler License #FSC-0028

## ARCHITECTURE



Alex Block has started a new trend of standing workspaces in his office.

PHOTO BY DIANE LYDDON

# Not a garden-variety architect

By Diane Lyddon

Alex Block is one of two very busy architects at the award-winning engineering firm Crawford, Murphy and Tilly (CMT). He's been with the firm for a little over a year and a half, lured here by the intrigue of the wide variety of projects. For all his hard work and dedication to his profession, Block was awarded the 2015 John Wellborn Root Honor Award which is given by the American Institute of Architects (AIA). The annual award recognizes exemplary, noteworthy service and/or design talent of an AIA architect who has been licensed for 10 years or less.

Block is the current president of the AIA Central Chapter and was chosen by a jury of architects and community members for his "community work that makes him stand out among his peers - bringing architecture out into the world at large and engaging others in creating a better world." Asked about his architectural influences, Block replied, "I have always appreciated Tadao Ando's works. I love the apparent simple designs, use of light and form of his designs."

Block received the award at the PechaKucha event which was held at the Hoogland Center for the Arts on August 27, just one of the many volunteer projects in which Block himself is personally involved. He is the city organizer for the event, which was started by an architectural firm in Japan (the name translates to "chit-chat"). This fast-paced, entertaining slide show has the participants telling a story with 20 slides and just 20 seconds to describe each one.

After receiving his masters degree from the University of Detroit Mercy, Block came back to his roots in Springfield where he was born and raised. He married a high school classmate, Missy, although they didn't start dating until college. Alex says that along with helping his volunteer activities, Missy "provides advice and

moral support for all my endeavors."

He stays connected to the community through various volunteer activities. One close to his heart is Boy Scout troop 1. Since 2001 he has served as an assistant scoutmaster and treasurer. Block, himself a former Eagle Scout, has supervised camps, merit badge activities and meetings. He enjoys helping kids so much that he also volunteers with Springfield School District 186's Camp Compass Program for homeless and at-risk students during STEM (Science, Technology, Engineering and Math) week.

Block helps promote the workability and livability of downtown Springfield by serving on the Image and Design Council as the Chairman for the annual Upper Story tour. He is also part of Downtown Springfield Inc.'s promotion and event committee to help develop new community events and to organize current annual events.

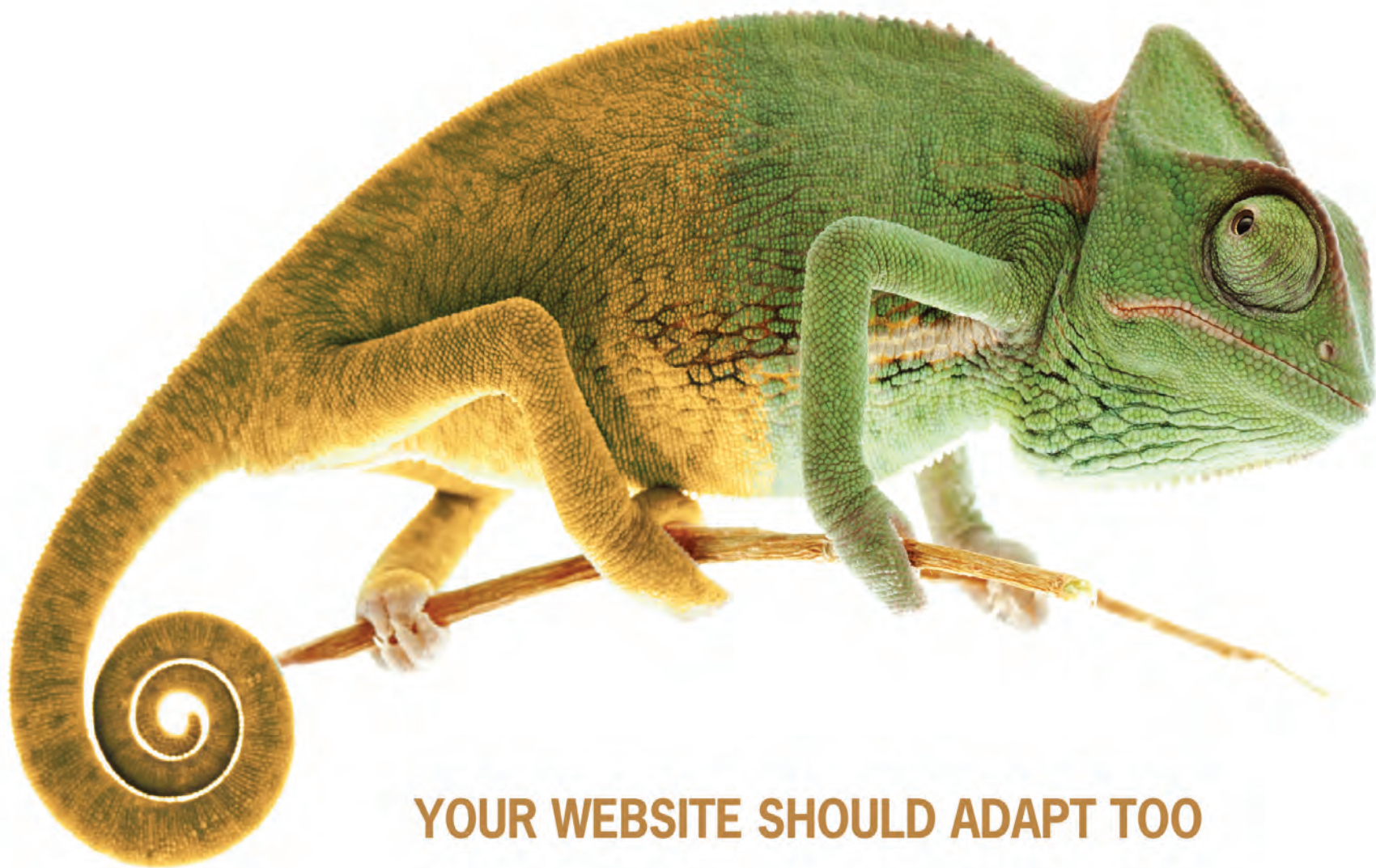
Volunteering to help animal organizations is another one of his many interests. Using his architectural talents, Block helped the Forever Home Feline Ranch's Rochester "farm" location by designing the inside of one of the buildings to divide it into four cat-friendly rooms. He also helped the organization with exploring the functionality of all the other existing buildings on the property.

He enjoys combining his architectural skills with engineering to take a design from start to finish. He's very proud of working on a project helping small churches to become ADA accessible, getting them up to code with ramps up to sanctuary levels. He enjoys working directly with clients to help them achieve their goals.

"Taking a concept and making it reality" is how he sums up his driving force. □

Diane Lyddon is a freelance graphic designer. She can be reached at [craftydogdesign@yahoo.com](mailto:craftydogdesign@yahoo.com).





## YOUR WEBSITE SHOULD ADAPT TOO

We build websites that respond automatically to today's changing environments – from phones to tablets to laptops to desktop computers. Does your website respond to the range of devices your customers use? We make sure it does, contact us today.



**LRS WEB SOLUTIONS**  
LEVI, RAY & SHOUP, INC

[www.LRSWebSolutions.com](http://www.LRSWebSolutions.com)

*web design | mobile development | custom programming | creative services*

© 2015 Levi, Ray & Shoup, Inc. All rights reserved. LRS is a registered trademark of Levi, Ray & Shoup, Inc.

**Springfield Business Journal | September 2015 | 5**



# To live and vape in Springfield

By Roberta Codemo

Matt Fortin hates cigarettes. A pack-and-a-half per day smoker for 15 years, he quit two years ago, thanks to electronic cigarettes, or vaping, defined by Wikipedia as “battery-powered vaporizers that simulate the feeling of smoking without the tobacco combustion.” Once Fortin picked up a vaporizer he never smoked another cigarette, he said. “I feel so much better since I quit.”

He opened Upper Limits, 1205 South Second St., in 2013 after he and a buddy got to joking around about opening a business. He dabbled in a few ventures before opening a vape shop. “This is a new exciting industry,” said Fortin.

There are five vape shops in Springfield. Fortin said the market is becoming saturated, however, because brick and mortar businesses can’t compete against online retailers. “I can’t imagine too many shops opening.”

His business is growing and there are a lot of changes in the works, including plans to open a second location and expand the store’s online presence. The store sells its own line of vaporizers and unique products that other shops don’t carry.

“I’ve invested a lot in the business,”

said Fortin, who added he’s not in it for the money. He and his five employees are anti-tobacco and passionate about what they do. Everything he makes he puts back into the business. “This is my baby.”

Electronic cigarettes are marketed as smoking cessation devices and are designed to wean people off nicotine by gradually stepping down the nicotine levels. His business has seen a lot of success stories. “I only want to help people quit smoking,” said Fortin, who has lost family members to lung cancer.

The battery-operated devices contain a heating element that vaporizes a nicotine-laced liquid solution and emits vaporized nicotine that is inhaled by the user. When the smoker exhales, a cloud of water vapor is released.

Therein lays the controversy. State Representative Kathleen Willis, D-Addison, introduced House Bill 2404 amending the Smoke Free Illinois Act of 2007 to ban the statewide use of vaping devices indoors. Ten cities in Illinois already have ordinances on the books.

She plans to re-introduce the legislation in January and is waiting for the Food and



The staff at Upper Limits includes Kevin Raines, Matt Chaipetto, Mark Lovekamp, Kim Raines and owner Matt Fortin.



LLCC Foundation Endowment Fund donor Cinda Edwards

## I GIVE because

### I care about the health of our community.

“The nursing program at LLCC was the start to an incredible profession I wouldn’t have dreamed possible,” says Sangamon County Coroner Cinda Edwards. “LLCC provided a solid foundation of education and introduced me to opportunities I would have bypassed otherwise. A bachelor’s degree in nursing followed after LLCC, and then a wonderful career in the medical field that I cherish every day.”

The LLCC Foundation Endowment Fund is a long-term investment benefiting students now and in the future. A strong education base adds value to the community.

MAKE AN IMPACT BY MAKING A DONATION AT [growbeyond-llcc.org](http://growbeyond-llcc.org).

**growbeyond**  
LLCC Foundation Endowment Fund



LLCC Foundation  
5250 Shepherd Road • Springfield, IL 62794  
p: 217.786.2785

▶ PLEASE GIVE AT [growbeyond-llcc.org](http://growbeyond-llcc.org)

The LLCC Foundation is a 501(c)(3) not-for-profit corporation providing financial support to the educational programs and services at Lincoln Land Community College.

» HELP US MAKE AN IMPACT!



LINCOLN LAND  
COMMUNITY  
COLLEGE  
FOUNDATION





PHOTO BY GINNY LEE

Drug Administration to release its new guidelines on electronic cigarettes. The American Lung Association, American Cancer Association and American Heart Association support the bill.

"There are a lot of huge unknowns," said Willis, who would like to see better alternatives to vaping devices because there are questions about long-term use and secondhand vapor.

The studies on secondhand vapor are conflicting. The American Lung Association reports studies have found secondhand vapor contains formaldehyde, acetaldehyde and other potential carcinogens, while other studies report small amounts of nicotine are exhaled.

Fortin argues that there's nothing harmful in electronic cigarettes. The only ingredients are water, nicotine, propylene glycol, vegetable glycerin and flavorings. "There's a lot of misinformation about vaping," he said.

"It's amazing what tobacco companies are allowed to do," said Fortin. "They can put whatever they want in cigarettes." Tobacco smoke contains more than 4,000 toxic chemicals.

His business only sells high-quality products manufactured in this country. "I care about what people put in their bodies," said Fortin, who feels the legislation is intrusive and will hurt the industry. "It should be left up to the businesses discretion." If a business doesn't want to allow vaping, they can put up a sign.

Willis knows that her legislation potentially affects small businesses, but her intent is not to crush a new industry. "It's a public health issue," she said. There are no guidelines in place to regulate what the products contain. Many are made in China and contain formaldehyde.

"It's better than smoking a nicotine cigarette," said Willis. One problem is that people don't quit vaping. "They're exchanging one device for another." There are safer alternatives to quit smoking, such as nicotine gum and patches.

She backed recent legislation that passed two years ago that required vaping devices be placed behind the counter. Vaping is becoming trendy. Teens pick up a device and try it, thinking it's safer for them because it's not a cigarette.

The American Lung Association is concerned that e-cigarettes will become a gateway drug to regular cigarettes, pointing to a recent Centers for Disease Control and Prevention study that shows e-cigarette use among school students increased 61 percent from 2012 to 2013.

Fortin said he doesn't want to glamorize vaping. "It's not good for the industry," he said. His shop has always carded because it carries nicotine products.

"Vaping isn't going anywhere," said Fortin. "It saves people." □

*Roberta Codemo is a full-time freelance writer. She can be reached at [rcodemo@hotmail.com](mailto:rcodemo@hotmail.com)*

[f](#) [i](#) [p](#) [t](#) [v](#) Visit [ChooseMemorial.org](http://ChooseMemorial.org)

## SAVING LIVES ONE LIFE AT A TIME.

When it comes to life's most critical moments, more people choose Memorial, the #1 ER in Springfield. Our powerful team of experts provides the most advanced cardiac, stroke and neuroscience care — to help patients not only survive, but return to their lives. For life-saving care, choose well. Choose Memorial.

*Choose well.*  
**CHOOSE MEMORIAL.**

**Memorial**  
HEALTH SYSTEM





# Moves in the works for Coldwell Banker and FFD

By Colin Patrick Brady

September will see more than a few Springfield business properties changing hands. Federated Funeral Directors, Coldwell Banker Honig Bell, and Coldwell Banker Commercial Devonshire Realty all plan moves to new locations this month.

Federated Funeral Directors chief Rob Buchanan says that a move is planned from their location of more than 50 years on S. MacArthur Ave. to 3201 Old Jacksonville Rd., site of the current Coldwell Banker office. Reasons behind the move include a necessity to provide workspace to a larger volume of employees although Buchanan says the move will not be completed until perhaps June of 2016. "The sooner the remodel happens, the sooner the move," Buchanan continues. The new facility will feature a newly remodeled interior, as well as a larger expanded west-oriented parking lot. Buchanan adds "Our new location will offer the same services but will include a more formal and improved training area for our employees".

In turn, the two Coldwell Banker offices, formally housed together on Old Jacksonville Rd., will each be relocating to separate digs. On the residential side, Coldwell Banker Honig Bell managing broker Don Cave reports that their new office will be in the

strip center at 4205 W. Wabash Ave., next to Luttrell Jewelers. Cave says the decision for the move was made on Jan. 1 of this year and finalized two weeks later. "This will be all new construction from the ground up," says Cave. "It is a high-traffic location and will include 5,300 square feet of space. Consumers will enjoy coming to this new facility." The new space will be home to 40 agents and independent contractors as well as an administrative staff of three.

On the commercial real estate side, Coldwell Banker Devonshire plans a move to a new downtown Springfield facility at 427 E. Monroe St., according to managing broker Curtis Tillett. Coldwell Banker Devonshire has offices in Peoria and Champaign-Urbana in addition to Springfield. According to Tillett, they are looking forward to the transition. "The current property on Old Jacksonville Rd. was built around twenty years ago, in 1995." Regarding the new location itself, Tillett says "We are excited about moving downtown - we'll have access to more room than we have now, and will utilize more space." □

*Colin Patrick Brady is a freelance writer from Decatur.*



Federated Funerals Directors will be moving to 3201 Old Jacksonville Rd.

PHOTO BY GINNY LEE

**401(k)**

**Deferred Comp**

**IRAs**

**We make it easy to roll over your retirement nest eggs**

**SB FINANCIAL**  
A SUBSIDIARY OF SECURITY BANK

**Karen Hansen (217) 541-1223 ♦ Melissa Parris (217) 541-1222**

**Employer-Sponsored Retirement Plans ♦ 401k Rollovers**  
**Traditional & Roth IRAs ♦ Life Insurance ♦ 529 Education Savings**

SB Financial is a subsidiary of Security Bank (SB). Securities are: not insured by the FDIC; not a deposit or other obligation of, or guaranteed by, the depository institution; subject to investment risks, including possible loss of the principal amount invested. Securities, Insurance, and Investment Advisory Services are offered through Midwestern Securities Trading Company, LLC (MSTC). Member FINRA/SIPC. MSTC and SB are not affiliated.



Springfield Business Journal presents

# LEGACY AWARDS 2015

To benefit the Historic Preservation Fund,  
Community Foundation for the Land of Lincoln



Paul Schafer of Eck, Schafer & Punke.

PHOTO BY PAT YEAGLE

## 50 YEARS OR FEWER IN BUSINESS

# Eck, Schafer & Punke

By Gabe House

Eck, Schafer & Punke isn't your typical accountancy firm. They work hard. But, explained tax partner Paul Schafer, they play hard as well.

"We're a little different, and we're a little laid-back," Schafer said. "We like to have fun. But we also have to get down to business and get the job done."

It's a strategy that appears to be working for the firm. Its roughly 35 employees have been busy at work (and play) since 1994 when the company began its professional practice. And they have a lot to keep them busy.

"I'm trying to boil this down into a concise, one-paragraph summary," Schafer said. "We're a full-service accounting firm offering a broad range of services from audit and attest services, other attest services for both commercial and not-for-profit clients as well as consulting and income tax planning and compliance services for that same broad range of clients. We also have wealth management services for our clients

as well."

In other words, as Schafer said, nobody is sitting on their hands at the office.

Eck, Schafer & Punke's clients are typically within a three-hour-drive's radius from Springfield, Schafer said, but there is a smattering of clients throughout the Midwest, as well as on both coasts. The firm's growth over the past 21 years even led to a merger with Perrino & Associates in January of 2014.

"So they've been here almost two years now," Schafer said. "The attraction there (is that) Mario is a premier tax practitioner in that three-hour loop I just described. He's one of the best there is, we've always respected him and we're happy to have him on board."

So what is Eck, Schafer & Punke's key to success?

"Without doing too much patting ourselves on the back, I think it starts with the people," Schafer said. "That's the strength of our firm. We've always sought

out and tried to keep good people. We have a great bunch and that translates into good service for clients. And that makes for happy clients. They tell their friends, and that's where the business comes from."

Find good employees. Make them happy. They make clients happy. It sounds simple. Of course, it really isn't.

Schafer said they continue to attract good talent that fits within the firm's philosophy in a couple of different ways. First, the firm works with local colleges, particularly with University of Illinois Springfield, to field interns. Often, Schafer said, those interns end up as employees. Promoting from within whenever possible is another method to retaining top talent.

That whole "playing hard" aspect probably helps too. And nothing epitomizes that more, Schafer said, than the firm's direct involvement with Springfield's very popular Fat Ass 5K. The annual race and street party has raised more than \$860,000 over the

course of eight years.

"That's something we're very proud of," Schafer said. "If you talk about having fun and doing some good along the way, that event is a great example."

The Fat Ass 5k isn't the only way Eck, Schafer & Punke contribute to the community's well-being, though. Many employees sit on boards and donate time and/or money to numerous charitable organizations in the area.

"We've always tried to instill that in our people," Schafer said. "You need to get out there, get involved and meet people. We don't mind people taking time to get involved in those causes."

"This is where we live, so we want to do what we can to make Springfield a better place. We're just doing our little bit, but everybody has to do their little bit." □

*Gabe House is a freelance writer in Springfield.*



Springfield Business Journal presents

# LEGACY AWARDS 2015

To benefit the Historic Preservation Fund,  
Community Foundation for the Land of Lincoln



Springfield Electric in its early days.

PHOTO COURTESY OF SPRINGFIELD ELECTRIC

## 51-100 YEARS IN BUSINESS

# Springfield Electric

By Gabe House

In one form or another, the Springfield Electric Supply Company has been a fixture (no pun intended) in the capitol city for nearly a century.

Founder William Robert Schnirring began working at Meador Electric in 1919 at the age of 18. Schnirring became a full partner in 1922 and then bought the fixture, appliance and contracting business in 1929. But the true genesis of Springfield Electric occurred in 1932 when Schnirring converted his contracting business into the Springfield Electric Supply Company to focus on electrical distribution.

"We now have 17 branches," said Springfield Electric executive chairman Randy Germeraad. "There are 14 in Illinois, two in Iowa and one in Missouri."

The career path Schnirring embarked upon as a 19-year-old has resulted in the employment of more than 300 workers across those 17 branches. From inventory management to facility electrical solutions

to energy audits, Springfield Electric offers a range of comprehensive electrical services.

Germeraad, though, said that anyone can do what Springfield Electric does and sell what Springfield Electric sells. The difference in this case, he explained, is the people Springfield Electric employs.

"I think it's always about the people," Germeraad said. "It's how we encourage them, how we compensate them, I think we just do a really good job in our training."

"Each associate has an individual development plan. When you have those plans, you're always trying to improve. And when you're always trying to improve that translates to solid efforts for the customers and better business all around."

It's just one facet of the philosophy Schnirring began employing decades ago, Germeraad said. The goal "is to serve and foster effective relationships with four key constituents: the communities where

we reside; the suppliers with whom we partner; the associates who live our vision; and the customers whose loyalty and support are the reason for our success."

In fact, Germeraad said, the company is extremely proud of its involvement with community service. It is discussed at annual board meetings as an item on the agenda. There are reports on the levels of involvement. Springfield Electric even has a competition of sorts for who performs the most community service.

"Thirty-one percent of the company is owned by the employees and as part of Employee Stock Ownership Plan (ESOP) Month, we have a competition among locations to see who puts in the most hours October through December," Germeraad said. "We also encourage our people to give, if not in money, then at least in time."

United Way is a large part of Springfield Electric Supply Company's charitable involvement. Germeraad said the company

is a pacesetter for United Way and has been so as long as he can remember. Additionally, Germeraad said, Springfield Electric helped build a home with Habitat for Humanity in 2014.

This community involvement isn't just limited to Springfield, though. Germeraad explained that every single branch of the Springfield Electric Supply Company aims to give back to the communities that surround them.

"It may become more difficult to do so outside of Springfield in the downstate locations," Germeraad said. "But it's something we encourage our employees to do."

"It's part of our plan to be highly active and participative in our community. If you derive your income from a community, you need to give back. We strive to do that with all of our locations." □

*Gabe House is a freelance writer in Springfield.*



Springfield Business Journal presents

# LEGACY AWARDS 2015

To benefit the Historic Preservation Fund,  
Community Foundation for the Land of Lincoln



Company founder R.W. Troxell.

PHOTO COURTESY OF R.W. TROXELL

## 100+ YEARS IN BUSINESS

# R.W. Troxell

By Roberta Codemo

"It's an honor," said R.W. Troxell marketing director Alysse Aiello Hewell of the company's Legacy Award. "It's pretty amazing how much Troxell does."

The company's commitment to community involvement dates back to its beginnings. "There's a huge focus on giving back," said Bridget Shea, property insurance producer. As a local business, the company believes in supporting local nonprofits and giving back to the community.

It's difficult to find an organization that the company hasn't touched in some way, and the list reads like a nonprofit *Who's Who* for the Springfield area. Hewell said the company gives back to multiple nonprofits in the area. It is a big supporter of the United Way and in 2014 exceeded its donation goals by 121 percent, with a 78 percent participation rate.

"The United Way is a huge campaign," said Lori Curry, individual life and health specialist. "It touches so many organizations."

Community involvement extends from

the top down. "The owners lead by example," said Hewell, whether it be serving on various boards or volunteering in the community. Everyone in the company contributes in some way. Hewell tracks the volunteer hours each person donates.

"It's impressive how much people are involved with," said Hewell, adding the company attracts people with the same core values. One new hire said she liked Troxell because it was focused on community involvement.

Lori Ruppel, commercial lines account manager, said volunteering gives her the opportunity to meet new people and have fun. "It feels good," she said. The company is growing so fast it's sometimes hard to get to know everybody.

"It's a great way to do something," said Curry, if only for a couple of hours. "If others can give, why can't I?"

Each Friday, all employees give back in some way to the community. Employees pay \$3 and can wear jeans to work on Friday. The monies raised go to support a different

charity each month. Requests are filtered through Hewell, who said the company would love to help everyone but can't. The company is always willing to reach out where there's a need.

There are opportunities to give for employees who want to donate items. The company recently collected 434 rolls of toilet paper for the St. Martin de Porres TP the Town campaign and donates items to multiple organizations in the community. Every year employees donate food for holiday gift baskets.

There is a core group who has volunteered for almost every event. Hewell, Shea, Curry and Ruppel formed "Better Troxell, Better You" to focus on community involvement, healthy living, morale and physical activity. At the holiday party, there is a "Mr. and Mrs. Troxell" award given out to those who attend the Troxell volunteer events and exemplify the values that Troxell has.

The group started to promote physical activity and healthy living by forming walking clubs but has evolved to offer a

wide array of options to involve everyone. "It certainly helps morale," said Hewell. "It's something we can all do together."

Morale is important because happy employees make better employees. The company plans activities that bring everyone together. "It's nice that employees are appreciated," said Curry. The company has hosted art night at the Springfield Art Association, held after work networking parties and provided free ice cream to employees.

Everyone remarked on how generous local businesses are. "We need to lean on each other and support each other," said Ruppel. Everyone needs help at some point.

"It's remarkable how many local businesses give back," added Shea, who is always surprised at the number of businesses she sees at local events. □

*Roberta Codemo is a full-time freelance writer. She can be reached at [rcodemo@hotmail.com](mailto:rcodemo@hotmail.com).*



Springfield Business Journal presents

# LEGACY AWARDS 2015

To benefit the Historic Preservation Fund,  
Community Foundation for the Land of Lincoln



PHOTO COURTESY OF PAUL O'SHEA

## PRESERVATION ADVOCATE OF THE YEAR

# Paul O'Shea

By Roberta Codemo

"It's humbling to say the least," said Springfield native Paul O'Shea when learning he was receiving a lifetime achievement award as Preservation Advocate of the Year. "It's hard to imagine anything higher than lifetime achievement."

"It's amazing what can be done when you're always doing," he continued, quoting Thomas Jefferson, while reflecting back on his decades-long contributions to the community. He has focused on organizations that he felt he could contribute to and derives satisfaction from achieving goals.

O'Shea is redefining his new role since recently retiring as planning and design coordinator for the city of Springfield and remains willing to give of himself and lend his experience when needed.

He has had a long and illustrious career. He worked in Bloomington as a young man, before moving back to Springfield, at which point he became an associate with Ferry and Henderson Architects and was involved in several major projects including the restoration of the Old State Capitol and designing the Municipal Plaza. He was the principal and founder of Graham, O'Shea and Wisnosky Architects in 1968.

After nine years with the city, he is transitioning into a new role. He's not ready to slow down. "The Lord has blessed me with good health to do what I do for as long as I can do it," he said. "Death is nature's way of slowing down."

What is important to him is family, friends, fellow workers and faith. He believes in living life to the fullest.

He was raised to treat others the way he expected to be treated. "This relates to

historic preservation," he said. You have to respect people, the environment and physical structures.

While he is proud of the awards that he's received, he remains unpretentious and doesn't like to talk about himself. He lives his life guided by author Stephen Covey's four principles: live, love, learn and leave a legacy.

He has left his mark on this city. When he was first approached by former mayor Tim Davlin about the city planning position, he told him, "I'm not a city planner; I'm an architect." It worked out to be a very cooperative relationship.

His career accomplishments include serving on the Regional/Urban Design Assistance Team steering committee in 2001 and bringing a sustainable design assessment team from the American Institute of Architects here in 2012 to study the downtown area and the connected neighborhoods.

SDAT met with the public works department and discussed traffic calming – reducing the speed limit through downtown – and creating public art at crosswalks. Their recommendations included utilizing existing infrastructure at the inner city core for residential development and creating a pedestrian friendly urban center.

O'Shea believes it is essential to bring people and jobs downtown. "Young millennials want to live downtown," he said. "There are a lot of positive features about this community that people don't stop and take a look at."

He wants to create downtown neighborhoods with easy walkability and livability design features where people can meet their neighbors.

There has been a lot of progress but a lot remains to be done. He points to recent upper-story renovation projects throughout downtown, the medical district and the Jackson Street Corridor project.

"You have to get people engaged and to follow through," he said, citing the failure of the \$10 million Bluffstone project at Fourth and Madison, which would have provided downtown housing for University students.

Developers say that it's too difficult to develop downtown. "It's frustrating," he said, adding that people need to realize the extra effort that it takes is worth it. He said some people have too much negativity. "It's hard to get projects done."

He points to the work that Court and Karen Conn have accomplished, including rebuilding the Vachel Lindsay home to recapture its original flavor and renovating the Maisenbacher House.

"They are a success story," he said, pointing out that the Conns are willing to invest the time and talent in hidden treasures to make things happen. "We need more people like that."

He wants more focus on smart growth – eliminating urban sprawl and providing disincentives to build new buildings. "We need to utilize existing buildings rather than building new ones in the green fields."

He supports a design assistance program, where architects would work with developers. "It takes creative imagination."

History is important; it shapes the way that architects approach design. "It's important to know where we came from and to appreciate the people who came before," he said.

"When you look at a building, you start to see the detail that was put into it," he continued. "It's a work of art."

To honor the 150th anniversary of the American Institute for Architects in 2007, he invited Robert Selby and a group of his architecture students from the University of Illinois Champaign-Urbana to come and redesign five downtown historic buildings, creating a blueprint for Springfield.

"There's a lot of focus on the historic buildings downtown," he said. The greenest buildings are those that make use of existing structures rather than taking resources and building new ones. The downtown buildings are well-built, don't require as much maintenance and are part of the existing infrastructure.

He has been involved with a number of projects to raise awareness about historic preservation, including the Governor's Mansion remodel. In 2008, he was part of the core group that formed to recognize the contributions of the individuals who restored the Old State Capitol in 1968. At that time, people felt it was important to bring the building back to life.

The organization held a gala and the monies that were left over were used to start the Historic Preservation Fund, which is managed through the Community Foundation for the Land of Lincoln. To date, the fund has given four grants to community organizations. Last year, Edwards Place received a grant for reproduced wallpaper as part of their historic refurbishing project.

"I want to leave the world a little better than when I came into it," he said. "I want to make my mark in a small way." □



Springfield Business Journal presents

# LEGACY AWARDS 2015

To benefit the Historic Preservation Fund,  
Community Foundation for the Land of Lincoln



A sketch of the porch to be replicated on the Strawbridge-Shepherd House.

ILLUSTRATION COURTESY OF MASSIE MASSIE AND ASSOCIATES

## Growing a fund to support preservation

From a \$399 acorn, the CFLL Historic Preservation Fund  
has grown enough to make substantial annual grants

By Fletcher Farrar

The CFLL Historic Preservation Fund has announced that its 2015 grant of \$6,000 goes to the Elijah Iles House Foundation to build a porch that will complete the restoration of the Strawbridge-Shepherd House on the University of Illinois Springfield campus. Now in its fourth year of awarding an annual grant for local historic preservation projects, the fund has awarded a cumulative \$18,000.

The CFLL Historic Preservation Fund has grown steadily since its humble but hopeful beginning in 2008. With its current balance of \$75,000, the permanent fund at the Community Foundation of the Land of Lincoln was able to grant \$6,000 this year. As the fund balance continues to grow, larger annual grants will be available to advance the cause of historic preservation in the Springfield area.

Though not yet a mighty oak, the story of the acorn from which the fund began its life has become almost legendary. In 2008 a group formed in Springfield to celebrate the 40th anniversary of the Old State Capitol Renovation and to honor the visionary architects, engineers and contractors who

designed the project to dismantle the Old Capitol, build an underground parking garage on the site, then reassemble the building to look like the Statehouse of Abraham Lincoln's day. The Old Capitol Community Tribute on March 25, 2008, was a success both in drawing a crowd and paying the event's bills. The \$25 per person ticket price brought in \$3,500, to cover expenses of \$3,100.

The leaders of the steering committee – Bob Gray of the Citizens Club, Paul O'Shea, architect and Springfield planning coordinator, and Justin Blandford of the Illinois Historic Preservation Agency – puzzled over what to do with the almost \$400 left over from the event. Paul O'Shea had the idea of starting a fund. On May 29, 2008, the group hand-delivered a check for \$399.21 to what was then the Sangamon County Community Foundation, and the idea was launched. Two years later, after a gift from Paul O'Shea and donations from others interested in historic preservation, the Historic Preservation Fund was officially announced at the Old State Capitol.

An annual mail solicitation to Springfield-area preservation supporters, plus an annual gala for the past several years, have helped to bring the fund to \$75,000 where it stands today.

Here are the grant recipients and the projects aided by the fund:

### 2012

Downtown Springfield, Inc. – \$4,000 for a pilot program to develop a way-finding system to better link historic sites and properties in the downtown area of Springfield.

### 2013

The Greater Springfield Chamber of Commerce Foundation – \$4,000 for the purpose of developing planning concepts and documents, including artistic renderings of a pedestrian trail linking historic sites and properties from the Illinois State Capitol Complex to the Abraham Lincoln National Historic Site along Jackson Street in Springfield. The project shall be known as the Jackson Street Corridor.

### 2014

Springfield Art Association – \$4,000 for the reproduction of 1850s wallpaper discovered during the interior restoration of Edwards Place, the Lincoln-era historic house museum owned and operated by the Springfield Art Association.

### 2015

Elijah Iles House Foundation – \$6,000 to restore the Strawbridge-Shepherd House on the UIS campus. The House recently was placed on the National Register of Historic Places. To complete the historic restoration, a porch on the north side of the east west extension is yet to be constructed. The porch will not only complete historic restoration, but will allow for inclusion of handicapped accessible access to the House. The House is presently leased to Illinois State Historical Society. □

*Fletcher Farrar is a member of the advisory board of the Community Foundation for the Land of Lincoln's Historic Preservation Fund and is publisher of Springfield Business Journal.*



# Nonprofit food for thought

By Eric Woods



## Kristy Gilmore

**Title:** Food and Agency Resource Director,  
Central Illinois Foodbank  
**Address:** 1937 E. Cook St., Springfield, Ill.,  
62703  
**Education:** M.A. in human services from University  
of Illinois Springfield  
**Family:** Husband - Jeff; Daughter - Chloe

### Favorites -

**Hobby:** Traveling  
**Book:** *In My Hands: Memories of a Holocaust  
Rescuer* by Irene Opdyke  
**Sports team:** St. Louis Cardinals

### Tidbits -

Has traveled to the Caribbean six times  
On the board for Illinois Women in Leadership  
Favorite class in school was psychology

Kristy Gilmore lives in Riverton and has been in the Springfield area for the past 17 years. "Coming from a small town, Springfield has more opportunities and options for young people," she said. One of Gilmore's least favorite things about living in central Illinois is the cold weather in the winters. She would also like to see more growth in the area. "I see other cities like Peoria and St. Louis that continue to grow and have more opportunities. We need to bring in things that entice people to come to the city."

Growing up, Gilmore was part of a family with high expectations, which she feels shaped her into the person she ultimately became. "If I now have a goal to meet, I am going to meet it," she said. In her home, pursuing an education was important and expected. Initially she wanted to be a teacher when she grew up, but she never pursued that career. While in high school, Gilmore experienced the greatest moment of her childhood when her class danced during the halftime show of the Cotton Bowl in Texas. "We wore these leotards, and it was bitter cold."

During her undergraduate years at Blackburn College, Gilmore worked on campus. She started her freshman year by

working in the cafeteria. "They have a work program, and freshmen are all placed in a job, and that reduces tuition along with room and board," said Gilmore. Her first job was assigned to her, as students in their first year do not get to apply for or choose where they work. "The next year I applied in the library, and I worked there for the next three years."

Gilmore has been with the Central Illinois Foodbank for 12 years. She is in charge of overseeing all programs and agencies. "We have 150 different nonprofit agencies that receive food from us," she said. "I manage relationships with donors of all food that comes in." The agencies must go through an application process as there are certain criteria that must be met. Gilmore manages the school breakfast, kids café, and mobile pantry programs. In 2014, the foodbank gave out 11 million pounds of food, and they expect to give away more than 12 million pounds by the end of 2015.

September is Hunger Action Month, and Central Illinois Foodbank has created a calendar of events that people looking to support the organization can follow. "People can do simple stuff like have a food drive, volunteer, maybe skip a week of coffee and

donate the money, or just invite someone to your house for dinner. You are just making others aware of hunger," said Gilmore. The organization's annual Harvest Ball is also coming up in November, and Gilmore is currently looking for sponsors for that event.

Those hoping for a career in the nonprofit industry must have the passion for it, according to Gilmore. "When you find something you are passionate about, pursue it and stick with it," she said. "In the long run, being happy in your job and helping others is more important than the money you make." Keeping emotion out of a situation is also important and something Gilmore learned long ago, especially regarding anger.

Looking to the future, Gilmore would like to eventually become the executive director for a nonprofit organization. More than anything, she wants to know that her family will be happy and healthy and that she and her husband will have reached their career aspirations. Gilmore would like to retire around age 60. "It needs to be early enough to travel more and enjoy retirement," she said. □

*Eric Woods can be reached  
at [ericw93@aol.com](mailto:ericw93@aol.com).*



**Have you searched for your small business on a smart phone?**

**Does your business show up?**

**Is the information on your business accurate?**

**Worse yet, did only your competitors show up?**

**~ Let us get you on the map ~**

Help us put every Springfield small business on Google maps. Your customers increasingly use their smart phone to search for nearby businesses. If you aren't on the internet, you are invisible to many of your potential customers. Attend our SCORE workshop and we will help you claim your free Google Business Plus account.

Visit [springfieldil.score.org](http://springfieldil.score.org) to register for our workshops.



Let's Put Springfield On The Map  
Sponsored by SCORE and our partners





## RIBBON CUTTING



Executive director Rod Lane and Mayor Jim Langfelder cut the ribbon.

PHOTOS BY GINNY LEE

# New digs for Helping Hands

By Ginny Lee

Helping Hands of Springfield held an open house Thursday, August 13, 2015 at its new building at 1023 E. Washington Ave. The 26-year-old organization moved from its previous location at 1015 E. Madison at the end of June. The new facility has 48 beds for short-term and longer-term residents.

Rod Lane, who has been executive director at Helping Hands for almost three years, said, "This is the first time we've had all our programs under one roof. Our caseworker finally has an office. We are able to strategically administer our programs so that our clients are better served."

Helping Hands received funding to buy their new building via a federal grant to the city, and then did \$323,000 worth of rehab work, including a firewall, showers, floors, sprinklers and a new HVAC unit in the sleeping room. The organization occupies 7,000 square feet of the building, which formerly housed Catholic Charities' food pantry and Crisis Assistance office, as well as the Computer Banc business. The faith-based U-Turn Life Center rents the back portion of the building to provide day services to the homeless.



Case manager Shirley Thompson shows off the sleeping area at Helping Hands during the open house.

Helping Hands serves two types of clients: those receiving shelter services who have caseworkers and emergency clients who stay overnight.

The 24-hour shelter serves homeless men and women over the age of 18. Clients receive an evening meal and nightly shower. Caseworkers are provided to long-term residents as is alcohol and drug counseling, a modern computer lab and access to mental health programs. Residents can use

the cafeteria and quiet area for working on resumes and homework, as well as eating, reading and watching television. Anyone can come in to the Helping Hands facility and take a shower if they show an ID as part of the organization's day services, according to Lane.

The organization's SOAR program helps clients access social security and social security disability insurance. Another program helps with budgeting and money management so that bills are paid to help keep clients off the streets.

Patti Varner, past president of the board of Helping Hands said, "In the past it appeared that we were about to make a deal and have a place, then it would fall through – problems with zoning, a building or something else."

"It all flowed here this time," Lane added. "We were in the right place at the right time. We save this community a lot of money. It costs a community \$43,000 per homeless person each year if they are on the street and just \$16,800 if a person is sheltered here. If a client has his own apartment it's even cheaper. What we do is fiscally responsible. We are public servants. It makes our city better when we treat our people better."

Lane, 40, has been working with the homeless population as a social worker since 1997. He had been a caseworker in Bloomington, then director of community impact at the United Way in Springfield. He received the Springfield Business Journal's Forty Under 40 award in 2013.

The new building is across Ninth St. from Catholic Charities and Contact Ministries. The organization invites citizens to help sponsor their recent refurbishment costs to reduce its debt.

Helping Hands' wish list includes coffee creamer and filters, toilet paper, hand sanitizer, a bicycle rack, a floor buffer and patio furniture for clients to use outside the building.

For more information, call 217-522-0048 or see [www.helpinghandsofspringfield.org](http://www.helpinghandsofspringfield.org).

*Ginny Lee is a frequent contributor to Springfield Business Journal as a writer and photographer.*

## FALL REMODEL? WE CAN HELP!

WHEN YOU CHANGE A LIFESTYLE, HELP CHANGE A LIFE TOO!

FOR A LIMITED TIME  
**FREE  
& EASY  
PICK-UP**

USE CODE SBJ2015 FOR THIS SERVICE WHEN CALLING



WE WILL BE IN YOUR NEIGHBORHOOD NEXT WEEK.  
DONATE WHAT YOU NO LONGER WANT TO US:

• FURNITURE • WORKING APPLIANCES • HOME DÉCOR • BUILDING MATERIALS

ALL DONATIONS ARE TAX DEDUCTIBLE

Habitat for Humanity® **ReStore**

2744 S. Sixth St. • 217-787-7209  
[www.habitatsangamon.com/ReStore.aspx](http://www.habitatsangamon.com/ReStore.aspx)



AIA  
Illinois



CMT  
Crawford, Murphy & Tilly

*Congratulate*  
**Alex Block, AIA**



*As the 2015 recipient of the*  
**John Wellborn Root Honor Award**

For an emerging professional in Illinois' architectural profession



## MAJOR ASSOCIATIONS

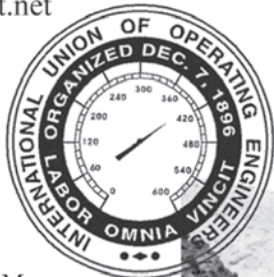

**Sources: The Associations.**  
(Ranked by Numbers of Members)


	ASSOCIATION NAME ADDRESS CITY, STATE, ZIP	PHONE (-) FAX (=) WEBSITE (www.)	MEMBERSHIP	PRESIDENT	MISSION	YEAR EST'D
1	<b>Illinois Education Association</b> 100 E. Edwards Springfield, IL 62704	217-544-0706 217-544=7383 ieanea.org	133,000	Cinda Klickna	Committed to advancing the cause of public education	1853
2	<b>Illinois Federation of Teachers</b> 700 S. College Springfield, IL 62704	217-544-8562 217-544=1729 ift-aft.org	103,000	Daniel J. Montgomery	Improve public education and public services for Illinois students and citizens	1936
3	<b>Illinois Association of REALTORS®</b> 522 S. Fifth St. Springfield, IL 62701	217-529-2600 217-529=3904 illinoisrealtor.org	43,000	Jim Kinney	As "The Voice for Real Estate in Illinois," IAR is the leading private property advocate in the state, promoting legislation that safeguards and advances the interests of real property ownership; and advocate for a healthy business environment and a professional resource for our member REALTORS®	1916
4	<b>Illinois State Bar Association</b> 424 S. Second St. Springfield, IL 62701	217-525-1760 217-525=0712 isba.org	32,000	Umberto S. Davi	Promote the interests of the legal profession and improve the administration of justice, the quality of members' professional lives, and their relations with the public	1877
5	<b>Illinois CPA Society</b> 524 S. Second St., Suite 504 Springfield, IL 62701	217-789-7914 217-789=7924 icpas.org	24,000	Todd Shapiro	To enhance the value of the CPA profession	1903
6	<b>Illinois State Medical Society</b> 600 S. Second St., Suite 200 Springfield, IL 62704	217-528-5609 217-525=3923 isms.org	12,000	Scott Cooper, MD	Represents and unifies its physician members; represents the interests of member physicians; advocates for patients; promotes the doctor/patient relationship; the ethical practice of medicine; the betterment of the public health	1840
7	<b>Illinois State Dental Society</b> 1010 S. Second St., P.O. Box 376 Springfield, IL 62704/62705	217-525-1406 217-525=8872 ids.org	6,600	Dr. Bradley W. Barnes, DDS	To represent the members of the Society and the public we serve through communication, education and legislation.	1865
8	<b>Illinois Principals Association</b> 2940 Baker Drive Springfield, IL 62703	217-525-1383 217-525=7264 ilprincipals.org	5,200	Sean German	To advance learning through effective educational leadership	1971
9	<b>Illinois Manufacturers' Association</b> 220 E. Adams St. Springfield, IL 62701	217-522-1240 217-522=2367 ima-net.org	4,000	Gregory W. Baise	Strengthen the economic, social, environmental and governmental conditions for manufacturing and allied enterprises in Illinois	1893
9	<b>AIA Illinois</b> 1 Old State Capitol Plaza N., Suite 300 Springfield, IL 62701	217-522-2309 217-522=5370 aiail.org	4,000	Mike Elliott	To advocate a livable built environment by advancing the profession of architecture in Illinois	1946
10	<b>Illinois Nurses Association</b> 911 S. Second St. Springfield, IL 62704	217-523-0783 217-523=0838 illinoisnurses.com	3,500	Sandra J. Robinson, RN	The mission of the INA is to work for the improvement of health standards and availability of health care services for all people in Illinois, foster high standards for nurses, stimulate and promote professional development of nurses, and advance their economic and general welfare.	1901
11	<b>Mid-West Truckers Association</b> 2727 N. Dirksen Parkway Springfield, IL 62702	217-525-0310 217-525=0342 www.midwesttruckers.com	3,410	Don Schaefer, Exec. VP	Provides a wide range of services to trucking companies and businesses that use trucks in their operation. Represent truck operators before federal, state and local governments and regulatory agencies. MTA seeks to promote the economic and safe operation of trucks and provides safety training, drug & alcohol testing, insurance, licensing and permit services.	1961
12	<b>Illinois Chamber of Commerce</b> 215 E. Adams St. Springfield, IL 62701	217-522-5512 217-522=5518 ilchamber.org	3,200	Todd Maisch	To aggressively advocate the interest of business to promote prosperity and opportunity for the citizens of Illinois	1919
13	<b>Illinois Society of Professional Engineers</b> 100 E. Washington St. Springfield, IL 62701	217-544-7424 217-528=6545 illinoisengineer.com	2,400	Ronald Steenken, PE and SE	Advance and promote the public welfare in connection with construction, environment, licensing, public health and transportation	1886
14	<b>Illinois Trial Lawyers Association</b> 401 W. Edwards St. Springfield, IL 62704	217-789-0755 217-789=0810 iltla.com	2,000	Perry J. Browder	Achieve high standards of professional ethics; uphold laws; secure and protect the rights of those injured in their persons or civil rights	1952
15	<b>Home Builders Association of Illinois</b> 112 W. Edwards St. Springfield, IL 62704	217-753-3963 217-670=1719 hbai.org	1,700	Bill Basic	Serve as the voice of the housing and building industry in Illinois	1956

**International Union of  
Operating Engineers Local 965**  
3520 East Cook St. • Springfield, IL 62703  
Phone: 217-528-9659 • Fax: 217-528-9060  
Email: operators@comcast.net

*Serving the skilled  
labor needs of the  
community since 1931*

Dennis R. Minick, Business Manager  
Kent A. Campbell, President  
Bret Scaggs, Sangamon County Business  
Representative





Association of  
Information Technology  
Professionals

AITP Capitol is a local Chapter of AITP International with members interested in **Information Technology** and its successes and shortcomings. Join us each month for interesting speakers from the industry's top organizations on timely topics relative to all of us employed in this field or not. Information Technology touches everyone's lives and sometimes controls what we can accomplish each day.

[www.aitpcapitol.org](http://www.aitpcapitol.org)

Next meeting is September 15 at Top Cats Chill & Grill, 3211 E. Sangamon.	Hospitality 5:30-6:00 Dinner 6:00-6:45 Speaker 6:45-7:30
---	--

International dues now \$99 through December 31, 2015



Certified Association Executive (CAE) Study Group  
Year-Round Educational & Live Webinars

**Face-to-Face Events**

**Dynamic Speakers**

**Professional Development**

**Network with Colleagues and Industry Suppliers**

**Share Your  
Knowledge**

**Terrific Topics**

**Learn from Other Executives**

**Member Discounts**

**Summer  
Session**

HEART OF THE  
ASSOCIATION  
EXECUTIVE  
INDUSTRY

ISAE



Illinois Society of  
Association  
Executives



[www.isae.com](http://www.isae.com)

Contact  
Destiny Nance-Evans  
217-753-1190 x124  
or at [dnance-evans@firminc.com](mailto:dnance-evans@firminc.com)



# A new habitat for ReStore

By Colin Patrick Brady

Over the past 15 years, Habitat for Humanity's ReStore of Springfield has moved five times. Executive director Colleen Stone hopes that its latest location at 2744 S. 6th Street will be the final and permanent home for this unique store. Acquired in Aug. 2014, renovations on the ReStore site began as early as June of that year and continue through the present. A grand opening with a ribbon-cutting was held on Aug. 29, although concrete and masonry work on an extension is still underway.

"All types of goods one could hope to use to fix and furnish a house will be available at the ReStore," Stone says. "Furniture, vanities, doors, windows, construction boards, and various building materials." Stone stresses that over 90 percent of the items that you may purchase from the ReStore are gently used.

Hired in October 2013 by Habitat for Humanity of Sangamon County, Colleen Stone had spent the previous 11 years working for the American Red Cross. She sees two main factors behind the existence of Springfield's ReStore. "One is so we can pay for operations of Habitat for Humanity (of Sangamon County) so that the affiliate can exist." Stone says the proceeds from the ReStore benefit Habitat for Humanity

directly. Which leads to the other reason to have a ReStore: "Two to three years down the line, the Springfield ReStore will be able to directly fund the building of houses," the very mandate of Habitat for Humanity.

Stone states the overall mission of Habitat for Humanity in simple terms: "To eliminate poverty housing throughout the world." In Sangamon County the annual goal is 8 to ten houses constructed and completed. However, according to Stone, "this year, out of all the houses we've needed, only four have so far been built. I am confident that we will be able to do it, though."

The ribbon-cutting event included many activities, including hourly drawings for prizes, as well as a team on-hand dispensing instruction on how to repurpose wooden pallets into a variety of objects such as frames, tables, and wine racks, as well as activities for kids and a car show hosted by the Route 66 Car Club.

Stone says the completed ReStore measures in at 20,000 square feet. "We are in the process of adding a drive-through donation center onto the building. It is currently under construction on the south-east side." The donation drive-through area will be covered by a weatherproof canopy as well.



Habitat ReStore recycles couches, chairs, lighting, toilets, sinks and many more things. PHOTO BY GINNY LEE

Volunteerism is at the heart of all aspects of the ReStore. Stone reports that a volunteer general contractor has been on site since June of 2014 donating 40 to 50 hours per week. "Ed Hohenstein - who is 65 years old - and his crew have been working to complete construction for us through all types of weather over the last year." Stone estimates that the ReStore has had around 1,500 volunteers who have donated 300 to 500 hours of time. The ReStore will be staffed daily by a mixture of volunteers and employees. "99 percent of our typical staffing footprint comes from volunteers" according to Stone. Currently, the ReStore has 6 employees and 15 volunteers. "As the volume of sales at the ReStore increase so will the number of on-hand staff" Stone adds.

"We still have at least three more houses to complete by the end of the year, so there are

plenty of volunteer opportunities available," Stone says. Anyone interested in volunteering for Habitat for Humanity and/or ReStore should visit [www.habitatsangamon.com](http://www.habitatsangamon.com) or call 217-787-7209. Opportunities exist for fundraising, community outreach, and working in the office.

If you wish to visit or donate to the ReStore you may do so by visiting 2744 S. 6th Street in Springfield. Stone advises that should you choose to donate, only bring unused, gently used or non-needed items that would be found in and around the house (although not clothes).

ReStore Hours of Operation:

Sunday-Monday: Closed

Tuesday - Saturday: Open for donations and sales from 10:00 a.m. - 6:00 p.m. □

Colin Patrick Brady is a freelance writer from Decatur.

## The "Voice for Real Estate in the Capital Area" just grew much louder!

*Capital Area REALTORS® welcomes its newest members from the merged territories of the former Jacksonville Area Association of REALTORS® and the former West Central Illinois Association of REALTORS® in Galesburg.*



Capital Area REALTORS®  
3149 Robbins Rd, Springfield, IL  
(217) 698-7000  
[www.seehouses.com](http://www.seehouses.com)  
[www.seebuildings.com](http://www.seebuildings.com)



Now proudly serving residential and commercial practitioners in Brown, Cass, Greene, Henderson, Knox, Menard, Morgan, Pike, Sangamon & Warren counties including parts of Christian, Logan and Macoupin counties.





# The art of meeting planning

By Eric Woods

Mary Young has been a champion of Springfield her whole life. “It is easy to get around, the location is affordable, and there are places fairly close if you want to get away,” she said. Young is a big fan of the visual and performing arts available in Springfield. “There is a lot of talent here. The music scene is lively.” Community theatre is a big part of Young’s life as well. As a kid she even wanted to be an actor. Last year she starred in the Pulitzer Prize winning *Talley’s Folly*, a production which also represented Illinois in the regional American Association of Community Theatre (AACT) competition this past April in Midland, Michigan after winning at the state level competition. Young was nominated for Best Actress at the regional competition.

Young has been very active in the Springfield community for years. She volunteers for Habitat for Humanity as well as Springfield Sharefest. She also served as chair of the awards committee and is currently on the development committee for Illinois Society of Association Executives.

Ever since she was a teenager, Young has been working. Her first bit of work experience was with her father, who worked a side-job housekeeping for various buildings in town. “I tagged along to help empty garbage cans,” she said. “My first

official job was at McDonald’s.” The worst job Young ever had was as a bartender. She enjoyed the work but admitted that it was not a great environment.

Young has worked for the American Institute of Architects (AIA) Illinois for the past 14 years. The association focuses on building the industry of architecture in Illinois and bringing together and forming networks for architects. Young is responsible for the logistics and planning of meetings and events. “I plan anything with a public outreach for our board members and association members,” said Young, who also evaluates the continuing education programming process. Some of the more important meetings planned include quarterly board meetings. AIA Illinois will soon be implementing a new program which, according to Young, will be highly beneficial to the members and will address their specific needs and requests. “This program is shaping up well. Members will benefit from it and ultimately help them do better at their jobs.”

Young believes in the importance of a good work ethic and taking pride in one’s work. Anyone seeking a career in the industry of meeting planning should find a mentor with experience, according to Young. “See about internships and shadowing in order to learn the basics,”

she said. “Meeting planning is on the rise. Talk to someone about the work to see if it is for you.” Volunteering is also a great way to get hands-on experience, and there are certification programs available as well.

Although she is very active outside of work, Young hopes to get back to her passion of being creative and artistic. “I want to tap back into that part of my brain. I want that back. I miss it,” she said. Young won a number of art contests as a kid, and last year she worked as the acting executive director of the Springfield Area Arts Council, which had gone through a difficult period and was in rough shape. “What they did for the community was very important to me. I set goals to solve the problems, and it worked. I was proud of the outcome and what I did.”

Looking ahead, Young would like to continue feeling that her work is making a difference. “I want to know it has value, has meaning, and I am doing something good,” she said. Eventually she would like to retire, but Young feels that retirement and not working are two separate things. “I may leave the more stressful job and do something for pure enjoyment. Maybe I will do something where I am using my hands to create.” □

Eric Woods can be reached at [ericw93@aol.com](mailto:ericw93@aol.com).



## Mary Young

Title: Program Director, AIA Illinois  
Address: 1 Old State Capitol Plaza, Springfield, Ill., 62701  
Education: B.A. in art from University of Illinois Springfield  
Family: Husband – Andy Egizi

**Favorites –**  
Hobby: Community Theatre  
Restaurant: The Brooklyn Diner on Times Square  
Song/Band: NIL8

**Tidbits –**  
Wants to visit a foreign country  
Fan of audiobooks  
Collects antique and vintage jewelry

# ST. JOSEPH’S HOME

*Providing Loving, Compassionate, Individualized Care Since 1903*

**Sheltered Care**  
**Intermediate Nursing Care**  
**Dementia Care**



## Caring for the Whole Person

At SJH, we care for the whole spectrum of human needs, including physical, social, emotional, and spiritual. We offer a secure and comfortable environment where our staff can attend to these needs on an individual basis.

**Schedule a Tour!**  
**Call Sr. Patricia**  
**217-529-5596**



**www.saintjosephshome.org**



# COMMUNITY SERVICE ORGANIZATIONS

Sources: The individual Service Organizations. + - Junior League of Springfield's meeting location varies month to month, address listed is for their office. \* - Location of Altrusa's first Tuesday dinner/speaker meetings vary.  
*(Ranked by Numbers of Members)*

	ORGANIZATION NAME MEETING LOCATION ADDRESS OF MEETING	PHONE (-) FAX (=) WEBSITE (www.) / E-MAIL	MEETING TIME(S)	NUMBER OF MEMBERS	CONTACT	DUES	MISSION STATEMENT	YEAR EST'D
1	<b>American Business Club of Springfield</b> Sangamo Club 227 E. Adams St., Springfield, IL 62701	217-415-0922 abcspringfield.com rkbappraisal@comcast.net	First & Third Thursdays, Noon	200	Robert Witner	\$180/annually	Creating opportunities for independence for people with disabilities. Help disabled individuals and children achieve greatness. Charitable causes include: UCP, SPARC, Boys & Girls Club, Boy Scouts, Girl Scouts, YMCA, and about 75 other local charities.	1925
2	<b>Junior League of Springfield</b> Varies + 420 S. Sixth St., Springfield, IL 62701 (Main office)	217-544-5557 jlsil.org admin@jlsil.org	Second Tuesday of the Month, Sept. - May	141	Caitlin Simhauser	\$115/annually for Active, \$100/ annually for Sustainers	The Junior League of Springfield is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.	1939
3	<b>Rotary Club of Springfield</b> Maldaner's Restaurant (2nd Floor) 222 S. Sixth St., Springfield, IL 62701	217-502-9969 springfieldilrotary.org bonstyles@yahoo.com	Mondays, 5:30 pm	88	Bonnie Styles	\$360/annually	Service Above Self - Ridgley School, Tutoring, Real Rotarians Read, Family Service Center, SPARC, Senior Center	1913
4	<b>Springfield Noon Lions Club</b> Golden Corral 1038 Le June Drive, Springfield, IL 62703	lionsclub.org springfieldnoonlionsclub@gmail.com	Tuesdays, Noon	75	Phil Brooks	\$100/annually, plus meals	Mary Bryant Home, Vision Clinic, Club Lions, Heartland Lions Eye Bank	1920
5	<b>Springfield Jaycees</b> P. O. Box 662, Springfield, IL 62711	217-638-5131 springfieldJaycees.org springfieldjaycees@yahoo.com	Third Wed., 6:30 pm	47	Amanda Long	\$58/annually	The Springfield Jaycees is a young leadership organization ideally for individuals between the ages of 18 and 41. The organization is designed to provide development opportunities that empower young active citizens to create positive change focusing on five different areas of opportunity including: individual development, community development, business development, international development and management development.	1939
6	<b>Rotary Club of Springfield - South</b> Engrained Brewing Co. 1120 W. Lincolnshire, Springfield, IL 62711	217-370-4677 rotarysouth-spi.org dop.ehrhardt@gmail.com	Thursdays, noon	36	Brian Schutz	\$140/annually, plus meals	Service Above Self - Youth Literacy and Health	1966
7	<b>Sertoma Club of Springfield</b> Hibachi Grill Town & Country Shopping Center Springfield, IL 62704	217-546-2782 www.sertoma.org album1@aol.com	First & Third Mondays, Noon	33	Cheryl Pence	\$160/annually plus meals	SERTOMA = SERvice TO Mankind. Areas of service: annual "Celebrate Sound" walk for hearing health; Boys & Girls Club; national heritage projects, Golden Laurel Awards, and a close relationship with Sister Cities Assn.	1954
8	<b>Rotary Club of Springfield - Sunrise</b> Hoogland Center for the Arts 420 S. Sixth St., Springfield, IL 62701	217-299-4011 rotarydistrict6460.org chris.berger@countryfinancial.com	Wednesdays, 7 am	30	Chris Berger	\$160/annually	Service Above Self - Projects with Grant Middle School, Mathematics Camps, helping young people around the world, water wells in Cambodia, Rotary Reader, "This I Believe"	1987
9	<b>Springfield Frontiers International</b> Chesapeake Seafood House 3045 E. Clearlake Ave, Springfield, IL 62702	217-787-9629 rfrontiersspringfieldclub.org mhardy-hall@att.net	Fridays, Noon	27	Don Ross	\$160/annually, plus meals	PYD (Positive Youth Development) - middle school age males, Jr. Frontiers (high school age males)	1953
10	<b>Rotary Club of Springfield - Midtown</b> Inn at 835 835 S. Second St., Springfield, IL 62704	217-523-2710 midtown.clubexpress.com mkokal@heyloyster.com	Tuesdays, Noon	26	Michael Kokal	\$140/annually	Service Above Self - Partner with Washington Middle School	2003
11	<b>Kiwanis Club of Springfield - Downtown</b> Bernie & Bettys Pizza 1101 S. Spring, Springfield, IL 62704	217-793-4337 kiwanis.org provest@aol.com	Wednesdays, Noon	25	Paul Palazzolo	\$140/annually, plus meals	Playground for All Kids at Southwind Park, Key Clubs in High Schools, Builders Clubs in Middle Schools, Kiwanis Kids in Elementary Schools	1922
11	<b>Altrusa International Club of Springfield</b> Laurel United Methodist Church 631 South Grand Ave. W. Springfield, IL 62704	217-622-5597 altrusa.org nancydogs3@yahoo.com	Third Tuesday, 7 pm; First Tuesday, 6pm*	25	Nancy Easum	\$90/annually	Altrusa International provides community service, develops leadership, fosters international understanding and encourages fellowship by an international network of executives and professionals in diverse career classifications	1948
12	<b>Springfield Luncheon Optimist Club</b> MCL Restaurant, 2151 West Wabash Avenue Springfield, IL 62704	217-836-8691	11:45 am.on the 2nd Monday & 6 p.m. on the third Monday	24	Joyce Stoelting	\$106 a year, \$53 twice a year	Friend of Youth. By providing hope and positive vision, Optimists bring out the best in kids.	1956
13	<b>The Zonta Club of Springfield</b> Illini Country Club 1601 S. Illini Road, Springfield, IL 62704	217-787-8680 zonta.org	Second Wednesday, 5:30 pm, August-June	23	Carol Borecky	\$125/annually, plus meals	Zonta International works to advance the status of women worldwide through service and advocacy; local projects reflect that mission	1939
14	<b>Rotary Club of Springfield - Westside</b> Brickhouse Grill & Pub 3136 Iles Ave., Springfield, IL 62704	217-553-0830 springfield-rotary.org apaoni@sikich.com	Wednesdays, Noon	22	Andrew Paoni	\$155/quarterly, includes meals	Service above self - focusing on children and literacy.	2008
15	<b>Springfield Breakfast Optimist Club</b> Atonement Lutheran Church 2800 W. Jefferson, Springfield, IL 62702	217-546-5021 hrm1935@aol.com	Fridays, 7 am	16	Dick McLane	\$30/semi- annually	Friend of Youth. By providing hope and positive vision, Optimists bring out the best in kids.	1960



# GET TO KNOW YOUR COMMUNITY FOUNDATION

## The Community Foundation for the Land of Lincoln

Starts with **DONORS**

Who have **PASSIONS**

And who use their **GIFTS**

To create **FUNDS**

Distributions from the funds result in grants to charitable organizations and scholarships for students.

### By the numbers

- Over 150 funds
- Over \$22 million in assets
- Over \$1.3 million was given in grants in 2014
- Over \$6 million in grants since the Community Foundation's launch in 2003

The Community Foundation provides cost-effective administration, investment experience and grant-making expertise. Contact us to help fulfill your charitable wishes!



Congratulations to all of the wonderful nonprofits being recognized in this issue of the Springfield Business Journal! The Community Foundation partners with nonprofits throughout central Illinois to support their work in serving local residents. Through these partnerships, we award grants to fund programs and offer fund management assistance so the organization can focus on its mission in service delivery. Here is one story of our work in action:

Conservancy Trust Board President John Hawkins and Community Foundation President and CEO John Stremsterfer

*"It's been a longtime goal to build up reserves and get funding built up so we can expand services," said John Hawkins, president of the Sangamon Conservancy Trust – a nonprofit organization aimed at preserving local farmland.*

*"I personally can't say enough positive things about what the Community Foundation does," he says. "I see the arrangement as a partnership that can have a big impact on our focus area."*



CONNECTING PEOPLE WHO CARE WITH CAUSES THAT MATTER.

205 S. FIFTH STREET, SUITE 930, SPRINGFIELD, IL 62701  
217.789.4431 • WWW.CFLL.ORG



FOLLOW US ON FACEBOOK



# HEALTH & HUMAN SERVICE NONPROFIT ORGANIZATIONS

Sources: IRS Form 990, Return of Organization Exempt From Income Tax. Forms provided by Guidestar.org.  
N/A - Not Available. (Ranked by Net Assets)

	ORGANIZATION NAME MEETING LOCATION ADDRESS OF MEETING	PHONE (-) FAX (=) WEBSITE (www.) EMAIL	REPORTED NET ASSETS	ANNUAL TOTAL REVENUE	CALENDAR/ TAX YEAR	PRINCIPAL	BASE COMPENSATION OF PRINCIPAL	CATEGORY	YEAR EST'D
1	<b>The Hope Institute for Children and Families</b> 15 East Hazel Dell Lane Springfield, IL 62712	217-585-5437 217-786=3356 thehopeinstitute.us	\$26,655,350	\$42,384,748	7/1/2013 - 6/30/2014	Clint W. Paul, President / CEO	N/A	Educational Institutions / Specialized Education Institutions/Schools for Visually or Hearing Impaired, Learning Disabled. Human Services / Developmentally Disabled Services/Centers. Health-General & Rehabilitative / Rehabilitative Medical Services	1957
2	<b>Girl Scouts of Central Illinois</b> 3020 Baker Drive Springfield, IL 62703	217-523-8159 217-523=8321 getyourgirlpower.org	\$18,240,132	\$8,280,636	10/1/2013 - 9/30/2014	Pam Kovacevich, Chief Executive Officer	\$156,827	Youth Development	1956
3	<b>St. Joseph's Home of Springfield</b> 3306 S. Sixth St. Road Springfield, IL 62703	217-529-5596 217-529=8590 saintjosephshome.org lhighland@saintjosephshome.org	\$14,415,251	\$6,568,063	7/1/2013 - 6/30/2014	Sister M. Lenore Highland, Administrator	\$0	Human Services / (Human Service Organizations)	1948
4	<b>YMCA of Springfield</b> PO Box 155 Springfield, IL 62705	217-544-9846 217-544=0004 springfielddymca.org	\$11,791,127	\$5,632,943	1/1/2013 - 12/31/2013	Angie Sowle, CEO	\$102,900	Human Services/Recreation, Sport, Leisure, Athletics/Physical Fitness/Community Recreational Facilities	1874
5	<b>Central Counties Health Centers, Inc.</b> 2239 E. Cook St. Springfield, IL 62703	217-788-2300 217-788=2340 centralcounties.org info@centralcounties.org	\$8,895,693	\$7,524,948	7/1/2013 - 6/30/2014	Heather Burton, President and CEO	\$120,000	Medical and Dental Care; accepts Medicaid, Medicare and private insurance; discount available for uninsured.	1999
6	<b>Brother James Court</b> 2508 Saint James Road Springfield, IL 62707	217-544-4876 217-747=5971 brotherjamescourt.com administrator@brotherjamescourt.com	\$5,356,313	\$4,478,469	7/1/2013 - 6/30/2014	Glenda Beatty, RN BSN, Administrator	\$73,555	Health-General & Rehabilitative / Residential Facility	1975
7	<b>Ronald McDonald House Charities of Central Illinois</b> 610 N. Seventh St. Springfield, IL 62702	217-528-3314 217-528=6084 rmhc-centralillinois.org kthompson@rmhc-centralillinois.org	\$5,324,231	\$1,294,736	1/1/14 - 12/31/14	Kelly Thompson, Executive Director	\$87,725	Human Services / Human Service Organizations	1986
8	<b>Central Illinois Foodbank</b> 1937 E. Cook Springfield, IL 62703	217-522-4022 217-522=6418 centralilfoodbank.org foodlist@centralilfoodbank.org	\$5,312,906	\$19,363,617	6/1/2013 - 5/31/2014	Pam Molitoris, Executive Director	\$96,524	Agriculture, Food, Nutrition / Food Service, Free Food Distribution Programs. Agriculture, Food, Nutrition / Food Banks, Food Pantries	1982
9	<b>Abraham Lincoln Council, Inc., Boy Scouts of America</b> 5231 Sixth St. Road Springfield, IL 62703	217-529-2727 217-529=5786 alincolnbsa.org askabe@scouting.org	\$3,642,811	\$1,162,718	1/1/2013 - 12/31/13	Daniel A. O'Brien, Scout Executive and CEO	\$118,644	Youth Development	1920
10	<b>Land of Lincoln Goodwill Industries, Inc.</b> 1220 Outer Park Drive Springfield, IL 62704	217-789-0400 217-391-7624 llgi.org info@llgi.org	\$2,881,019	\$24,213,852	7/1/2013 - 6/30/2014	Sharon Durbin, Chief Executive Officer	\$135,117	Human Services / Human Service Organizations	1938
11	<b>United Cerebral Palsy of the Land of Lincoln</b> 130 N. 16th St. Springfield, IL 62703	217-525-6522 217-525=9017 ucpll.org ucp@ucpll.org	\$2,668,653	\$5,919,905	7/1/2012 - 6/30/2013	Brenda L. Yarnell, Ph.D., President	\$107,875	Disease, Disorders, Medical Disciplines / (Birth Defects)	1968
12	<b>Midwest Mission Distribution Center</b> 1022 New City Road Chatham, IL 62629	217-483-7911 217-483=7981 midwestmissiondc.org office@midwestmissiondc.org	\$2,477,547	\$477,581	1/1/2014 - 12/31/2014	Pat Wright, Executive Director	\$42,500	Public Safety, Disaster Preparedness and Relief / (Disaster Preparedness and Relief Services)	1999
13	<b>Animal Protective League of Springfield and Sangamon County</b> 1001 E. Taintor Road Springfield, IL 62702	217-544-7387 217-525=5896 apl-shelter.org admin@apl-shelter.org	\$2,133,069	\$1,627,324	1/1/2013 - 12/31/2013	Deana Corbin, Executive Director	N/A	Animal related / (Animal Protection and Welfare (includes Humane Societies and SPCAs))	1954
14	<b>Fifth Street Renaissance</b> PO Box 5181 Springfield, IL 62705	217-544-5040 217-544=5045 fsr-sara.org	\$1,823,221	\$1,675,587	7/1/2012 - 6/30/2013	Penny Harris, Executive Director	\$71,802	Community Improvement, Capacity Building / (Community, Neighborhood Development, Improvement)	1979
15	<b>Senior Services of Central Illinois Inc.</b> 701 W. Mason St. Springfield, IL 62702	217-528-4035 217-528=4537 ssoci.org	\$1,779,194	\$3,301,255	10/1/2013 - 9/30/2014	Karen Schainker, Executive Director	\$52,500	Agriculture, Food, Nutrition / (Food Service, Free Food Distribution Programs)	1976
16	<b>Jewish Federation of Springfield, Illinois</b> 1045 Outer Park Drive, Suite 320 Springfield, IL 62704	217-787-7223 217-787=7470 shalomspringfield.org sjf@shalomspringfield.org	\$1,615,210	\$371,816	1/1/2013 - 12/31/13	Josephine Gon, Executive Director	\$61,534	Philanthropy, Voluntarism, and Grantmaking / (Fund Raising Organizations That Cross Categories includes Community Funds/Trusts and Federated Giving Programs) e.g. United Way)	1941
17	<b>Sojourn Shelter &amp; Services, Inc.</b> 1800 Westchester Blvd. Springfield, IL 62704	217-726-5100 217-726=8664 sojournshester.org	\$1,323,157	\$1,085,673	7/1/2013 - 6/30/2014	Angela Bertoni, Chief Executive Officer	\$76,456	Human Services / Order of Protection Services (Family Violence Shelters and Services)	1975
18	<b>Sparc</b> 232 Bruns Lane Springfield, IL 62702	217-793-2100 217-793=2127 spfldsparc.org info@thearc.org	\$1,067,203	\$8,039,256	7/1/2013 - 6/30/2014	Greg O'Connor, CEO	\$108,703	Human Services / (Developmentally Disabled Services/Centers)	1951
19	<b>Habitat for Humanity of Sangamon County</b> 2744 S. Sixth Springfield, IL 62703	217-523-2710 217-523=2790 habitatsangamon.com director@habitatsangamon.com	\$1,024,500	\$1,658,791	7/1/2013 - 6/30/2014	Colleen Stone, Executive Director	\$78,000	Housing, Shelter / (Housing Development, Construction, Management)	1987
20	<b>Springfield Urban League, Inc.</b> 100 N. 11th St. Springfield, IL 62703	217-789-0830 217-789=9838 springfieldul.org	\$1,024,237	\$12,739,340	7/1/2012 - 6/30/2013	Nina Harris, Chief Executive Officer	\$179,118	Human Services	1959



# HEALTH & HUMAN SERVICE NONPROFIT ORGANIZATIONS

Sources: IRS Form 990, Return of Organization Exempt From Income Tax. Forms provided by Guidestar.org.  
N/A - Not Available. (Ranked by Net Assets)

	ORGANIZATION NAME MEETING LOCATION ADDRESS OF MEETING	PHONE (-) FAX (=) WEBSITE (www.) EMAIL	REPORTED NET ASSETS	ANNUAL TOTAL REVENUE	CALENDAR/ TAX YEAR	PRINCIPAL	BASE COMPENSATION OF PRINCIPAL	CATEGORY	YEAR EST'D
21	M.E.R.C.Y. Communities, Inc. 1344 N. Fifth St. Springfield, IL 62702	217-753-1358 217-753=1360 mercycommunities.org info@mercycommunities.org	\$867,167	\$848,720	7/1/2013 - 6/30/2014	Joan Hysler, Executive Director	\$60,000	Human Services / Homeless Services/ Centers	1999
22	Contact Ministries PO Box 1828 Springfield, IL 62705	217-753-3939 217-753=8643 contactministries.com	\$852,166	\$535,401	1/1/2012 - 6/30/2013	Cindy Drum, Executive Director	\$70,025	Religion, Spiritual Development / (Protestant)	1979
23	Springfield Center for Independent Living Inc. 330 South Grand Ave. West Springfield, IL 62704	217-523-2587	\$678,079	\$686,605	7/1/2013 - 6/30/2014	Pete Roberts, Executive Director	\$54,286	Human Services / (Developmentally Disabled Services/Centers)	1985
24	Area Agency on Aging for Lincolnland Inc. 3100 Montvale Drive Springfield, IL 62704	217-787-9234 aginglinc.org	\$630,092	\$4,340,176	10/1/2013 - 9/30/2014	Julie Hubbard, Executive Director	\$68,500	Human Services / (Senior Centers/Services)	1974
25	Mini O'Beirne Crisis Nursery 1011 N. Seventh St. Springfield, IL 62702	217-525-6800 miniobeirne.org	\$593,816	\$466,353	7/1/2012 - 6/30/2013	Karen Cox, Executive Director	\$64,854	Crime, Legal Related / (Child Abuse, Prevention of)	1988
26	Big Brothers Big Sisters of the Illinois Capital Region, Inc. 928 S. Spring Springfield, IL 62704	217-753-1216 bbbscapitalregion.org	\$503,361	\$832,540	1/1/14 - 12/31/14	Lisa Rakey, Executive Director	\$58,762	Youth Development	1972
27	The Parent Place 314 South Grand Ave. West Springfield, IL 62704	217-753-8730	\$469,253	\$308,092	7/1/2013 - 6/30/2014	Bridgett Burke, Executive Director	\$53,560	Crime, Legal Related / (Child Abuse, Prevention of)	1979
28	Community Child Care Connection Inc. 919 S. Spring Springfield, IL 62704	217-525-2805 cccconnect.org	\$464,075	\$1,750,504	7/1/2013 - 6/30/2014	Tiffany Simmons, Executive Director	\$73,939	Human Services / (Child Day Care)	1994
29	Family Service Center of Sangamon County 730 E. Vine St. Springfield, IL 62703	217-528-8406 service2families.com fsc@service2families.com	\$429,237	\$1,495,324	7/1/2013 - 6/30/2014	Christine Lindsey, Executive Director	\$63,000	Human Services / (Family Services)	1863
30	Rutledge Youth Foundation Inc. 931 N. Rutledge Springfield, IL 62702	217-525-7757 rutledgeyouthfoundation.com	\$425,317	\$2,165,623	7/1/2013 - 6/30/2014	Martin Michelson, Executive Director	\$82,456	Youth Development / (Fund Raising and/or Fund Distribution)	1953
31	Helping Hands of Springfield Inc. 1023 E Washington Springfield, IL 62703	217-522-0048 helpinghandsofspringfield.org	\$399,824	\$664,395	7/1/2013 - 6/30/2014	Rod Lane, Executive Director	\$64,896	Housing, Shelter / (Temporary Shelter for the Homeless)	1989
32	Youth Service Bureau 2901 Normandy Road Springfield, IL 62703	217-529-8300 ysbi.com	\$394,104	\$1,175,466	7/1/2013 - 6/30/2014	Kathleen M. Wright, Executive Director	\$91,915	Mental Health, Crisis Intervention / (Group Home, Residential Treatment Facility - Mental Health Related)	1977
33	Camp Care A Lot P.O. box 9407 Springfield, IL 62791	217-622-3668 campcarealot.org	\$304,453	\$48,887	1/1/14 - 12/31/14	Carissa Calloway, Executive Director	N/A	Recreation, Sports, Leisure, Athletics / (Recreational and Sporting Camps (Day, Overnight, etc.))	1994
34	Prairie Center Against Sexual Assault 3 West Old State Capitol Plaza, Ste. 206 Springfield, IL 62701	217-744-2560 prairiecasa.org	\$189,005	\$558,010	7/1/2013 - 6/30/2014	Catherine M. Walters, Executive Director	\$67,170	Mental Health, Crisis Intervention / (Rape Victim Services)	1978
35	Inner City Mission Inc. 714 N. Seventh St. Springfield, IL 62702	217-525-3940 innercitymission.net	\$141,564	\$602,860	1/1/2013 - 12/31/2013	Scott Payne, Executive Director	\$60,000	Religion, Spiritual Development / (Christian)	1984
36	NAMI Illinois, Inc. 218 W. Lawrence Springfield, IL 62704	217-522-1403 namiillinois.org namiil@sbcglobal.net	\$134,057	\$340,923	7/1/2013 - 6/30/2014	Lora Thomas, Executive Director	\$66,560	Mental Health, Crisis Intervention / Alliance/Advocacy Organizations	1984
37	Coalition of Citizens with Disabilities in Illinois 3 W. Old State Capitol Plaza. Ste. 1 Springfield, IL 62701	217-522-7016 ccdonline.org	\$120,997	\$232,470	7/1/2013 - 6/30/2014	Melody Norton, Executive Director	N/A	Human Services / (Services to Promote the Independence of Specific Populations)	1998
38	Computer Banc 1617 Groth St. Springfield, IL 62703	217-528-9506 computerbanc.org	\$81,795	\$285,462	1/1/2014 - 12/31/2014	David Fowler, Executive Director	\$53,053	Educational Institutions / (Educational Services and Schools - Other)	1999
39	Elizabeth Ann Seton Program 700 N. 7th St Suite C Springfield, IL 62702	217.757.6025 elizabethannsetonprogram.org info@elizabethannsetonprogram.org	\$22,868	\$117,745	1/1/2014 - 12/31/2014	Dawn Morris, Executive Director	\$0	EAS works with pregnant and parenting women in need.	1996
40	Springfield Community Federation 52 Brandon Dr. Springfield, IL 62703	217-670-2259 springfieldfederation.org	\$21,689	\$247,527	7/1/2012 - 6/30/2013	Julius Simmons, Jr., Executive Director	\$51,923	Community Improvement, Capacity Building / (Community Service Clubs (Kiwanis, Lions, Jaycees, etc.))	1997



**JOIN THE FIGHT AGAINST ALS!**  
JUNE 11, 2016




The 2015 Springfield Walk to Defeat ALS® raised over \$140,000 for people and families battling this devastating disease.

Join us in 2016 and help us move closer to our vision: a world without ALS!

Sponsorship opportunities are available. Please contact Sarah Henke at [shenke@alsastl.org](mailto:shenke@alsastl.org) or 314-432-7257 for more information, or visit: [www.walktodefeatal.org](http://www.walktodefeatal.org)





**An educator's job doesn't stop when the school bell rings.**

Whether it's in the classroom, or in the community, we're hard at work.

***But we always want to do more.***

The Illinois Education Association understands that high quality teachers are the key to high performing schools. And we all benefit when our schools are strong.

That's why we're fighting for school funding ... smaller class sizes ... and to make sure politicians are held accountable.



## RECREATION



PHOTO BY CATHERINE O'CONNOR

# The spirit of summer camp

By Catherine O'Connor

An unusual partnership has been the answer for two nonprofit organizations in Springfield, both striving to meet their mission of service to others.

For the past two summers, Sparc and Springfield's First Congregational United Church of Christ have worked together to provide a summer camp that serves children and young adults ages 3-20 with special needs, ranging from autism to cerebral palsy and Down syndrome.

The camp/respite program, Kamp Kaleidoscope, which operates during the summer and school holidays, was established in 1996 and has had several homes during the past 19 years. In 2014, when enrollment grew to 65 campers, a Sparc board member mentioned the need for a larger location to a UCC church member, who helped to bring both organizations together.

According to Jen Gaffney, who coordinates training, safety and respite programs at Sparc, a partnership like this is necessary because the agency serves young people who require a quiet, high-care environment that can be difficult to find in Springfield. "This is the only summer respite camp in the area that deals with children who may have feeding tubes, liquid medication and personal, functional support needs," Gaffney said.

Like many other human service agencies, Sparc has experienced a growing need for specialized services in the community, but has found that funding of respite care for families is often on the chopping block. This summer, enrollment needed to be capped at 35, and the number of camp weeks reduced, because of state grant funding cuts.

First Congregational offers an elevator for wheelchair access, a full-service kitchen, classrooms and a shaded parking lot and playground. It is tucked away in a secure residential neighborhood with low traffic, little noise and less distraction than former camp locations.

Situated at the corner of Bates Ave. and Cherry Rd., the red brick chapel with the white steeple was once a bustling spot with a thriving congregation of hundreds of young families who had followed the city's population boom westward in the 1960s.

From a high of more than 600 members, who mostly lived in the surrounding subdivisions, the membership has fallen to just over 80 members today.

In the past, the church's L-shaped education and activity wing housed a long-running nursery school and later a performing arts summer camp which filled its corridors with the clamor of young voices.

Pastor Robert Walker, who was installed recently, arrived at a time when the average age of those in the sparsely filled pews skewed well past 60. It is his hope that the church will remain relevant to people in Springfield, who are just beginning to rediscover the MacArthur neighborhood, with its quiet streets and natural buffer from west side Chatham corridor traffic and sprawl.

Debi Iams, the church's moderator, pointed out that the building is currently being used for AA meetings, community theater rehearsals, Boy Scouts meetings, Bells in Motion rehearsals and voting during elections. Establishing it as the location for Kamp Kaleidoscope has reinforced the UCC's conviction that the church should continue to be used to benefit the whole community.

Pastor Walker has cited a strong personal conviction to help those with disabilities based on his personal experience with disability and past service as the legal guardian for an elder brother dealing with health issues.

In addition, the congregation has shown its commitment to the Sparc partnership by raising funds through a Halloween "Trunk & Treat" event to support the Kamp Kaleidoscope program and to create a scholarship for campers in need next year.

With plans for the 2016 summer camp now underway, SPARC is inviting the community to attend its trivia night fundraising event Oct. 3, at 7 p.m. at the Lake Springfield Aqua Sports Club. □

*Catherine O'Connor is a public historian who was a former news correspondent and served as local government services manager at the Illinois Historic Preservation Agency until her recent retirement July 1, 2015.*



# New web resource to help social service sector

By Teresa Paul



McKenzie Smith, LCSW  
INorupt Founder

PHOTO COURTESY  
OF INORUPT.COM

After working in the social services sector for over eleven years, licensed clinical social worker McKenzie Smith of Chatham created her brainchild and website resource, INorupt, this past May.

The webpage, inorupt.com, will officially launch this month.

Smith created the service to help social service agencies do more with less by bridging social service issues to technology solutions and information.

"INorupt is building social capital by creating a cross-sector alliance between

technology and social services," Smith said. "We are making social service operations more efficient, thus making missions more effective."

Smith had been a licensed clinical social worker, employed as a consultant for the state of Illinois for eleven years with the Department of Children and Family Services, Department of Human Services and the Department of Healthcare and Family Services, with her main focus in child welfare and children's mental and behavioral health.

"I was seeing a problem among the different agencies and social services in that they had outdated technology," Smith said. "Or they did not have any technology at all. Most of the time the workers would spend time doing manual processing, documentation and duplicating data entry."

Smith's goal is to help empower social service agencies with technology solutions to effectively work on their mission.

As her career progressed, Smith (who has an undergraduate degree in psychology and earned her master's in clinical social work from the University of Illinois) started doing more administrative work, such as writing programs and policies along with performance based contracting work.

"A lot of the processes that we had to do were manual," Smith said. "The data and documentation were all manual. I knew

there were ways that technology could help out with these processes."

"I got into the technology side by doing project management within social services," Smith said. "I could see that there was a strong need there for a social worker who knew how to advocate for better types of technology for the agencies."

"The documentation and the duplication among social service agencies for what they have to enter into different systems are tremendous," Smith said. "The average social worker spends two-thirds of their time on documentation and only one-third with clients. Our field is meant to work directly with clients."

INorupt will offer the following services: mobile technologies; social media and crowd sourcing; data management; tracking and mapping technologies; translation tools; and cloud technologies. Members will have access to information including podcasts and blog posting, a monthly newsletter, an event calendar, webinars and unique tools created specifically for social services, that will connect ideas to solutions.

"It is nice to have a one-stop shop to find all the resources instead of doing the research on your own," said Brooke Thomas, fund development manager at Big Brothers Big Sisters of the Illinois Capital Region in Springfield.

"It is amazing how many nonprofit organizations do not have an online database, online tools or technology to help them make their programs better," Thomas said.

Brooke Thomas made the connection to McKenzie Smith through her husband, Jon Thomas, who owns AnalyticL, the web developer for INorupt.

"I had so many questions," Thomas said. "Having apps for different events and information for fundraising, McKenzie always has it for me. The information saves you time and money. Having a good resource such as INorupt, takes the feeling of being overwhelmed with having to research away."

"The long term goal is to move the social service sector forward," Smith said, "I want to help the clients we are serving. The technologies will trickle down and also help the clients that they serve to make their lives easier as well. The return on investment for implanting different technologies within social services can happen within a year," Smith said.

"I'm extremely excited," Smith said. "I feel like I have made more movement in the social services sector in the past four months of opening my business than I had in the past eleven years." □

Teresa Paul can be reached at [teresadawn1970@yahoo.com](mailto:teresadawn1970@yahoo.com).



Experienced bankers inspire trust and loyalty.  
And your loyalty helps us serve you better.

MEMBER FDIC

**HICKORY**  
POINT BANK

Invested.

[HICKORYPOINTBANK.COM](http://HICKORYPOINTBANK.COM)

CHAMPAIGN DECATUR PEORIA SPRINGFIELD

Springfield Business Journal | September 2015 | 25



**MAYFLOWER.**  
217-546-1711 • 1-800-225-3597  
Underfanger Moving & Storage



Tom & Karen Paisley,  
Owner/Operators

Professionals you can  
**trust in moving**

ICC No. MC-2934 ILL CC 2934-MC

**SOCIAL MEDIA  
WEB  
PRINT**

We help share  
your story  
and **grow**  
your non-profit.

**content|works** LLC  
connect your message with your community

217.741.4445  
mturley@contentworksllc.net  
www.contentworksllc.net

## FUNDRAISING



Brent Leach, Mike Ostrander, Scott Tolsdorf, Paul Schafer and Shane Turnage.

PHOTO BY PAT YEAGLE

**EdMahoney, Broker Associate**  
**RE/MAX COMMERCIAL PROPERTY**  
PROFESSIONALS **CREN**  
Commercial Real Estate Network

Mobile: 494-6468 • Office: 787-7215 • www.edmahoney.net • edmahoney@remax.net

**1800 S. MACARTHUR**  
FOR SALE \$125,000. 3500 SQ. FT. ON 2 FLOORS WITH 2 ENTRANCES. LARGE STORAGE AREA WITH 2-OH GARAGE DOORS.



**2160 E ENTERPRISE**  
FOR SALE \$399,000. TWO BUILDINGS TOTALING 14,000 SQ. FT. AND 12 +/- ACRES OF LAND ZONED I-1 AND I-2. IDEAL FOR CONSTRUCTION OR INDUSTRIAL USE.



**3111 COCKRELL LANE**  
FOR LEASE, \$8/SQ. FT. NET. OVER 5000 SQ. FT. OF SHOWROOM/RETAIL SPACE PLUS 1500 WAREHOUSE WITH 16' CEILINGS AND 2 OH DOORS.



**1154 BRADFORDTON RD**  
FOR SALE \$450,000. 6000 SQ. FT. OFFICE BUILDING W/3 SEPARATE SUITES OR COULD BE COMBINED. DETACHED GARAGE AND 1.19 ACRES.



Info deemed reliable but not guaranteed. This display was created 8/25/15. While the information was believed accurate at that time, all information is subject to verification.

# Springfield festivals: fun for a good cause

By Eric Woods



SOHO music festival

actual race is a little out of the ordinary compared to the typical 5K run. The race route includes, beer, ice cream, donut and corn dog stations as well as nearly a dozen live bands. Paul Schafer, one of the event's coordinators, is proud of all the work they have done over the years. "We have a lot of fun putting on the event and raising a bunch of money for charity," he said. The event has been held for the past eight years and has brought in roughly \$860,000 over that span. This past year's event brought out nearly 5,000 people, including participants, vendors, and volunteers.

"What many people may not know is that we are a two-day event beginning Friday with our cigar and craft beer festival," said Schafer. As people would come to pick up their race information, it became apparent that they should hold an added event. "This becomes good for the hotels and downtown, to start a night early." Once the event ends, Schafer said they make plans to give the money away to the 35 charities they assist.

On July 31, SOHO held a donation ceremony at the Old State Capitol Plaza where each charity was presented with their funds. Welch said that the big check presentation is good publicity and recognition for the organization. "SOHO is good for the community, and this shows it." The presentation with big checks was only the second time in which they have used this distribution means. The check presentation ceremony in July from Fat Ass 5K also went well, according to Schafer, with many of the charities sending representatives.

"It was a nice, casual evening," said Schafer. "We gave away \$168,000 to the charities." When the event first began, there was only one charity, which was for multiple sclerosis research. As with SOHO, this event also grew quickly, so it was opened up to more charities, many of whom are near and dear to those who had been putting in long hours to make Fat Ass 5K a success. Sustained growth for both organizations is desired, as popularity in both events continues to flourish. □

Eric Woods can be reached at [ericw93@aol.com](mailto:ericw93@aol.com).

**Mechanical Contractors Association of Central Illinois**

Commercial & residential contractors specializing in heating, plumbing, air conditioning and refrigeration  
For information call 217-698-1384 or visit our website at [www.mca-cil.com](http://www.mca-cil.com)

**MCAA**  
an affiliate

**THIS MONTH'S FEATURED CONTRACTORS**



**AIRmasters**  
HEATING • COOLING  
REFRIGERATION  
SHEET METAL  
"Specialists"

Robert Mathews • 217-522-9793



**KING-LAR COMPANY**  
HVAC • PLUMBING • ROOFING CONTRACTOR

Matt Niesman • 217-429-2323

**OTHER MEMBERS INCLUDE:**

- Doyle Plumbing & Heating • Tom Doyle • 217-243-1013
- Mike Williams Plumbing & Heating • Lewis Williams • 217-753-4545
- Burdick Plumbing & Heating • Doug Burdick • 217-429-2385
- Petersburg Plumbing & Excavating • Jody Alderman • 217-321-0036
- Henson Robinson • Steve Etheridge • 217-544-8451
- E. L. Pruitt • Courtney Cosby • 217-747-5640
- Brennan Heating & Air Conditioning • Chris Cisne • 217-245-7181
- F.J. Murphy & Son • Chad Fricke • 217-528-4081
- Aire-Serv Heating & Air Conditioning • Chris Williams • 217-243-6531



# Spinning Springfield's web of technology

By Eric Woods

Mark Roberts, III has been all over the country, starting in Springfield before moving away to attend college, both at the undergraduate and graduate levels. He earned his bachelor's degree from Eastern Illinois University before heading to Ft. Lauderdale, Fla. for graduate school. Roberts landed his first job outside of college when he began working at Accenture, a consulting firm in Kansas City, where he stayed for three years. "That was an amazing job, but it was nice having a family and being able to come back to Springfield," said Roberts. Many facets of the city brought him back, including the number of events and festivals such as the State Fair. "Seeing the community gathering and supporting events is great."

Not having access to mountains and oceans is one drawback to being in Springfield, according to Roberts. He feels that businesses need to be able to thrive in the community, and to do so requires them to attract talent and new residents. "Not having mountains and oceans can make it difficult, so we have to work harder to encourage people to move into this great city," he said.

Roberts grew up wanting to join the Coast Guard and eventually become a private yacht captain. He did go through the ROTC curriculum in college but did not join the Coast Guard. His working life began as a bagger for the old National supermarket, and he was later recognized as the second

fastest cashier while there. His jobs in college were less pleasant. "I did some painting for student housing, and that was a nightmare," he said. He was also a dishwasher in the dorms, and it was through those jobs that he realized that he should take a different path. Roberts plays drums and used to DJ at a night club. "I still do it as a hobby for charitable events once in a while."

Roberts began GoWeb1 in 2006. "We are a professional website and application development company that is divided into two service units," he said. The first, professional services, includes technological consulting and building web-based applications. "Businesses can adjust easily to the systems we provide. We are very agile to where we can help adjust solutions to help their needs." Hosted solutions is the other unit. Businesses are able to utilize their systems to send a blast through text, e-mail or website.

"Business has been good. It is always a challenge," said Roberts, who feels he has an advantage as he built the company from the ground up. "The most satisfying part is when we can help solve a business problem by developing a new system. We are taking them from a paper environment to a digital one."

GoWeb1 is a member of the Greater Springfield Chamber of Commerce, Local First Springfield and the Illinois Capitol Area Chapter of the American Red Cross. They have received the Springfield Business Journal 15

Under 15 award and were a Ruby Award nominee through the Chamber of Commerce. Roberts is also proud to have been a sponsor and speaker for the Sangamon CEO program in the past.

Although Roberts has a background in business, he earned his degree during the dot-com boom in 1999. "I could see the transformation of how things were going," he said. "So I spent hours looking at books on how to build websites." Roberts feels that anyone wanting to enter this field must be technologically savvy, have an engineering mindset and be able to tap into that right side of the brain. He discovered early in life that he should learn from others and take away something each time he met someone.

The only assurances Roberts wants in regard to the future are that his children and grandchildren will have opportunities to make the world a better place. He does hope to continue growing GoWeb1 and remain in Springfield. "We have a new account manager and now are taking the proactive approach to put ourselves out there," said Roberts. Another full-time technical team member will be joining in September. As far as retiring in the future is concerned, Roberts never sees it happening. "This is in my blood." □

Eric Woods can be reached at [ericw93@aol.com](mailto:ericw93@aol.com).





## Mark Roberts, III



Title: Owner, GoWeb1  
Address: 1028 S. Grand Ave.,  
Springfield, Ill., 62704  
Education: MBA from Nova Southeastern  
University  
Family: Wife - Chandra;  
Children - Zane and Kira


**Favorites -**  
Authors: Carl Hiaasen and Stephen Covey  
Restaurant: Dew Chili Parlor  
Sports team: Chicago Cubs

**Tidbits -**  
Loves outdoor activities such as boating, fishing  
and snowboarding  
Met his wife in 2nd grade  
Would like to get his pilot's license



**Beautiful, New Digital Facility  
with Affordable Dentistry!**





**Accepts ALL  
Major Insurance and  
IL STATE  
MEDICAL CARD  
for Adults and Children**

**687 Linton Ave. • Springfield, IL  
217-522-1111  
[securedentalspringfield@gmail.com](mailto:securedentalspringfield@gmail.com) for app't.**



**Town and Country Bank  
welcomes experienced  
small business lender  
CHARLIE WHITE  
to the team**

Town and Country Bank Commercial Relationship Manager  
*Charlie White* is an experienced SBA Lender serving Central Illinois  
businesses for a decade and a half. For you, that means quicker  
decisions, made locally, so you can get back to business.

For all your commercial banking needs, please contact  
**Charlie White**  
Commercial Relationship Manager  
**217.321.3410**  
[cwhite@townandcountrybank.com](mailto:cwhite@townandcountrybank.com)



**Member FDIC** 

[townandcountrybank.com](http://townandcountrybank.com) • 217.787.3100



# How is caregiving like second-hand smoke?

By Sara L. Lieber

There is an indirect effect of senior care on their adult children. Longer lives mean longer periods of disability for seniors requiring family care. We have added a new stage to life's progression, from parenthood to senior caregiving. *Caregiving in the US* states the average caregiver is a woman age 49 who holds a full-time job. These caregivers spend 24 hours a week on rides, shopping and personal assistance. One-third of caregivers say they do it alone with no help from family or paid staff. More than 66 percent of caregivers are women, according to the Alzheimer's Association. I have observed some caregivers still on duty well into their 70s. Often, child care and parent care occur simultaneously. That means a woman may spend more years caring for a senior than rearing her children.

One caregiver reported that her mother had a feeding tube and needed two other forms of assistance. She felt overwhelmed and worried about her own health. Her feelings are well founded; *The Family Caregiving Alliance of the National Center on Caregiving* states that 35 percent of caregivers report their health as poor. The US spends \$9.1 billion on additional health care costs to treat these caregivers.

Financial caregiving consequences extend through adult children's lives per *Caregiving in the US*; 6 in 10 caregivers report that it has affected their ability to work. Half say they had to take occasional time off and 15 percent

have taken leaves of absence, while 14 percent have had to reduce hours or change jobs as a result. Some caregivers told me that their bosses would not allow flexibility for caregiving duties. Not all options are covered by The Family Leave Act. For example, a working wife kept her husband at home and needed to give his noon medicine. If she encountered train-delays she was late to work. Leaving her job completely was not necessary and would mean losing benefits, including health care. Putting her husband in a nursing home was not yet appropriate and she was not old enough for Medicare. If these caregivers lose their own benefits their safety net for later years will be gone.

Our society does not seem to have this issue on its radar. We have status insignia such as engagement rings and pink ribbons for cancer survivors. Where's the caregiving insignia? We approach military service personnel and thank them for their service. We should also thank the 34 million caregivers (1 in 6 adults). They provide 17.5 million unpaid hours of care each year, according to the Alzheimer's Association. We have Mothers Day and Fathers Day. Did you know that November has been designated National Caregivers month since 1994? Many people don't. Caregivers receive no honorific designation, no social support and can face serious financial consequences. All these factors can lead to stress and poor health.

Caregiving can produce a slowly building "drip-drip" of stress. Stress causes our bodies to react by producing cortisol, a stress hormone. One of the effects of cortisol response is central weight gain (waistline) which is also a precursor for diabetes. I've heard many discussions about the diabetes epidemic. Here's my perspective: addressing caregiving stress could cut cortisol response in the caregiver population and thereby reduce central weight gain which would have an effect on incidence of diabetes. I have yet to hear anyone else connect those dots. Doctors do not screen for caregiving status.

Prolonged stressors like the increasing responsibilities of day-to-day assistance are harder to see, even for the caregivers themselves. I observed "caregiving creep" as adult children describe their duties. They do not realize how much they do. It might begin with doing yard work and paying bills. Then duties grow to grocery shopping, taking parents to doctor appointments and tracking medications. *Caregiving in the US* states that only 5 percent of care recipients live in nursing homes. Many seniors are not in nursing homes but adult children are already in caregiving mode and still perceiving their parents as "fine." But are they really?

We don't prepare adult children for this caregiving phase. We have Lamaze classes for parents-to-be. How about an equivalent class for senior caregiving?



Adult children will often describe "the incident" that revealed how much care the parent *really* needed. A son said his mother had stopped drinking any liquids because she had trouble reaching the bathroom in time. This led to her being hospitalized for dehydration. A daughter described a call from the Lincoln police. Her mother had driven to her local grocery store and become lost. When adult children are not prepared, these incidents hit harder and add to their stress.

In the past we thought that aging was a one-generation thing. I see a secondary impact on the next generation. If we don't deal with this reality it will deal with us: in our health, health costs and financial preparedness for the old age of the next generation. □

Sara L. Lieber is a licensed social worker (LSW) with Senior Sidekicks Medical Visit Companion Services, 217-787-5866.

## CEFCU® Business MasterCard® — the Credit Card that Rewards You

A CEFCU Business MasterCard Credit Card provides superior service and value. In addition, you'll earn Rewards points on every dollar of net purchases, which you can redeem for travel, merchandise, or CEFCU MasterCard Gift Cards.

Plus, you'll enjoy numerous benefits, including:

- Extended Warranty Protection
- Purchase Assurance
- MasterRental Coverage
- MasterCard Global Service
- Easy Savings Rebates
- And more!

To get started, call a Business Services Representative at 217.546.2010 today!

**CEFCU**  
Not a bank. Better. ®

[cefcu.com](http://cefcu.com)

2424 W. Iles Avenue, Springfield (near White Oaks Mall)  
2449 N. Dirksen Parkway, Springfield (near Lowe's)



Federally Insured by NCUA



© 2015 MasterCard. MasterCard, Debit MasterCard, and the MasterCard brand marks are trademarks of MasterCard International Incorporated.





**SkinnerCopper&Ehmen**  
wealth management · LLC

At Skinner Copper & Ehmen we understand the importance of a strong medical community in Springfield. We are proud to sponsor healthcare news and information every month.

3000 Professional Dr., Suite 201 • Springfield • (217) 753-4020 • [www.scewealth.com](http://www.scewealth.com)

Securities offered through Porsche Kaplan Sterling Investments, Member FINRA/SIPC \* Headquartered at 18 Corporate Woods Blvd., Albany, NY 12211  
Investments through PKS or IRA are NOT FDIC INSURED, NOT BANK GUARANTEED, MAY LOSE VALUE INCLUDING LOSS OF PRINCIPAL. NOT INSURED BY ANY STATE OR FEDERAL AGENCY



Dr. J. Kevin Dorsey, PhD, (left) and Dr. James Cunnar, president of the School's Alumni Society, (right) pose with first-year student Brittany Idusuyi.

**Students begin training at SIU School of Medicine**

Medical students in the Class of 2019 at Southern Illinois University School of Medicine began their medical training in a "White Coat Ceremony" at 3 p.m. Friday, Aug. 14, in Shryock Auditorium. During the ceremony, J. Kevin Dorsey, M.D., Ph.D., dean and provost and a 1978 graduate of the School, and SIU President Randy Dunn, PhD, were on hand welcome the students, most of whom are from the southern two-thirds of the state, according to Erik J. Constance, MD, associate professor of internal medicine, associate dean for student affairs and

admissions and a 1988 graduate. The class has 44 men and 28 women. The ceremony is designed to establish a "psychological contract for professionalism and empathy" in medicine and is held at most U.S. medical schools each fall.

**Memorial to hold 11th Annual 5K Run/Walk to benefit kidney, pancreas transplant patients**

Memorial Medical Center's 11th annual 5K Transplant Run/Walk to benefit kidney and pancreas transplant patients will begin at 9 a.m. Saturday, Sept. 19, in Washington Park in Springfield. Registration is open online at [MemorialTransplantServices.com](http://MemorialTransplantServices.com) through Sept. 17; participants can also go online to print out a registration form and mail it in. Participants can also register on the day of the event beginning at 8 a.m. Registration fee is \$25 for adults and \$15 for 12-year-olds and younger. Participants will meet at the picnic shelter area near the tennis courts and playground. Registration increases by \$5 per person on the day of the event. The Alan G. Birtch, MD, Center for Transplant Services at Memorial is the event's host. Proceeds benefit Memorial's transplant fund, which provides assistance to patients, education for patients and staff, and continuing program development. An estimated 375 people participated in last year's event, including transplant recipients, living donors and families of deceased donors. The 10 previous

runs have raised about \$136,000. For more information, call Memorial's Transplant Services at 217-757-7835.

**SIU Fertility & IVF to Celebrate Fifth Birthday**



SIU Fertility & In Vitro Fertilization's Fifth Annual Birthday Party is set for 3 - 6 p.m. on Sunday, Sept. 13 at Erin's Pavilion in Southwind Park, 4965 S. Second St. in Springfield. To commemorate the Center's fifth birthday, a tree planting ceremony will take place at 4:30 p.m. The Center has served more than 2,500 couples since it opened in 2009. More than 1,500 babies have been born to patients of the Center.

**Springfield Walk to End Alzheimer's** Hundreds of Springfield residents will unite in a movement to reclaim the future for millions at the Alzheimer's Association's Walk to End Alzheimer's. In 2014 the Springfield Walk to End Alzheimer's raised over \$61,000, contributing to more than \$67 million raised nationwide for care, support and research efforts for those impacted by Alzheimer's. Walk to End Alzheimer's participants will learn about Alzheimer's disease, advocacy opportunities, clinical studies enrollment and support programs

and services. Walk participants also honor those affected by Alzheimer's disease with the poignant Promise Garden ceremony. The walk will take place at Edwin Watts Southwind Park on Saturday, September 19, 2015 with registration at 8:30 a.m., and opening ceremony at 9:30 with the walk beginning at 10. To start a team or join one visit [alz.org/walk](http://alz.org/walk) or call 217-726- 5184

**Henry joins Memorial Physician Services-Women's Healthcare**

Dr. Jillian Henry has begun her practice at Memorial Physician Services-Women's Healthcare as an obstetrician and gynecologist. Henry completed her residency this year at Mercy Hospital in St. Louis, working in obstetrics and gynecology. Henry earned her medical degree in 2011 from Southern Illinois University School of Medicine. She is a 2006 graduate of Bradley University in Peoria, where she double majored in science and Spanish. She traveled as a medical student in Ecuador for a month, working in rural medical clinics. She is a member of the American Congress of Obstetricians and Gynecologists. Henry joins seven other physicians at Memorial Physician Services-Women's Healthcare. □



Jillian Henry, MD



count on  
**SPRINGFIELD CLINIC**  
... your circle of care

providing 400 board certified physicians & advanced practitioners in 80+ medical specialties  
serving patients in 40+ locations in Springfield & central Illinois




**www.SpringfieldClinic.com**




YOU ARE WORTH IT

**Prevent Heart Attack and Stroke with Optimal Treatment**

- Have you or a sibling/parent had a heart attack or stroke?
- Are you are a Type 2 diabetic?
- Is your waist size over 40 inches for men/ 35 inches for women?
- Is your cholesterol high or on medication to lower it?
- Do you smoke or rarely exercise?
- Are you concerned about heart attack or stroke for you or a loved one?






If any of these apply to you, call **217-321-1987** to:

- Schedule your 10 minute ultrasound scan
- Attend my monthly seminar discussing optimal treatment strategies to prevent Heart Attack and Stroke
- Visit my website:  
<http://craigbacksmid.com/saving-lives-from-vascular-disease/>

Membership in my Personal Medicine practice is not required for Heart Attack & Stroke Prevention care.

Most (if not all) services covered by Medicare or insurance.

**Craig A. Backs, MD**  
**Personal Medicine**  
**217-321-1987**



PERSONAL MEDICINE

Heart Attack  
Stroke Prevention

Springfield Business Journal | September 2015 | 29



## Same Faces - New Places

Check out the new line up with your favorite WMAY hosts



Bishop On-Air 6-9am



T.J. Hart, 9am to 12pm



Jim Leach, 3-6pm



Frank McNeil, 6-7pm



## RESTAURANT REVIEW



Server Daniel Obebe with an order of Jollof rice, cabbage and plantain.

PHOTOS BY GINNY LEE

## The Art & Science of Beautiful Smiles

- Porcelain Artistry
- Implant Dentistry
- Crowns & Bridgework
- Shade Modification
- Complete Denture Service
- Same Day Cerec Crowns
- Tooth Colored Fillings
- One Hour Zoom Whitening
- Night Guards & Sleep Appliances
- Six Month Smiles
- Clear Correct
- Free Dental Image Make Over

# PRAIRIE

dental group

Tanya DeSanto, D.D.S.

Julie Nathanson, D.D.S.

Elizabeth Knoedler, D.M.D.



217.546.0412 • 2900 Greenbriar Drive  
www.prairedentalgroup.com



## Kingsway African & Caribbean Cuisine

By Thomas C. Pavlik, Jr.

I love exploring new cuisines. That's not always easy in Springfield, where many menus look the same. Kingsway African & Caribbean Cuisine's menu is unlike anything I've ever seen in Springfield. And that's a good thing.

It's hard to explain Kingsway – for example, how can a restaurant that offers cow feet survive in Springfield? What were the owners thinking? Whatever the answer, I'm glad they took the gamble.

It might seem incongruous for a place like Kingsway to open in a strip mall on Ginger Creek Dr., but the space works. It's bright, open and airy with decorations appropriate to its name. There's even a small sitting area near the front if you want to socialize before or after your meal. The music seemed authentic to the cuisines represented and was not too loud. On the negative side, cloth napkins, or even upscale paper napkins, would have been a nice touch compared to the paper towels that were used to wrap our dining utensils.

Our fellow diners represented a cross-section of Springfield. Only about four or five of the approximately dozen tables were taken. Our server explained that Kingsway does a better dinner service, but that lunch was steadily increasing. If that's the case, Kingsway should explore lunch

options other than the daily special.

The menu at Kingsway is broken into African and Caribbean sections. Our server was happy to answer questions. And we had many questions – from dish descriptions to levels of spice. Pictures and generic descriptions on the menu helped, but this was new territory for all of us.

For starters we opted for the giz-dodo (fried chicken gizzards and plantains sautéed with onions and green peppers in a tomato sauce – \$7.99). This was the universal favorite among my guests. It's hard to explain the taste, but it was earthy and not too spicy. Other appetizers included goat pepper soup (\$8.99) and meat pie (seasoned ground beef cooked with diced potatoes and carrots – \$1.99).

For our entrées, one of my guests opted for the \$6.99 lunch special which consisted of jollof rice with plantains and a chicken thigh. Jollof rice is a type of African dish served with onions, peppers and spices – think jasmine rice. Although in terms of volume the dish approximated the larger dinner items, the amount of protein was more in order with a lunch dish. It was reported as non-threatening yet flavorful – basically the perfect introduction to these cuisines.

The jerk chicken (served with brown rice and beans - \$11.99), ordered by





The Kingsway African restaurant is at 3236 Ginger Creek Plaza near Le Peep restaurant.



Typical dishes at Kingsway include beans with fried plantain, fufu and bowl of spinach soup and egusi soup.

my other guest, consisted of a generous helping of tender-looking (wait for it) jerk chicken. He asked for the mild version yet it still packed plenty of favor. Given that he can be a bit of a difficult diner, I knew it was a good dish when he commented that he'd order it again. We all concurred.

I decided on the designer stew (white rice, green peppers, green tomatoes, habaneros, onion and "assorted diced meat" - \$11.99). It was advertised as spicy but I found it to be quite mild. This dish was hard to describe – it had a flavor profile I was completely unfamiliar with and that I found somewhat off-putting. Maybe I should have gone with the cow feet in palm oil and exotic African spice (\$13.99). I'll try it next time.

Just for kicks we ordered a side of fufu (\$3.00). Fufu is pounded yam, semolina and assorted other items and approximates mashed potatoes, but with a mouth-feel mimicking wallpaper paste. It wasn't objectionable, but it would take some getting used to. Our server brought us a sauce to add some flavor, but we all concluded that the jerk sauce did the job much better.

The volume of food was enough that we had a fourth guest join us for lunch after we had ordered. Even though we did not increase the order, there was plenty of food for our additional friend.

Kingsway offers several Jamaican sodas that manage to be both sweet and tangy at the same time. I found it to be incredibly

refreshing but not all agreed.

Service was quite slow, and our experience would have been too long for a traditional business lunch. In addition, our giz-dodo appeared simultaneously with our entrées and without small plates – making it difficult for the group to share the dish as an appetizer.

My guests and I all commented that we would come back. And that's the praise that's most meaningful to a restaurant. With such unique cuisines, not all dishes will please every palate. But we applaud Kingsway for its boldness. Well done. □

*Thomas C. Pavlik is an attorney with Delano Law Offices, LLC. He can be reached at [tpavlik@delanolaw.com](mailto:tpavlik@delanolaw.com).*

Address: 3236 Ginger Creek Plaza, Springfield  
Phone: 217-960-5569  
Hours: Mon-Thurs, 11 am to 8 pm;  
Fri-Sat, 11:30 am to 9:30 pm;  
Closed Sunday  
Wheelchair Access: Yes Credit Cards: Yes  
Atmosphere: ★★★★★  
Service: ★★★  
Food: ★★★★★ (some real gems on the menu)  
Price: ★★★1/2 (needs more lunch offerings)  
Suitability for Business Lunch: ★★★  
(need to work on picking up the pace)  
OVERALL: 3.75

# Invested.

In you. In your success.

**Annette Piper McClure**  
Executive Vice President  
726-0661  
[ibankmarine.com](http://ibankmarine.com)

**MARINE BANK**  
Trust & Investment Management

Investments are subject to risk, including loss of principal. Investments are not deposits of or guaranteed by Marine Bank, and are not insured by the FDIC.

# We, like you, want your child to go far.

You want your child to receive an excellent education to prepare for a rewarding career, but not be saddled with student loan debt. That's what we offer at LLCC: an affordable college education close to home that helps students go far in their careers and lives. Whether they want to transfer on, or enter right into the workforce, thousands of students each year go near to go far at LLCC.

[www.llcc.edu/getting-started](http://www.llcc.edu/getting-started)

**Lincoln Land Community College**



# Hillier Records Management

For organized data management storage.



Hillier Records Management

## *The Hillier Advantage Includes:*

- Secure Off-Site Records Storage
- Computerized Tracking System
- Daily Magnetic Media Exchange
- Retrieval & Re-file
- Climate Controlled Facility
- Regular - Rush & Emergency Service
- 24 Hour Service
- Pick-up & Delivery

2728 S. 11th Street • Springfield, IL 62708  
A Division of Hillier Storage & Moving Co.  
ILL. C.C. 4285 MC/CR

**217-525-8550**

# WUIS 91.9

WUIS.org

MY SOURCE  

MORNING EDITION  
ON POINT  
THE TAKEAWAY  
ILLINOIS EDITION  
HERE & NOW  
FRESH AIR  
ALL THINGS CONSIDERED  
MARKETPLACE  
Q  
TELL ME MORE  
BBC

NEWS AROUND THE CLOCK



WUIS IS A COMMUNITY SERVICE OF THE CENTER FOR STATE POLICY & LEADERSHIP AT UIS



# The vivacious coach

By Eric Woods

Born in Illinois, Janet Cook lived in Philadelphia during graduate school before spending 20 years in New York City. While living in New York, Cook found herself extremely busy. She created a nanny and babysitting service and ran it for eight years. "It was featured as one of the best nanny and babysitting services in New York City by *New York Magazine Parents* two years in a row," she said. Cook also studied acting and had bit roles in episodes of the TV series *Lipstick Jungle* and *Castle*.

Cook relocated to Springfield three years ago to be near her family and discovered opportunities to create businesses. "I love the diversity here and that there is a big town feel but it is still small," she said. "I enjoy collaborating with other entrepreneurs who want to be self-employed and help each other out. There is the legislative and political, the medical community, and everyone in between."

Cook would like to see people become less dependent on the state, especially companies that have been around for a long time. "Many have become dependent instead of thinking about looking for new systems of income. There are unlimited opportunities to create business and take initiative. People are stuck on the hamster wheel," she said. Cook feels that there is close-mindedness

in people whose habits and behaviors have become ingrained because of how things have always been. "People need to be willing to get out of their comfort zone."

Vivacious Wellness has been in operation since Cook returned to Springfield, and one of its primary concentrations is helping people improve their quality of life. Cook feels that production jobs can limit the capacity for people to find their dreams, as they become limited by fear or mindset. "There is a fear of failure. Going to a job you do not like can be like staying in an unhappy relationship," she said. Cook serves as a health and business coach and wants her clients to understand there is a circle of life, and everything is connected. "How we show up in one point of our life is how we show up in every point. A woman may work with me on one component, such as success, but that one is causing health issues." Helping people find healthy boundaries in all facets of life, figuring out a work/life balance, and creating a plan to find where people are lacking are keys to Cook's success.

To attain the desired goals in Cook's industry, one must have the passion to help people, among other things. "You must be able to handle rejection and have good skills, including methodical, practical, and deliberate," she said. "You have to be self-

directed and motivated, and you must be willing to get out of your comfort zone. Joni Brewer, who is a self-made millionaire, advised me to stop comparing my journey to other people and to never give up."

The future of Vivacious Wellness includes collaborating with other business owners in order to create an emotional eating support group. "A lot of people are emotional eaters," said Cook. She will also be launching a women's mastery course within the next 12 months as well as continuing with her Vision Board Empowerment course at Lincoln Land Community College.

Cook would like to eventually become a foster mom or adopt a child as having children is one thing she has always wanted to do but has not done yet. She would also like to travel more and collaborate with other business owners in the hopes of helping people build an evolved economy. "People should be able to create their own lives and not rely on others to employ them the rest of their lives," she said. "I want to be part of a group of coaches that can make you dream again and teach people to focus on more positive thoughts and actions." □

Eric Woods can be reached at [ericw93@aol.com](mailto:ericw93@aol.com).



## Janet Cook

Title: Owner, Vivacious Wellness  
Address: 2265 S. Koke Mill Rd., Springfield, Ill., 62711

Education: B.S. in fashion design from Illinois State University

Family: Not married, no kids

### Favorites -

Hobby: Cooking from scratch  
Movie: *Trainwreck*  
Book: *The Procrastination Cure* by Jeffery Combs

### Tidbits -

Certified holistic health coach  
Favorite getaway spot is San Diego  
Plays piano, flute, and French horn

**THE MATHIS GROUP**

**800-224-3731**  
**FAX: (417) 759-9110**  
[www.themathisgroup.com](http://www.themathisgroup.com)

**PMP®/CAPM®**  
**EXAM PREP BOOT CAMP**

**ST. LOUIS, MO**

**September 21-24      December 7-10**  
**7:15 am - 5:15 pm**  
**Hampton Inn St. Louis/Sunset Hills**  
**You pass or we pay for the 2<sup>nd</sup> & 3<sup>rd</sup> test!**

**ONSITE & ONLINE TRAINING AVAILABLE**  
Don't fear the PMP® exam certification test any longer! This fast paced boot camp prepares each participant with all the core competencies to pass the PMP® exam the first time, while providing you with 35 contact hours.

**THE MATHIS GROUP PMP® EXAM GUARANTEE:** In the unlikely event you do not pass the PMP® exam the first time, The Mathis Group will pay for your second attempt within 30 days. If you do not pass the PMP® exam the second time, we will pay for the third attempt within 30 days. If you do not pass the PMP® exam after three attempts, we will refund the balance of the seminar price to you! *\*Note:* The Mathis Group will pay the retake fee amount that is applied to PMI® members. The Mathis Group will not pay for any rescheduling fees assessed by PMI®.

**UPCOMING PUBLIC PROJECT MANAGEMENT CLASS IN ST. LOUIS**  
**Project Risk Management (13 PDUs) November 9-10**

Visit our website for more information!

Project Management Institute

IACET

GSA Contract Holder

ACCREDITED BUSINESS

Woman-Owned Small Business  
The Mathis Group is an Accredited Provider of IACET.  
PMP, CAPM, PMBOK, and the REP logo are registered marks of the Project Management Institute, Inc.

# My Resource™

One tool to simplify all your recycling, waste & account management needs.

**Easy signup**  
Visit RepublicOnline.com and create a username and password – it's simple.

**Convenient payment options**  
Pay your bill anywhere, on any device or select auto payments.

**Service requests with the touch of a button**  
From container assistance to customer service, all requests can be submitted online.

**One Blue Planet™ for all**  
My Resource makes it easy to benefit your business and the planet.

REPUBLIC SERVICES

We'll handle it from here.™



## NEW BUSINESS LISTINGS

### PianoBuzz Studios

3700 Wabash Avenue  
572-4721  
Business Owner:  
Deborah C. Ferguson



PHOTOS BY MARANDA POTTER



### Northside Ink

707 North Grand Ave E.  
761-5270  
Business Owner:  
John V Dougherty Jr.



### Springfield Area Brickkicker Home Inspections

6179 New City Road  
381-2237  
Business Owner: Ryan Scott

### Midwest Wealth Planning

920 S. Spring St., 527-1030  
Business Owner: Virgil R. Lowe

### Booshie Boutique

1426 Taylor Ave, 816-6843  
Business Owner: Natassia Finrock

### Deweese Painting and Decorating

1517 Holmes Ave., 525-9519  
Business Owner: David Deweese

### Chet Schneider Construction

833 S. Glenwood Ave, 544-9622  
Business Owner: Chet A. Schneider

### Skippers Island Oasis

3928 Gooseneck Drive, 679-5314  
Business Owner: Jason L. Richardson

### Dal Acres West Kennel

2508 W Jefferson St Bldg A, 793-3647  
Business Owner: Edelweiss Kennels, Inc.

### Kathi Kelly & Me

1601 Bent Oak Drive, 816-9374  
Business Owners: LeAnn Divjak,  
Kelly Sholtis

### True Green

3132 S. Hoover, 816-6361  
Business Owners: Richard C. Finley,  
John B. Engebretsen

### Garage Sale Solutions

1724 W. Iles, 588-9077  
Business Owners: Alex Fields,  
Christopher Kutz

### D & G Construction

1205 Farmingdale Road, Berlin, 320-9998  
Business Owner: William S. Looker Jr.

### B & D Merchandise

408 E. Church Street, Pleasant Plains  
971-7724  
Business Owner: Bradley S. Mahler

### Delchis 1970

1208 Frisina, Pawnee, 625-7703  
Business Owner: Joyce C Wood

### Terry England Handy Man

3037 S 13th St, 971-9604  
Business Owner: Terry England

### Brandon Tobias Hines Estate Management

1501 N. Grand Ave. W, 520-2436  
Business Owner: Brandon Tobias Hines

### Midwest Rifle Works

235 E Walnut, Chatham  
483-3449  
Business Owner: Kenneth L Elmore III

### On Target Mbroidery

6839 N. Cantrall Creek Rd, Cantrall  
816-2136  
Business Owners: Annie Maliongas, Monte  
Maliongas

### Strategic Hourglass Solutions

210 Plains Dr., Chatham  
299-1366  
Business Owner: Maureen E. Williams

### T B Companies, LTD.

1028 S College Street  
553-0383  
Business Owner: Taquila S Pearson

### Select Few Sports

634 W. Fayette  
553-2830  
Business Owner: Quo Vadis A. Harper

### Cleaning 4 Penny's

2517 S. 14th St., 572-9707  
Business Owner: Ahmad Penny

### Springfield Fence

1816 S. 11th, 306-4631  
Business Owners: Jeffrey A. Murphy, Jr.,  
Michael Harris

## EVENT SERVICES

- Pipe-&-Drape  
*In 15 Colors!*  
*Up to 18 Feet High!*
- Dance Floors
- Tables/Chairs
- Stage/Podiums
- Linens
- Arbors
- Bars
- Custom Graphics

## CUSTOM DÉCOR




The BEST Events  
Need BEST EXPO!

**217-899-1321**

**www.bestexpoinc.com**



**Best Events**  
By Best Expo, Inc

At First Bankers Trust, we succeed

# when you do.





**Greg Curl**  
(217) 546-5418



**Nancy Richards**  
(217) 546-5170



**Steve Fryman**  
(217) 546-8588



**First Bankers Trust Company**  
2201 Wabash Ave | Springfield, IL

MEMBER  
**FDIC**

**(877) 228-8001 | firstbankers.com**

LENDER

Quincy | Carthage | Macomb | Mendon | Rushville | Springfield



# Boys & Girls Clubs of Central Illinois Announces 2015 "Great Futures Celebration"

Boys & Girls Clubs of Central Illinois today announced that the annual "Great Futures Celebration" will be held on October 22, 2015 at Erin's Pavilion at Southwind Park in Springfield, IL from 5:00 to 8:30 p.m. The event will feature youth and volunteer of the year awards, a silent auction, cocktails and hors d'oeuvres. Live music will be provided by Archer Logan Jazz. Tickets are available for \$50 with proceeds benefiting after school programming. Over the past year, the Club has opened a new Teen Lounge and renovated its gymnasium to become a world-class facility for youth athletics. Average daily attendance at the Club has seen a significant increase due to new programs including a garden-to-table chef program, Hoop Journey summer basketball league, and 217 Bots – their new robotics team that received the first place trophy at U of I's SpotBot Challenge in Champaign. "We're excited about the progress being made around the Club and at our 9 elementary and middle school sites here in Springfield. Several local companies, service organizations and individuals have helped us become the premier provider for out-of-school time activities for youth on Springfield's east side and the results have been outstanding." Said William Legge, Executive Director. "Record numbers of youth are walking through our doors, but recent cuts in state funding have threatened our teen program at a time when the community's most vulnerable needs our services more than ever."

## Thoele earns professional engineer license

Jared Thoele, P.E., a civil engineer at Hanson Professional Services Inc.'s Springfield headquarters, recently earned his professional engineer license in Illinois. Thoele joined Hanson in 2011. Prior to joining the firm, he was an engineering technician for the Illinois Department of



Jared Thoele, P.E.

Transportation, working for the Bureau of Bridges and Structures as well as District 6. At Hanson, he provides structural design services, construction observation and bridge inspections for roadway and railway projects. He has a bachelor's degree in physics from Illinois College and bachelor's and master's degrees in civil engineering from the University of Illinois at Urbana-Champaign. He is a member of the Illinois Society of Professional Engineers and vice president of its Capital Chapter.

## Danville Red Lobster general manager receives company's top honor

Jen Tuttle, General Manager of the Red Lobster in Danville, has been presented with the company's top honor – The Lighthouse Club Award. This prestigious award, which has been an integral part of the company's culture for nearly 20 years, is presented annually to General Managers throughout North America. Award recipients are recognized for demonstrating outstanding leadership and living Red Lobster's core values of respect, integrity, genuine caring, hospitality, teamwork, excellence and fun while also achieving top financial performance in the company's previous fiscal year. This is the first time Tuttle has received this recognition. "Jen is a true leader and is dedicated to working with her team to deliver exceptional dining experiences while demonstrating the art of hospitality," said Chip Wade, executive vice president of operations for Red Lobster. "Delighting guests is always Jen's number-

one priority, which is why the Danville Red Lobster is among the top-performing locations throughout the country." This year, Tuttle joins an elite group of 34 General Managers selected from the more than 700 Red Lobster restaurants in North America, making this a truly exclusive honor. Tuttle accepted this award on behalf of the entire Danville team.

## Speakers Bureau announce 20th annual showcase

The Capitol City Speakers Bureau is holding its 20th Annual Showcase of Speakers and Trainers on Thursday, October 22 at the Crowne Plaza Hotel. The Showcase is designed to allow people who hire speakers – meeting planners, executives, training directors and human resources personnel – the chance to see and listen to a large number of speakers in one day. Event planners from associations, corporations, government and not-for-profit organizations attend this popular event. Fourteen speakers, trainers and corporate entertainers from across the country will be at the event, according to Mike Klemm, president of the bureau. "We have an outstanding mix of keynote speakers, leadership and teamwork experts, motivators and humorists," said Klemm. "Clients have told us the Showcase is a very effective way to choose speakers for their upcoming meetings. In addition, we make this a fun-filled, upbeat day with attendees receiving free speaker items such as books and DVDs plus they are eligible for drawings for cash, gift certificates and a Tablet PC." Each speaker will make a 20-minute presentation on current issues or hot topics such as leadership, teamwork, ethics, innovation, peak performance, inspiration and more. For more information or registration, contact CCSB at 544-8552 or visit [www.capcityspeakers.com/showcase.htm](http://www.capcityspeakers.com/showcase.htm)

## The State Journal-Register announces new vice president of advertising and new business development

Roland Weeks, 34-year veteran of the media industry has been named vice president of advertising and new business development for *The State Journal-Register* and SJR Media Group. The announcement came Friday afternoon from Clarissa Williams, president and publisher of the *SJ-R*. On Monday, Aug. 24, he will join the SJR Media Group, which includes the *Springfield Shopper*, The Advertiser, *SO (Springfield's Own) Magazine*, *Propel Marketing*, *Impressions Rentals*, *Capitol & 9th FYI*, *Greater Springfield Daily Deals*, *Lincoln Courier*, the *Logan County Shopper*, and affiliated websites. "Weeks will lead one of the best teams in the country with some of the best client-based print, digital and marketing solutions with our stellar product lineup," Williams said. "I'm very excited for him to join our team since he is a seasoned senior marketing executive with a successful track record. Roland's expertise in this ever-changing B2B marketing environment with a focus on new product launch, development of markets, pioneering problem solving, and experience within the digital space made him a standout candidate, which will strategically position us and our clients for optimum growth. He has a background as a strategic thinker who effectively can communicate our value proposition. He has a solid foundation in team building and culture development, which I believe are critical for the success of any operation. He has extensive knowledge in market research and analysis that will be a strength in communicating and incorporating research findings into strategy and practical application." □

## Space available - Piper Glen Plaza - 7006 Kingsmill Court



High quality in-fill space, great visibility with 20,000 vehicles a day. Located on Route 4 at commercial entrance to Piper Glen golf course. 1,200-2,400 sq. ft. available at \$12/sq. ft. net.

**Kirk Jefferis, Broker**  
**217-971-2258**  
[capitalideas@sbcglobal.net](mailto:capitalideas@sbcglobal.net)



With rates this **low**  
how can you afford  
not to **switch?**

**TIME HASN'T RUN OUT**  
to start thinking about refinancing  
with Athens State Bank.



### LOCATIONS:

ATHENS • 217-636-8214  
SPRINGFIELD • 217-487-7766  
PETERSBURG • 217-632-5500  
NEW SALEM • 217-632-2100

**LOAN PRODUCTION OFFICE:**  
RIVERTON • 217-629-7766



## Professional Women's Calendar of Events

*You play a key role and we thank you for your contributions to our community.*

### Association for Women in Communications (AWC)

AWC will meet on Wednesday, September 9th at the Sangamo Club for the program "Starting a Print Magazine." Laurie Silvey will discuss the ways that technology and social media have made things both easier and more difficult for print publishers. She is the Associate Vice President of Business Services and President of the Center for Business Management for the Illinois Chamber of Commerce. She has a background as co-owner of a motorsports magazine for 20 years, experience in publishing and page layout, extensive event planning, promotions and marketing of an annual consumer trade show and several annual motorsports events. Make reservations or pay online at [www.awcspRINGfield.com](http://www.awcspRINGfield.com).

### Women Entrepreneurs of Central Illinois

WE-CI will meet on Wednesday, September 9th, from 5:30-7:30 p.m. at Lake Pointe Grill, 1386 Toronto Road, Springfield. The program topic is "Help is on the Way." Ms. Linda Dillion, PhD, of Lincoln Land Community College Small Business Development Center will give us an overview of the resources available to local women entrepreneurs in today's economy. Cost is \$20 for members, \$10 for guests, and \$25 for walk-ins. Contact Maureen Williams at [maureenwms32@yahoo.com](mailto:maureenwms32@yahoo.com).

### Illinois Women in Leadership (IWIL)

IWIL promotes professionalism and develops members' leadership and management abilities through education, mentoring, networking, participation, encouragement and support, and community involvement. Through September 30 you can sign up for Annual Pay, \$108 for all seven lunches – get one free. For more information on Annual Pay or membership, visit [www.iwil.biz](http://www.iwil.biz).



Proudly sponsored by:



To have your event added to the Women's Calendar of Events, please fax your information to (217) 753-2281 or e-mail to [info@springfieldbusinessjournal.com](mailto:info@springfieldbusinessjournal.com)







2015 Historic Preservation Fund grant will be used to refurbish the Strawbridge-Shepherd House. PHOTO COURTESY OF MASSIE MASSIE AND ASSOCIATES

# Creating a legacy

By Michelle Higginbotham  
Associate publisher

There are many ways to make a difference in our community but the greatest impact comes from the most basic decisions - where you choose to live and work, and how you spend your time and money. The recipients of this year's Legacy Awards have made choices on a day to day basis that have cumulatively resulted in Springfield being a better place for all of us.

Numerous local entities advocate for historic preservation, and several recognize the efforts of businesses and individuals. However, it is still a challenge to capture people's attention unless there is a looming crisis, such as a significant building in danger of demolition. All too often, it is difficult to help people see the good work being done in our community on a day to day basis as well as the many success stories that may never be in the public eye because the crisis was prevented.

*Springfield Business Journal* has created the Legacy Awards, which will recognize local businesses for their longstanding commitment to the community, as well as an individual who has advocated for historic preservation. The Legacy Awards will be held every other year, and will alternate with the Mayor's Awards for Historic Preservation, which is currently held every two years. This will allow for an annual event that brings together multiple groups engaged in promoting historic preservation. In addition, we have partnered with the Community Foundation for the Land of

Lincoln - Historic Preservation Fund, which awards an annual grant to a deserving not-for-profit organization. This annual event will give the Historic Preservation Fund the opportunity to highlight their newest grant recipient and tell the story of what has been accomplished with the previous grant. Springfield Business Journal and Conn's Hospitality Group are underwriting the costs of the inaugural event; in lieu of purchasing a ticket, guests will be asked to make a donation to the CFLL - Historic Preservation Fund.

Historic preservation may not be what first comes to mind when you think of the three Legacy Award businesses featured in this month's issue, but these longtime local businesses have indeed helped to preserve our community in many different ways. From keeping their businesses centrally located to supporting various not-for-profit organizations, they have strengthened our community. When Eck, Shafer, & Punke recently outgrew their current location, they renewed their commitment to downtown by finding a larger space in a different building and renovating it to meet their needs. Both Springfield Electric and R.W. Troxell have also experienced growth over the years but have found ways to expand their locations while remaining in the heart of the city. The ripple effect of this means their employees are then more likely

to patronize the restaurants and stores near where they work, further supporting other businesses in the city core.

Between his illustrious professional career and his involvement in a wide range of community activities, Paul O'Shea is a familiar name to virtually everyone in the business community, making him a logical choice for Preservation Advocate of the Year. It's hard to attend an event in Springfield without bumping into Paul, and it's not a surprise that he favors the quote by Thomas Jefferson, "It's amazing what can be done when you're always doing." Much of what he's done has centered around historic preservation, from his work on the Old State Capitol restoration when he was first beginning his career as an architect in the 1960s to helping to launch the Historic Preservation Fund just a few years ago. He recently retired from the City of Springfield after nearly a decade of serving as the Planning and Design Coordinator (which is not the same as a city planner, as he would be the first to tell you). While he claims to be slowing down, there is no doubt that Paul will continue to be a strong advocate for historic preservation and Springfield will benefit from his presence.

Congratulations to this year's Legacy Award recipients. We look forward to being able to help shine a spotlight on businesses and individuals who are making a difference in our community every day. □



**Address:**  
P.O. Box 398, Springfield, IL 62705  
1240 S. 6th, Springfield, IL 62703

**Phone:**  
Telephone: 217-726-6600  
Fax: 217-753-2281

**Website:**  
www.springfieldbusinessjournal.com

**Email:**  
info@springfieldbusinessjournal.com

**Facebook:**  
www.facebook.com/sbjmonthly

**Twitter:**  
www.twitter.com/sbjmonthly

**Editor and Publisher**  
Fletcher Farrar  
fletcher@springfieldbusinessjournal.com

**Associate Publisher**  
Michelle Higginbotham  
michelle@springfieldbusinessjournal.com

**Associate Editor**  
Scott Faingold  
scott@springfieldbusinessjournal.com

**Contributors**  
Colin Patrick Brady      Teresa Paul  
Roberta Codemo      Sarah Delano Pavlik  
Terry Farmer      Tom Pavlik  
Gabe House      Maranda Potterf  
Ginny Lee      Eric Woods  
Diane Lyddon      Pat Yeagle  
Catherine O'Connor

**Production Designer**  
David Hine  
ads@springfieldbusinessjournal.com

**Editorial Designer**  
Diane Lyddon  
ads@springfieldbusinessjournal.com

**Business Manager**  
Brenda Matheis  
brenda@springfieldbusinessjournal.com

**Administrative Assistant**  
Irma Wallace  
irma@springfieldbusinessjournal.com

**Advertising**  
James Bengfort  
james@springfieldbusinessjournal.com  
Beth Parkes-Irwin  
beth@springfieldbusinessjournal.com  
Stacie Lewis  
stacie@springfieldbusinessjournal.com  
Teri Hill  
teri@springfieldbusinessjournal.com

SPRINGFIELD BUSINESS JOURNAL is published monthly by Central Illinois Communications, P.O. Box 5256, Springfield IL 62705. The contents of SPRINGFIELD BUSINESS JOURNAL are copyrighted, and material contained herein may not be copied or reproduced in any manner without the permission of the publisher. Manuscripts, photographs, illustrations and letters to the editor are welcome, but SPRINGFIELD BUSINESS JOURNAL can take no responsibility for them while in transit or in the office of the publication. Letters may be edited. Information published in SPRINGFIELD BUSINESS JOURNAL is gathered from reliable sources, but the accuracy of this information cannot be guaranteed. Opinions expressed in SPRINGFIELD BUSINESS JOURNAL are those of their authors, and no information or opinions expressed in SPRINGFIELD BUSINESS JOURNAL represent an endorsement or solicitation for purchase or sale by SPRINGFIELD BUSINESS JOURNAL or its staff.



# No take-backs in nonprofit world

By Sarah Delano Pavlik

Most of us have a nonprofit organization that is close to our hearts, whether it is a hospital, a university or our local church. According to the National Philanthropic Trust, 95.4 percent of American households give to charity. The average annual household contribution is \$2,974 for total giving in 2014 of \$358.38 billion. "In 2014, the majority of charitable dollars went to religion (32 percent), education (15 percent), human services and grant making foundations (12 percent) and health (8 percent)."

A common form of giving is to pledge future gifts, whether those gifts will occur during a person's lifetime or at death. But what if a donor makes a pledge and then changes his or her mind?

Charitable pledges are governed by the principals of contract law. One of the most basic requirements for a contract to be enforceable is that each party receives consideration, that is, something of value. Each party does not have to receive equal consideration and the consideration can be as small as a "peppercorn." This is known as the peppercorn theory and can be traced back to William Blackstone's *Commentaries on the Law of England* (1773).

There are many cases which address what consideration is. A New York case from 1891 is illustrative. In 1869 one William I. Story, I promised his nephew, William I. Story, II, that if the nephew refrained from drinking alcohol, using tobacco, swearing and playing cards or billiards until the age of twenty-one, he would give him \$5,000. The nephew complied but the uncle died before the money was paid. The executor of the uncle's estate refused to pay the nephew and the nephew sued. The court ruled in favor of the nephew holding that the "forbearance of legal rights" constituted consideration.

If you enter a contract that turns out to be a bad deal, the court will not void the contract. A court will not inquire into the adequacy of the consideration. However, there must be actual consideration. A mere promise to pay, whether to a person or a charity, is generally not enforceable.

Very few charitable pledges involve consideration to the donor. If the donor received consideration, the transaction would be a sale rather than a gift and would not be tax deductible. That is why the IRS requires a donor to have a receipt from a charity stating that "no goods or services were given to the donor in exchange for this contribution" or the statement must

identify the value of any benefits provided to the donor that must be subtracted from the donation.

So when can a charitable pledge be enforced? There is an exception to the consideration requirement for reliance, also called "estoppel." A 2012 Illinois Supreme Court case, *Rush University Medical Center v. Sessions*, illustrates these concepts while also giving guidance on offshore trusts.

In 1995 Robert Sessions made an irrevocable pledge of \$1.5 million dollars to Rush University Medical Hospital ("Rush") in Chicago. The pledge was to be used to construct a new house for the university's president on its campus. In 1996 Sessions sent a letter to Rush confirming this purpose, stating that his pledge was "made in order to induce Rush to construct a Rush University Presidential Residence" and promising that if he did not pay the pledge in full during his lifetime that it would be paid from his estate.

In reliance on Sessions' pledge, Rush constructed the president's house on its campus in Chicago at a cost in excess of \$1.5 million. The house is used as a residence for the president and for conferences and other university events. Rush named the house the "Robert W. Sessions House" and held a public dedication honoring Sessions for his generosity. Sessions was present at the dedication and cut the ceremonial ribbon.

Sessions did not make any payments during his lifetime toward the \$1.5 million pledge. In February 2005 Sessions was diagnosed with late-stage lung cancer and he blamed Rush for not finding the cancer earlier. In March 2005, Sessions signed a new will eliminating his gift to Rush. He died on April 25, 2005, and Rush filed suit against his estate for payment of the pledge. Rush also sued a Cook Islands trust created by Sessions since the vast majority of Sessions' assets were in the trust.

The doctrine of reliance is intended to avoid injustice and provides that when a person has acted to his detriment based on the promises of another, the promises will be enforced. Rush relied on Sessions' promises to its detriment by paying for the construction of the president's home. The detrimental reliance was so clear that Sessions' estate did not even contest its liability. Rather, it claimed that Rush could not reach Sessions' assets because they were held in a "spendthrift" Cook Islands trust which Sessions had created and of which he had been a beneficiary during his lifetime.



A "spendthrift trust" is a trust that cannot be reached by a beneficiary's creditors. However, a person cannot create a spendthrift trust for himself. This is called a "self-settled spendthrift trust" and would allow people to refuse to pay their bills and still keep all of their assets. The Supreme Court clearly stated why such trusts are void as to creditors under Illinois law.

It could be said that the policy behind the common law rule is not limited solely to deterring fraud as it prevents the distinct injustice of allowing a person to use a trust as a vehicle to park his assets in a way that preserves his own ability to benefit from those assets while keeping them outside the reach of his present and future creditors. If the law were otherwise, it would be possible for a person free from debt to place his property beyond the reach of creditors, and secure a comfortable support during life without regard to subsequent business ventures, contracts or losses.

Jurisdictions like the Cook Islands allow self-settled spendthrift trusts, which is the

big selling point of offshore trusts.

Regardless of the Cook Island law, the Illinois Supreme Court found that Sessions' trust was liable for the pledge based on the law of self-settled trusts and fraudulent transfers. However, a Cook Islands court will not recognize an Illinois judgment and will not enforce one if it conflicts with the laws of the Cook Islands. Therefore, Rush could have had a judgment with no way to enforce it. Fortunately, the trust owned some land in Illinois. Presumably Rush enforced its judgment against the land.

In conclusion, most charitable pledges are revocable and can be canceled at any time. However, you should be aware of reliance by the charity. A very common form of reliance is a capital campaign for building or remodeling. In reliance on the pledges it receives, an organization will contract to buy, build or remodel a facility. Therefore, these pledges are likely enforceable. □

*Sarah Delano Pavlik is an attorney with Delano Law Offices, LLC, in Springfield.*

**SGS**  
SOLID GRANITE SOLUTIONS  
COUNTERTOPS & MORE

**CHRIS CASLIN**  
P: 217-523-4649 C: 217-306-0758  
2813 North Dirksen Parkway Springfield, IL 62702  
ccaslin@solidgranitesolutions.com

**the DEPOT STORAGE**

PERSONAL & COMMERCIAL  
Serving Springfield since 1980!

Facility is Fenced, Lighted & Secured  
Custom Build out for Office & Warehouse  
Loading Docks  
Sprinkler and Palletized Services

**217-529-5600**  
1215 Bunn Ave • Springfield, IL  
www.depotstoragespringfield.com

**JIM WATTS ELECTRIC**

**Jim Watts**  
Cell: 217-652-9950  
Office: 217-528-4959  
Wattselectric1@yahoo.com

Licensed-Bonded-Insured



**SHAFFER**  
FINANCIAL GROUP

(217) 698-3101  
1630 S. State St. Suite 101  
Springfield, Illinois 62704  
dshafer@moneyconcepts.com  
www.moneyconcepts.com/dshafer

**Dustin P. Shafer, RFC®**  
Sr. Financial Advisor

INDEPENDENT CONTRACTOR OF MONEY CONCEPTS INTERNATIONAL, INC.  
All Securities through Money Concepts Capital Corp. Member FINRA/SIPC  
11440 Jog Road, Palm Beach Gardens, Florida 33418 Tel: (561) 427-2000

**Prairie Wholesale Supply Co.**

Quality Exterior Building  
Materials and  
Customer Service  
Since 1951!

**INSIST YOUR CONTRACTOR  
BUY FROM A LOCALLY  
OWNED BUSINESS.**

2605 South Grand Avenue East 217-528-9673

ROOFING • SIDING • DECKING • WINDOWS • DOORS

**Mr. Klean** 217-741-6592

**Full Service Commercial Cleaning**

- Janitorial services provided daily, weekly, biweekly or monthly
- Customize all janitorial services to meet your needs
- Floor Care - carpet cleaning; stripping & waxing
- Employees are well trained, responsible, mature & take pride in work
- Call today for your free estimate; see the difference for yourself

Locally owned and insured  
Amy & Mike Knowski

mrklean2013@yahoo.com 217-741-6592

**Delivers Supportive Services  
for Care Giving Adult Children  
and Their Seniors**

**senior  
sidekicks**

217-787-5866  
seniorsidekicks@gmail.com  
www.seniorsidekicks.com

**Sara L. Lieber, L.S.W.**

f in W

**BENJAMIN F. EDWARDS & CO.**  
INVESTMENTS for GENERATIONS

**David L. Brumme**  
Financial Consultant  
Vice President -  
Investments

3400 Hedley Road  
Springfield, IL 62711  
Telephone 217-726-5862  
Toll Free 877-303-9981

Member SIPC david.brumme@benjaminfedwards.com

**Private room for corporate meetings.  
Beautiful ambiance, full bar included,  
excellent menu choices.**

**Osaka**  
STEAK HOUSE • SUSHI BAR • THAI

**Please call  
Tony at  
726-8037  
for details**  
Lunch from \$7.95

1665 Wabash Avenue (Two Restaurants, One Location)  
www.osakaspringfield.com

**STOKES, REES & CO., CPAS, LLC**  
Certified Public Accountants and Consultants

**Diana L. Rees, BA**  
Partner  
Full Service Accounting, Bookkeeping,  
Virtual Office & Office Management

2141 W. White Oaks Dr., Suite B  
217/726-0004 drees@stokescpa.biz

**YOUR  
BUSINESS CARD  
HERE**

**\$59.<sup>95</sup>/Month**  
(12 month commitment required for listed rate)

**Book your AD today!  
Call 217-726-6600**

Springfield  
**business journal**

**Park Farms**  
Traditional Farming Values

150 Years of Tradition  
Bound by Values  
Committed to Quality

**Crop Sharing  
Custom  
Farming  
Cash Rent**

Derek 217-971-4493 Darrell 217-801-3353  
ParkFarm4@gmail.com

**DIAMOND**  
RESIDENTIAL MORTGAGE CORPORATION

**Chris Schaller**  
Certified Mortgage Planner

Tune in to the Illinois  
Mortgage Man Saturdays  
8am on 970 AM WMAY

2040 W. Iles  
Springfield, IL 62704  
Phone: (217) 726-6864  
Cell: (217) 341-6850  
Fax: (866) 560-9667  
Email: chris.schaller@thedrmc.com

NMLS # 233271 www.ilmortgageman.com

**DESIGNER LANDSCAPES**  
4110 MORRISONVILLE AVE • FARMERSVILLE  
217.227.3256 • DESIGNER-LANDSCAPES.COM

**Leslie J. Fyans Jr., M.A., Ph.D.**  
Clinical Psychologist

3001 Spring Mill Drive  
Springfield, IL 62704  
793-8900

**TREMCO**  
ROOFING & BUILDING MAINTENANCE

**Commercial Low Slope  
Roofing Products and services**

Dan Janssen

217-306-5610 • djanssen@tremcoinc.com  
www.tremcoroofing.com

Part of the RPM Building Solutions Group

Specializing in residential sales  
assisting both buyers and sellers  
with new and resale homes

**Nancy Long**  
Broker, QSC, ABR, CRS, GRI

www.nancylong.com  
nancy@nancylong.com  
217-306-2365 Mobile  
217-321-8161 Work

The Real Estate Group  
3701 W. Wabash  
Springfield, IL 62711

**Mario's**  
Springfield's own  
Italian Restaurant & Pizzeria

**Video  
Gaming!**

- Daily Food & Drink Specials
- Lunch Buffet - Mon-Fri 11a-2p
- Large Group To-Go Menu • Carry-out
- Meeting Rooms Available for 30-50

**TWO LOCATIONS:**  
South: 2841 Mansion Rd (Rt. 4) Piper Glen 483-6888  
North: 3073 E. Clear Lake 523-2211  
Open: M-F 11a-10p • Sat 4p-10p • Sun 4p-9p  
www.eatatmarios.com

**ALL IN ONE**

The Experts  
for Cleaning  
Anything on Wheels!

**ON-SITE WASH & DETAIL**  
Autos • RVs • Boats • Motorcycles  
Trailers • Fleets • Planes

**Call Today 217-415-8587**  
allinoneonsite@yahoo.com  
ALLINONEONSITE.COM

**Sangamon  
RECLAIMED**

2710 S. 13th St., Springfield  
Open Tues-Fri 9-5 • 217.891.3030

**BARN SALVAGE SERVICES • RECLAIMED MATERIALS SALES  
INSTALLATION • RECLAIMED WOOD FURNITURE**

SangamonReclaimed.com  
info@SangamonReclaimed.com

facebook





# FOR SALE

## 3.5 ACRES

### THE PERFECT LOCATION FOR:

BIKE CAFÉ  
COFFEEHOUSE  
SENIOR LIVING

WINERY  
COMMERCIAL OFFICE  
MEDICAL OFFICE



### 4131 Old Jacksonville Road

Beautiful, gently rolling site is only 1 mile west of Veterans Parkway and adjacent to the popular Sangamon Valley Trail. (expanding to 37 miles).

**ZONED B-2**, this relaxing setting — along a creek and wooded area — is close to upscale neighborhoods, shopping, dining and medical facilities. *Imagine the possibilities!*

**Call Ed Mahoney TODAY! 494-6468**





# SMILE-WORTHY BUSINESS BANKING



MARY ANN RACKAUSKAS, D.M.D., M.S.  
PEDIATRIC DENTISTRY

*"When working with children, **special care must be taken to administer the proper treatment.** We look for the same attention to detail with everyone we do business with, **so UCB was the obvious choice.** Our banker **Steve Otten** takes care of our business finances **so we can focus on our patients.** Whatever we need, **he's there for us, professionally or personally.** That means a lot to us, **UCB is OUR bank.**"*



*Left to Right: Steve Otten, UCB, Market President; Dr. Mary Ann Rackauskas, Pediatric Dentist; Heather Miller, Front Office Manager; Pam Hughes, Registered Dental Hygienist; Lacie Bell, Professional Dental Assistant; Lisa Gochanour, Professional Dental Assistant*



UNITED COMMUNITY BANK  
*The Leader of Community Banking*

**787-3000**  
**UCBbank.com**



Member  
FDIC

*Serving 23 Communities*

UCB: Auburn Bunker Hill Bushnell Carlinville Chatham Colchester Divernon Gillespie Greenfield Loami Macomb Palmyra, MO Pawnee Pittsfield  
Quincy Roodhouse Springfield Winchester | Mercantile Bank: Quincy | UCB Marine: Augusta Carthage Hamilton | UCB BCSB: Golden Mt. Sterling